cwZeÜx wkï i weKv‡ki cwigvc

2q ms¯‹iY
(*evsjv‡`kx ms¯‹iY)

cix¶‡Ki wb‡`wkKv I cix¶vi wb‡`kK

evsjv‡`k
b‡f¤i - 2001

g¨vwi †K¨ WvBKm Ges †Rb Gb Gwib

ms¯‹viK t G, Gg, †nv‡qKóv Ges GBP, wc, Avi wRj ÷v|

‡jLK KZK me¯Z msiw¶Z| GB wb‡`wkKvi †Kvb AskB †Kvb fv‡e d‡UvKwc K‡i †iKW K‡i, cwieZb ev cwieab K‡i Gi Abwjwc cKvk Kiv hv‡e bv| Abwjwc cKv‡ki †¶‡Î Aek¨B ÒwWAviAviGÓ KZK wjwLZ Ab‡gv`b c‡qvRb|

ক্লাস-২ *

cwZeÜx wkïi weKv‡ki cwigvc

2q ms¯‹iY

(*evsjv‡`kx ms¯‹iY)

cix¶‡Ki wb‡`wkKv I cix¶vi wb‡`kK

evsjv‡`k
b‡f¤i - 2001

g¨vwi †K¨ WvBKm Ges †Rb Gb Gwib

ms¯vwiK t G, Gg, †nv‡qKóv Ges GBP, wc, Avi wRj ÷v|

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†jLK KZK me¯Z msiw¶Z| GB wb‡`wkKvi †Kvb AskB †Kvb fv‡e d‡UvKwc K‡i †iKW K‡i, cwieZb ev cwieab K‡i Gi Abwjwc cKvk Kiv hv‡e bv| Abwjwc cKv‡ki †¶‡Î Aek¨B ÒwWAviAviGÓ KZK wjwLZ Ab‡gv`b c‡qvRb|

mwPcÎ

DcµwgK / cviw¤K gše¨ t

cix¶‡Ki wb‡`wkKv W¨vm -*2

1. **fvgKv t-**
   - cix¶vi gj D‡Ïk¨ W¨vm - 2
   - W¨vm - 2 Gi evsjv‡`k (W¨vm - 2*) †Z
   - RbmsL¨vi j¶¨gvÎv (W¨vm -2*) i¡cvši
   - cix¶‡Ki †hvM¨Zv

2. **eYbv t-**
   - cix¶vi ce avibv
   - mvgwRK I gvbwmK gvÎv
   - fvlv Ávb
   - †mÝwi gUi gvÎv
   - ‰`bw›`b KvR Kg
   - cviw¤K wk¶vgvÎv

3. **ZwjKv cix¶v / wbwi¶b t-**
   - wewfb Kjv‡gi e¨vL¨v
   - cvß bv¤vi Gi e¨vL¨v
   - j¶ gvÎv I Dcvq

4. **e¨venwiK weva t-**
   - cix¶vi wbqg
   - bv¤vi cwß I gj¨vqb|

cix¶vi wbqgvejx W¨vm -*2

nj` côv - cix¶v ce avibv

†Mvjvcx côv mgn - mvgwRK I gvbwmK gvÎv

bxj côv mgn - fvlvÁvb

meR côv mgn - †mÝwi †gvUi gvÎv

QvB côv mgn - ‰`bw›`b KvR Kg

nj` côv mgn - cviw¤K wk¶v gvÎv

mshw³ / ms‡hvRb

a) wkïi cwiPq
   -Rxeb eËvš
   - R‡bwi c‡e BwZnvm
   - gvbwmK fv‡e AbMmi‡`i cwiwPwZ
   - chv‡jvPbv Ges j¶¨
   - †Mvj (Goal) ^Zix

a) †h †h DÏxcbv e¨envi Kiv n‡e Zv‡`i bgbv

b) W¨vm - 2* Gi mvnvh¨ wb‡q cix¶vi Rb¨ e¨eüZ ev‡·i wK wK Av‡Q Zvi Zvwjkv

DcµgwbKv / cviw¤K gše¨ t-

GB wb‡`wkKwU wj‡L‡Qb Avi. wRj ÷v Ges G, †nv‡qK÷v mv‡_ Av‡Qb dwi`v Bqvmwgb, wWmG¨ve ì wi‡n‡ewj‡Ukb GÛ wimvP G‡mwm‡qkb (wWAviAviG) Gi wbevnx cwiPvjK, wjwjqvb wkï wb‡KZb cwZôvZv G _v‡gvmB‡Rb Ges wWAviAviG I Gj, Gm, Gb mnKgx e›`|

