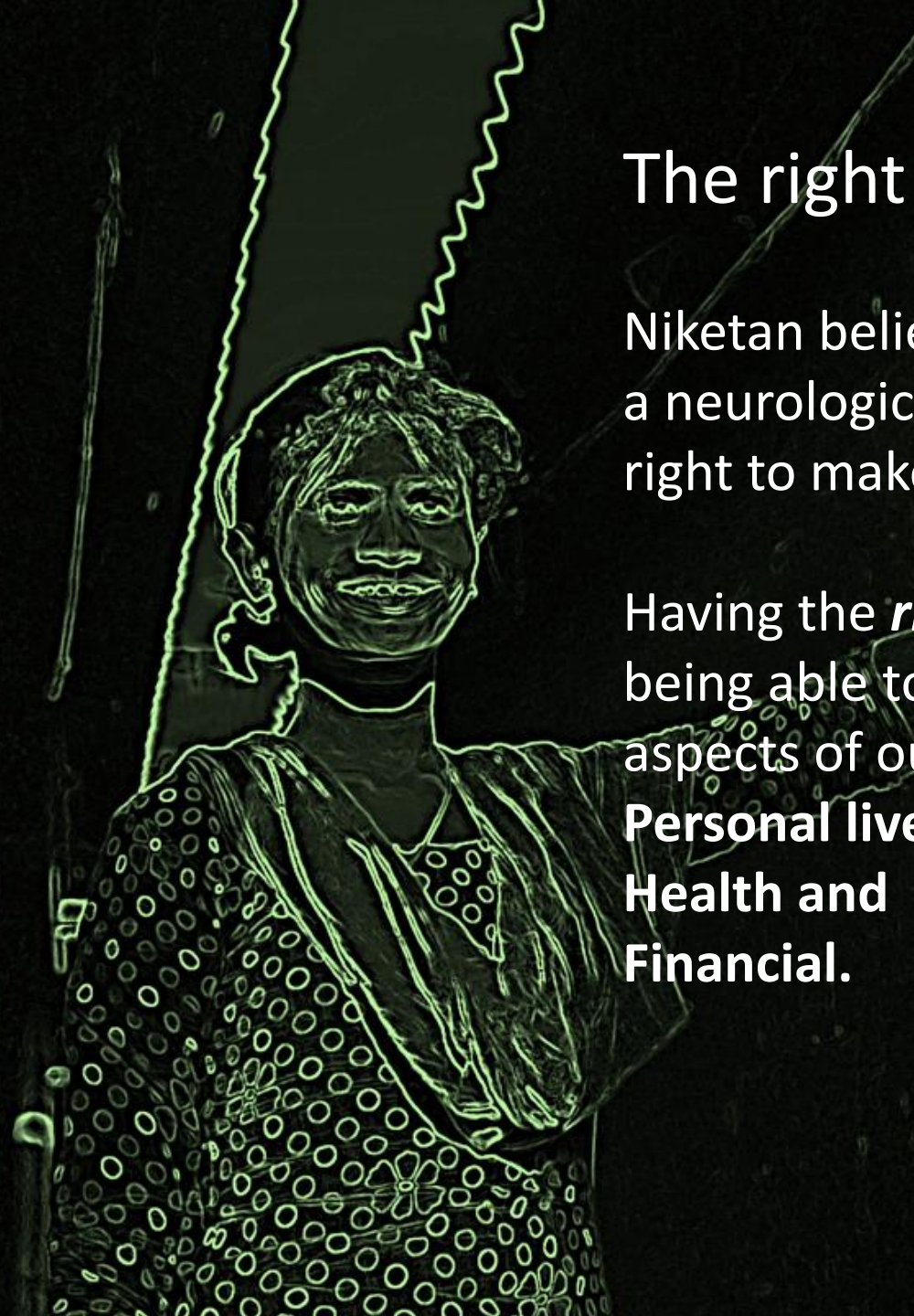




It's my body!

*Sexual & Reproductive
health education for
youngsters with a
disability in Bangladesh.*

By: Antoinette Termoshuizen



The right to decide

Niketan believes that people with a neurological disorder have the right to make their own decisions.

Having the ***right to decide*** means being able to make decisions in all aspects of our lives:

**Personal live ,
Health and
Financial.**





The challenge

- less access to information,
- less likely to understand something,
- less nuanced knowledge of sexuality and intimacy,
- They take what is said literally and therefore do not understand nuances or concealing language use (which is often used in talking about sexuality).
- more difficult for these youngsters to deal with their own sexual feelings.