wWAviAviG GKwU †emiKvix cwZôvb, hv wKbv evsjv‡`‡ki cwZeÜx wkï‡`i wb‡q KvR K‡i| Gj, Gm, Gb GKwU WvP (nj¨v‡Ûi) cwZôvb Zviv cwZeÜx‡`i wb‡q evsjv‡`‡k KvR Ki‡Q| GB `BwU cwZôvb GK‡Î KvR K‡i cwZeÜx‡`i cYevm‡bi gva¨‡g G‡`‡ki Av_ mvgvwRK DbœZ‡Z mnvqZv Ki‡Q|

GBP wc Avi wRj ÷v `Rb wkï g‡bweÁvbx hviv evsjv‡`ki wWAviAviG Ges Gj, Gm, Gb G KvR Ki‡Qb| g‡bvmZvwËK we‡kl‡bi Dbqb I cwieZb n‡”Q Zv‡`i KgmwP| G wel‡q wWAviAviG Ges Gi, Gm, Gb Gi NvUwZ _vK‡Z GB KgmPx cwZeÜx wkï‡`i fwel¨‡Z cwiKíbvq djcm n‡e| GB iPbvwU evsjvq i{cvš‡i mvnvh¨ K‡i‡Qb wdwRI‡_ivwcó †`‡ek `vm I Wvt bvwdqv dviRvbv †PŠaix wWAviAviG Ges wnW †js¸‡qR †m›Uv‡ii Kgxiv|

Avgv‡`i KvRwU m¤úb Kivi Rb¨ hviv Avgv‡`i‡K mvnvh¨ K‡i‡Qb, Zv‡`i mevB‡K Avgiv AvšwiK ab¨ev` Rvbv”Q| ab¨ev` iBj †`‡ek Ges bvwdqv‡K GB iPbv evsjvq i{cvš‡ii Rb¨, evsjv UvBc Kivi Rb¨ b‡i Avjg, gvQg I Avãi bi Ges eKj‡K Zvi AvšwKiZvi mv‡_ Avgv‡`i wRwbl¸‡jv is Kivi Rb¨ Ges m‡evcwi dwi`v‡K Zvi mg¯ mn‡hvMxZv I cej Drmv‡ni Rb¨| GLb dwi`v Aek¨B Zwg †Zvgvi wb‡Ri Kw¤úDUviwU Avevi wd‡i cv‡e e¨envi Kivi Rb¨|

me‡k‡l mevB‡K Rvbv‡Z PvB AmsL¨ ab¨ev`| †Zvgv‡`i Rb¨B Avgv‡`i XvKvq _vKv I KvR Kiv h_v_ Avb›`gq n‡q‡Q|

wiZv Ges Gwj‡qU

cix¶‡Ki wb‡`wkKv

W¨vm - *

1. fwgKv

- gj cix¶vi D‡Ïk¨ W¨vm - 2
- W¨vm - 2 Gi evsjv ms¯‹iY (W¨vm - 2*)
- RbmsL¨vi j¶¨ gvÎv W¨vm - 2*
- cix¶vi †hvM¨Zv

• gj cix¶vi D‡Ïk¨ W¨vm - 2

W¨vm - 2 n‡”Q W¨vm Gi cieZx ms‡kvab, W¨vm (WvBKm 1980) Gi D‡Ïk¨ wQj GKwU wkïi 8 eQi eqm chš wewfb ‡¶‡Î †hgb mvgwRK, gvbwmK, fvlvMZ , †mÂwi-‡gvUi, ‰`bw›`b KvR I cviw¤K wk¶vgvÎvq †e‡o DVvi cwµqv‡K ev weKvk‡K wfb gvÎvq chv‡jvPbv Kiv| KviY wewfb gvÎvi AvB‡Ug¸‡jv Av‡MB ejv n‡q‡Q, wbw`ó kw³ gvÎv Ges `ejZv¸‡jv GB eqm ew×i gvÎv †_‡K †ei K‡i chv‡jvPbv Ki‡Z n‡e Ges Zv‡Z wKQ cwieZb †`Lv w`‡e| W¨vm - 2 n‡”Q Avmj W¨v‡mi i‡cvši gvÎ| wKš wKQ †¯‹v‡ii †¶‡Î cwieZb Avbv n‡q‡Q hv LeB ¯‹vfwweK| m‡½ Kv‡Ri `¶Zv ew×i Rb¨ ewo‡Z Ges evoxi evB‡i Ask MnY LeB ¸i“ZcY| ZvQvov W¨vm - 2 †Z wKQ bZb gvÎv I wKQ Dcgv Îv †hvM K‡i wbw`ó cwZeÜKZv ¸‡jv‡K wPwýZ Ki‡j Zv `¶Zv ew×‡Z mnvqZv Ki‡e| D`vniY ¯i‡c nv‡Zi `¶Zv n‡”Q †mÝix gUi †¯‹‡ji ev gvÎvi GKwU Ask| hvi d‡j Rbmvavi Y Zv †_‡K nv‡Zi `¶Zv Rvb‡Z cvi‡e| W¨vm - 2 ^Zwi n‡q‡Q hv‡`i eqm 7 eQ‡ii bx‡P Zv‡`i Rb¨|

mg¯ cwieZ‡bi ciI GKwU ce avi Yv i‡qB †M‡Q hv n‡jv c‡Z¨‡Ki †h‡Kvb AvB‡Ug mgvavb Ki‡Z `¶Zv Zvi †mB AvB‡U‡gi eqm mxgv A_ev gvÎvI Dcgv Îvi †gvU bv¤v‡ii †P‡q †ekx|

• W¨vm - 2 Gi evsjv ms¯‹iY (W¨vm - 2*)

W¨vm - 2 A_ev cwiewZZ W¨vm - 2* Gi wZbwU bxwZ t-

- **c_gZ t- cwZeÜx wkïi eqm ew×i gvÎv (ew×‡Z bq eq‡mi †¶‡Î Zvi weKvk)**
- **wØZxqZ t- GKwU cwZeÜx wkïi eqm ew×i wewfb †¶‡Î mg¯ Kgx‡`i GKwU avi Yv †`qv hvi Dci wfwË K‡i Zvi fvel¨Z cwiKíbv ev G¨vKkbcvb ^Zwi Kiv hvq| Avi GB GK¨vkb cvbUv ^ZwiB n‡e wkïi gj Pwn`vUv‡K cva¨b¨ w`‡q| Zvi ci G¨Kkb c¨vb a‡iB KvR ïi“ n‡e|**
- **ZZxqZt Kgx‡`i g‡a¨I GB cwi¶v m¤ú‡K GKwU Abfe †hvM¨ avi Yv ^Zwi Ki‡Z n‡e GKwU wkï‡K wK fv‡e DÏxcbv ivL‡Z n‡e| n‡Z cv‡i †mUv †Kvb bZb `¶Zv wk¶v w`‡q A_ev Zvi `¶ZvUvB a‡i †i‡L|**

W¨vm - 2 Gi ms¯‹iY KivB n‡"Q evsjv‡`‡ki †c¶vc‡U G‡`‡ki wkïi †gav, gbb, mvgwRK weKv‡ki Dci ¸i"Z w`‡q| W¨vm - 2* GLbI GKwU e¨vcK welq| Avkv Kiv hvq GB cwi¶v¸wj wkïi mv‡_ PPv K‡i Gi Av‡iv ms¯‹iY m¤e d‡j GwU Av‡iv e¨envi Dc‡hvMx n‡q DV‡e evsjv‡`‡k| W¨vm - 2 †_‡K wKQ wRwbm ev` w`‡q W¨vm - 2* n‡q‡Q hv wKbv Av‡iv RnR| Gi d‡j GwU gvV Kgx‡`i Kv‡Q Av‡iv e¨envi Dc‡hvMx Ges wkï‡`i Kv‡Q Av‡iv Mnbxq n‡q D‡V‡Q hviv XvKv gwbKMÄ (†Ucov, ewbqvRwi, wNIi) I mvZv¶iv (K`gZjv, bjZv, mLxci) cR‡±i AvIZvwab|