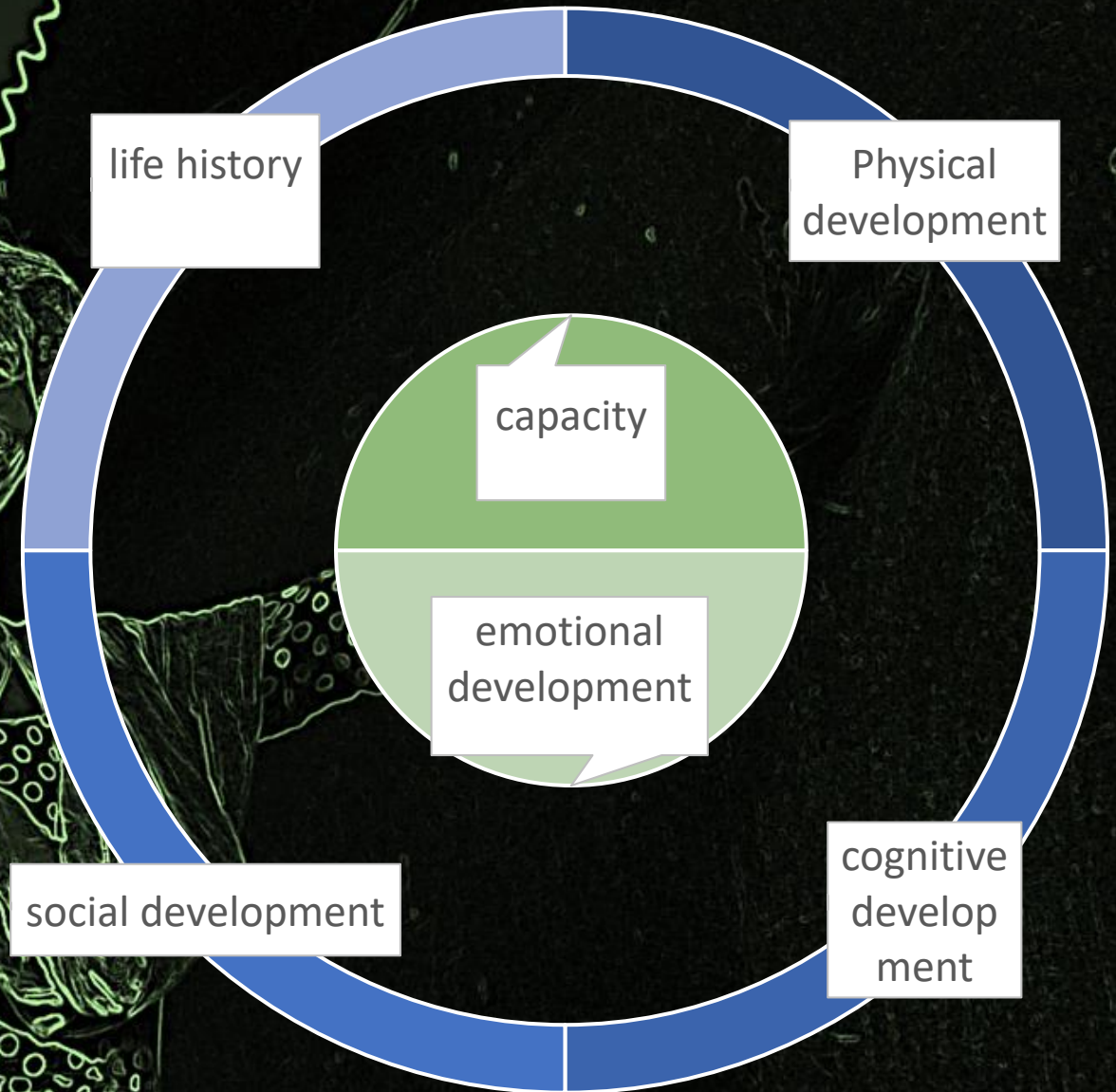
Methodology

- Workshop for parents
- Training for teachers
- Sexuality assessment
- Story books
- Methodology book for the trainers
- 'it's my body'
- Workbook for the students
- Visual and supportive tools (pictograms, flashcards and puppets)
- Post-test



Educating disabled youngsters

- respectful treatment,
- close professional relation with client,
- Put the client in the center,
- positive explicit information,
- Repeat and repeat,
- make small steps,
- Visualise and use total communication,
- critical self-reflection of trainer,
- checking of understanding.





A balancing act

- Keeping parents on track
- Not too explicit pictures
- Risk for confusion or misinterpretation.





Thank you