KviY gvbwlK cwZeÜx I †mwievj cvjvm wkï‡`i wb‡q †hme Kgx KvR K‡ib Zv‡`i †mB wkï‡`i we‡kl wk¶v`v‡bi †¶‡Î wKQUv NvUwZ Av‡Q| †mRb¨ GB wb‡`wkKv‡Z cix¶v AvB‡Ug ¸wj‡K mnR fv‡e Z‡j aiv n‡q‡Q| GQvov GB cix¶v ¸wj cieZx‡Z mevB‡K Drmvn †hvMv‡e Ges wkï‡`i wb‡q KvR Ki‡Z D×× Ki‡e| d‡j wkïi weKv‡k h‡_ó mvnvh¨ Ki‡e| W¨vm - 2 w`‡q GKwU wkïi †gav hvPvB Kiv hvq| wKš W¨vm - 2* GB †gav hvPvB‡qi AskUv ev` †`qv n‡q‡Q| GB cwieZ‡bi d‡j (wKQ bZb cix¶v h³ GeO wKQUv ewZj Kiv Rb¨) Gi †gav hvPvB‡qi †¶‡Î wKQUv ck †_‡K hv‡"Q|

‡h‡nZ W¨vm - 2*, W¨vm - 2 Gi GKwU cwiewZZ i‡c ZvB GwU wkïi weKvk m¤ú‡K DcgvÎv †hvM Ki‡Z cvi‡e| GKwU wkïi mwVK eqm Ges eqm ev×i gvÎv m¤ú‡K †Kvb Kgx hLb GKwU aviYv Rb¥v‡e ZLb †m cieZx‡Z wK cix¶vi gva¨‡g wkïwU‡K cieZx av‡ci Rb¨ DwÏcbv Ki‡e| GB cix¶v ¸wj wkïi ¯vfweK weKv‡k mvnvh¨ K‡i| GKwU mvaviY wkï I GKwU †mwievj cvjvm ev gvbwmK cwZeÜx wkïi weKvk GKB iKg nqbv| G‡`i †¶‡Î A‡bK mgq GB weKvk LwbKUv k_ ev †`ix‡Z nq ejv hvq| G welqUvi Dci `wó †i‡LB cix¶vi gvÎv ¸wj wbaviY Kiv n‡q‡Q, Gi d‡j GKwU wkïi weKvk m¤ú‡K Avgiv mn‡RB aviYv †c‡Z cwi †m ¯vfweK A_ev wKQ kv_ A_ev cwZeÜx|

- RbmsL¨vi j¶gvÎv W¨vm - 2*

G‡¶‡Î Avgv‡`i j¶¨ gvÎv n‡"Q wXAviAviG I Gj, Gm, Gb Avmv cwZeÜx wkïiv, hw` GB cix¶wU Gi h_v †hvM¨Zv Avgv‡`i cwZôv‡b cgvb Ki‡Z cv‡i Aek¨B Ab¨vb¨ cwZôvb hviv cwZeÜx‡`i wb‡q KvR Ki‡Qb Zv‡`i I mvnvh¨ Avm‡e| GB cix¶wU †h‡nZ 7 eQ‡ii bx‡P †hme wkï Zv‡`i wb‡qB ^Zvi| 7 eQ‡ii Dc‡i wkïiv AvcvZ `wó‡Z g‡b n‡e W¨vm - 2* Gi nq‡Zv AvIZvaxb bv| wKš Avgv‡`i AvfÁZv †_‡K ej‡Z cwi fvlvÁvb I cviv¤K wk¶vgvÎvq mvaviY wkï‡`i †P‡q †ek wcwQ‡q Av‡Q ev k_| ZvB GB cix¶v¸wj hviv eqm Abmv‡i weKv‡k 7 eQi bx‡P Zv‡`i †¶‡Î c‡qvM Kiv hvq| wKš Zvi ci I 7-18 eqm chš wkïi weKvk gvÎv Ges Gi mv‡_ msh³ cix¶vI ^Zvi Kiv Ri"ix|

- cix¶‡Ki †hvM¨Zv t

†h me Kgx GB cwZeÜx wkï‡`i wb‡q KvR Ki‡e ZvivB GB cix¶v ¸wj c‡qvM Ki‡Z cvi‡e| wKš †hme Kgx cwZeÜx wkï‡`i wb‡q KvR K‡iwb ZvivI hv‡Z eS‡Z cv‡i Ges GwU c‡qvM Ki‡Z cv‡i ZvB G‡K mnR fv‡e Dc¯vcb Kiv n‡q‡Q| Z‡e me Kgx‡`i g‡a¨ GB cix¶wU m›`i fv‡e c‡qvM Kivi Rb¨ h‡_ó Drmv‡ni c‡qvRb

GKwU wkïi weKv‡ki Rb¨| GKRb Kgxi cvkvcwk GKRb e¨e¯vcbv KZc¶ †_‡K GKRb _vKv `iKvi mg¯ e¨cviwU †`Lv †kvbv Ges mv‡_ GKwU wkïi DbœZ ch‡e¶Y Kivi Rb¨|

2. eYbv

- cix¶v ce avivYv
- W¨vm - 2* Gi wewfb weKvk gvÎv
  a) mvgvwRK I gvbwmK gvÎv
  b) fvlv Ávb
  c) †mÝiw †gvUi gvÎv
  d) ^`bw›`b KvR
  e) cviw¤K wk¶v gvÎv

wkïwU‡K cwi¶v Kivi c×wZ‡Z 2wU fv‡M fvM Kiv n‡q‡Q| c_g Ask cix¶v ce avivYv Ges W¨vm - 2* (W¨vm - 2* 5wU gvÎvq wef³ GKwU wkï‡K hvPvB Kivi Rb¨)|

- cix¶vi ce avivYv t

†h‡Kvb cix¶v ïi“i Av‡M wkïwU wVKgZ ïb‡Z ev †`L‡Z cvq wKbv Rvbv `iKvi| GKwU wkïi †`Lv ev ïbvi Zvi AvPi‡Yi Dci h‡_ó Qvc †d‡j| Ges GB AvPiY GB cix¶v cwZwU AvB‡U‡gi I GKwU †bwZevPK Qvc †d‡j †m Rb¨ ïi“‡ZB Avgv‡`i GB wel‡q ¸wji Dci `wó w`‡q cix¶vq G¸‡Z n‡e|

†h me AvB‡Ug †`Lvi Dci wbfikxj †m¸‡jv‡K wÎfR (π) w`‡q| †h me AvB‡Ug †kvbvi Dci wbfkxj †m ¸‡jv‡K PZifR w`‡q (■) w`‡q| †h wkïwU AwUw÷K Zvi AvPiY I AwUw÷K n‡e Ges †m †¶‡Î †h AvB‡Ug ¸‡jv AwURg †evSv‡Z mvnvh¨ K‡i †m¸‡jv‡K †Mvjv‡Kvi wPý w`‡q wPwýZ Kiv n‡qwQj| (●)

cix¶v ce avivYv - GLv‡b †kvbvi I †`Lvi Dci wewfb ck Kiv n‡q‡Q GKwU ev Zvi AwaK c‡ki DËi hw` n¨v nq Z‡e Aek¨B wkïwU Kv‡b †kvbvq A_ev †`Lvi †¶‡Î Amweav Av‡Q| GB ck ¸wji ci ciB mgvavb †`Iqv Av‡Q GB mgm¨v ¸wji|

- W¨vm - 2 * Gi wewfb weKvk gvÎv t

GLv‡b wkïi weKv‡ki 5wU wewfb †¶Î‡K Avjv`vfv‡e Avjvc Kiv n‡q‡Q| hw` I wkïwUi weKv‡ki GB 5wU †¶‡Î ci¯úi m¤úK h³ wKš †evSvi mweavi Rb¨ G¸wj Avjv`v fv‡e eYbv Kiv n‡jvt

a) mvgvwRK I gvbwmK gvÎv t

GB †¶ÎwU wkïi wb‡Ri m¤ú‡K Ges Zvi Av‡k cv‡ki mevi m¤úK‡K aviYv I m‡PbZvi mwó K‡i|

wc-¯‹j (cvK cv_wgK) wk¶vi mgq GKwU wkïi mvgvwRK gvÎv / `¶Zv / Ávb cieZx‡Z Zvi KvR, †Ljv ajv, evev-g, fvB-‡evb, eÜ Ges Ab¨vb¨‡`i cwZ Zvi e¨envi‡K wPwýZ K‡ ev Z‡j a‡i| GwU Zvi cwiwPZ cwi‡ekB †nvK A_ev wfb cwi‡ekB †nvK| A‡bK †¶‡Î GB gj mvgvwRK ÁvbB n‡”Q GKwU wkïi weKv‡k gj wfwË| wkïi Kvbv, Zvi K_v, A½fw½ ev AvPvibB Zvi kwiwiK ev gvbwmK Pwn`vi cwZ Av‡k cv‡ki mevB‡K AvKó K‡i| GKwU wkï Zvi cwiev‡i wewfb Kv‡Ri wewa wb‡la †_‡K wkL‡Z cv‡i| Zvi gv‡b GwU Aek¨B Le Ri“ix †h GKwU wkïi Kv‡Ri djvdj Zvi cwiev‡ii wmÜv‡ši Dci wbfikxj| ZvB wkïwU hLb hv Ki‡Z PvB‡e ZvB Ki‡Z ‡`Iqv wVK bv| Gi d‡j wkïwU Zvi mgvR I wk¶vi mv‡_ wbR‡K Lvc LvBqv wb‡Z cv‡i bv|

b) fvlv Ávb t

GB welqwU wkïi fvlv †evSv Ges Gi h_vh_ e¨envi‡K wb‡q ‰Zix|

GKwU wkï Zvi Rb¥ †_‡K 6 gv‡mi g‡a¨ fvlv Ávb jvf K‡i| wkïi wPšv avivi weKv‡ki Rb¨ fvlv Ávb LeB Ri“ix GKwU e¨vcvi| †Kvb wkï hw` †Kvb wbw`ó kã ev bvg bv Rv‡b †hgb t Avg| Zvi c‡¶ GwU wPšv Kiv KwVb e¨cvi n‡q `vovq| †m Avg wK dj bwK †Kvb mewR? fvlv n‡”Q wPšv Ges fve cKvk Df‡qi GKwU gva¨g| fvlv Ávb ew× gËv I mvgvwRK `¶Zvi mv‡_ m¤úK h³|

fvlv Áv‡bi `¶Zv AwRZ nq †kvbv, eS‡Z cviv Ges fve cKv‡ki gva¨‡g| wewfb A½fw½, gLfw½, Av½j ev †PvL w`‡q wb‡`k †`qv, wewfb kã Kiv fve cKv‡ki gva¨g Z‡e K_v n‡”Q fve cKv‡ki gj gva¨g| gv‡qi K_vi cwZ †gvb‡hvM w`‡qB c_g wkïi fvlvÁvb ïi“ nq| gv‡qi Dcw¯wZ Zvi K_v‡Z †n‡m, Kvbv K‡i, gv_v Nwi‡q wkïi Zvi gv‡qi `wó AvKlY Kivi †Póv K‡i| G‡Kev‡i †QvU‡ejv †_‡K c_g †m gv‡qi K_vq nv‡m Ges Av‡¯ Av‡¯ Zvi wb‡Ri gZ K‡i e‡S †bq| wkïi weKv‡ki GB `“ZZv Zvi cwiewiK cwi‡e‡ki Dci wbfi K‡i| ax‡i ax‡i wkïi A_nvb kã¸wj Zvi Av‡k cv‡ki †jv‡Ki K_v ïb‡Z ïb‡Z A_cY k‡ã i¡c‡bq| cieZx‡Z 1wU kã 2wU kã K‡i c‡i GKwU m¤úY ev‡K¨ i¡cvšwiZ nq| wkï KZUv fvlvÁvb jvf K‡i‡Q GwU wbfi K‡i Zv‡K KZUK †kLv‡bv n‡q‡Q, Drmvn †`qv n‡q‡Q Zvi Dci|

c) †mÝwi †gvUi †¯‹j t

weKv‡ki GB †¶ÎwU wkïi cwicwkK DwÏcbv Mn‡Yi ¶gZv GKB mv‡_ Zvi †mB DwÏcbvq mvov †`qv I B”Qvi Dci wbfi K‡i|

‡gvUi †W‡fjc‡g›U wkïi †`‡ni mKj †QvU eo me gvsk †ckxi mw¤§wjZ Kv‡Ri Dci wbfi K‡i| †`‡ni ew×i mv‡_ mv‡_ GB Kvh¶gZvI ew× cvq| †h me gvsm †ckx eo †m me w`‡q †h KvR nq Zv‡K Gross motor skill e‡j †hgb - †`Šov‡bv GKwU Gross motor skill wVK ‡Zgwb †QvU gvsm †cwk w`‡q †h KvR ¸‡jv nq †hgb, †jLv

ev Gross motor skill wVK †Zgwb †QvU gvsm †cwk w`‡q †h KvR ¸‡jv nq †hgb, †jLv ev wKQ aiv †K ejv nq Gross motor skill †h‡nZ motor skill fve cKvk, ew× gvËv, fvlv Ávb weKv‡ki mvnvh¨ K‡i ZvB Gi ¸i“Z Acwimxg, GKwU wkïi cwi‡e‡ki mv‡_ Zvi Ae¯vb Ávb w¯i _vKv, Ae¯vb cwieZb Kiv n‡”Q cv_wgK Fine motor skill GB avivbv ¸‡jv jvf Kivi ci wkg Ab¨vb¨ wRwb‡li cwZ `wlU AvKlb K‡i Ges Zv e¨envi Ki‡Z cv‡i wKš ej‡Z †M‡j me Fine motor skill B-gvsm ‡ckx ev Ges muscle movement Ges wkïi `wó ev eye coordination Gi Dci wbfikxj|

d) ^`bw›`b KvR Kg t

weKv‡ki GB †¶ÎwU ^`bw›`b Ge Zvi wbR¯ KvR †hgb t LvIqv †Uvqv‡jU G hvIqv wb‡q `wó| wkï AvZ wbfikxj, `¶Zv, mvgwRK KvhKjv‡c Ask MnY I mgv‡R Zvi MnY †hvM¨Zv ewo‡q †Zvjv I GB †¶‡Î (GwWGj) Gi AvIZvf³| wkï wb‡R‡K wb‡Ri †Lqvj ivLvi `¶Zv ev ¶gZv Zvi cwiev‡ii A‡bK KvR Kg‡K mnR K‡i †`q| wkïwU hw` me ai‡bi `¶ZvB †gvUvgwU ARb Ki‡Z cv‡i Z‡e †m wb‡R‡K Kg ci wbfikxj g‡b K‡i Ges AvZ wbfikxjZv I AvZ m¤§vb †eva RvwM‡q †Zv‡j|

e) cviw¤K wk¶v gvÎ t

GB gvÎv‡Z wkïi †kLvi `¶Zv, cwi‡ek m¤ú‡K Zvi aviYv, cov ïb‡Z cviv G¸wj cix¶v wbaviY Kiv nq| GB gvÎwU wkïi 24 gvm †_‡K 7 eQi chš e¨envi Kiv nq, wkï hLb Le †QvU _v‡K ZLb Zvi Kv‡Ri wfwË nq Zvi wPšv, Ab¨‡K bKj Kivi cebZv, Zvi wb‡Ri Kv‡Ri cbivewËi cieZx‡Z †m ‡f‡e DËi w`‡Z †k‡L †hgb mKv‡j Zwg wK Ki ? wR‡Ám Ki‡j wkïwU ej‡e Ng ‡_‡K DwV ev ¯‹j hvB|

†kLvi GB `¶Zv wkïwUi ew×gËvi Dci wbfikxj, GB ew× gËv Zvi cov (A¶i Ávb, kã, evK¨) ïb‡Z cviv (msL¨v †hvM, we‡qvM, ¸b, fvM) Gi Dci wbfikxj|

3. wb‡`wkKv e¨envi‡i e¨vL¨v t

- cix¶v / wbwi¶v Awa‡ek
- wewfb Kjv‡gi e¨vL¨v
- cvß bv¤v‡ii e¨vL¨v
- †Mvj ^Zix Kiv

- **wbwi¶Y / cix¶v Awa‡ekb t**

W¨vm - 2* cY Kivi Rb¨ 2wU Awa‡ekb `iKvi| cwZwU Awa‡ek‡b GKwU wfb gvÎv cwigvc Kiv hv‡e| mnKgx‡`i AwfÁZv †ekx n‡j 1g Awa‡ek‡bi mgq Kwg‡q 30-60 wgwbU Kiv hv‡e| cvPwU Dcgv Îv cix¶v / wbwi¶Y †kl n‡j GKwU wkïi ïi“ †_‡K 7 eQi chš weKv‡ki avivi ch‡e‡¶Y Kiv m¤e, Z‡e weKv‡ki †¶‡Î wKQUv ^elg¨ ev gZ‡f` _vK‡Z cv‡i|

- wewfb Kjv‡gi e¨vL¨v t

cix¶v ¸‡jv †h‡nZ wewfb Kjv‡g mw¾Z †mB Abmv‡i Gi e¨vL¨v Kiv n‡q‡Q t

1. AvB‡Ug ¸wji mv‡_ bv¤v‡ii mv‡_ m¤úK hw³|
2. AvB‡Ug ¸wj wPwýZ Kiv n‡q‡Q wfb fv‡e †hgb t †kvbv, (■) †`Lv (π), AwUwóK (●) Gfv‡e|
3. fvlvÁvb cwigv‡ci †¶‡Î Avevi wfb wPý e¨envi Kiv n‡q‡Q| †hgb t (🗣) fve cKv‡ki †¶‡Î (👂) †kvbvi †¶‡Î |
4. e¨envi msµvš eYbwU gb‡hvM w`‡q co‡Z n‡e| †h e¨vcviwU wb‡Ri aviY A_ev evev-gvi Kv‡Q ck K‡i A_ev †Kvb we‡kl‡Ái Kv‡Q ck K‡i Abgvb Kiv hvq †mB AvB‡UgwU QvB is Kiv n‡q‡Q| †h AvB‡UgwU wk¶Yxq †mBwU eo eo K‡i †jLv n‡q‡Q|
5. †h eq‡mi Dci wkïi weKvk I e¨envi wbfi K‡i|
6. e¨env‡ii KwZË|
   n¨v t wkïwU GB e¨enviwU wb‡R wb‡R Ki‡Z cv‡i|
   bv / mvnvh¨ wb‡q t GB e¨enviwU wb‡R wb‡R Ki‡Z cv‡ibv A_ev mvnvh¨ c‡qvRb nq|

- cvß bv¤v‡ii e¨vL¨v t

GBwU 2 fv‡M wef³ t
1. cvKcix¶v / wbwi¶Y bv¤vi côv
2. cvPwU wewfb i‡½i côv hv w`‡q wkïi 5wU wfb weKvk †¶Î cwigvc Kiv nq|
cwZwU côvq wkïi bvg R‡b¥i ZwiL, eqm cix¶vi ZwiL Ges †h Kgx cix¶v Ki‡jb Zvi ¯v¶i _vK‡e|

wPý (√) t wkïwU e¨envi wU wb‡R wb‡R Ki‡Z cv‡i |

wPý (**X**) t GB e¨envi wU wb‡R wb‡R Ki‡Z cv‡ibv ev mvnvh¨ c‡qvRb nq|

- **†Mvj (Goal) ˆZix**

wkïi †h cvPwU wfb weKvk gvÎv wb‡q cix¶v Kiv n‡e †mB 5wU †¶‡Îi KvMR 5wU wfb i‡½I ˆZix K‡i GKwU †Mvj (Goal) ev D‡Ïk¨ dig ˆZix Kiv n‡q‡Q| c‡Z¨KwU D‡Ïk¨ dig (Form) Gi 3wU Ask| cwZwU As‡k D‡Ïk¨, cix¶vi w`‡bi ZwiL, DÏxcbvi c×wZ, gj¨vqb wjL‡Z n‡e| cwZwU Ask ci ci ciY Ki‡Z n‡e| GKwU As‡ki gj¨vq‡bi ci Ab¨ AskwU ciY Ki‡Z n‡e|

4. e¨envi wewa t

- cix¶vi wbqg
- b¤i cwßi I gj¨vqb

- cix¶vi wbqg t

GKwU wkï‡K cix¶v Kivi mgq bx‡Pi wbqg¸wj g‡b ivL‡Z n‡e|

1. †hi“‡g / K‡¶ wkïwU‡K cix¶v Kiv n‡e †mwU wbie n‡Z n‡e KviY GKwU wkï †h †Kvb k‡ã wei³ †eva Ki‡Z cv‡i Ges mwVK e¨envi bvI Ki‡Z cv‡i|
2. GKwU wkï‡K Ab¨ mg¯ wkï‡`i †_‡K Avjv`v K‡i cix¶v Ki‡Z n‡e| KviY GKB mv‡_ A‡bK wkï _vK‡j cix¶viZ wkïwUi A_ev cix¶K `R‡biB gb‡hv‡Mi e¨NvZ NU‡Z cv‡i|
3. wkïwU Aek¨B Zvi Avivg `vqK GKwU Ae¯v‡b e‡m ev ï‡q _vK‡Z n‡e| KviY wkïwU †hB Ae¯v‡b Af¨¯ bq †mB Ae¯vq _vK‡j cix¶vi gvb wVK _vK‡e bv|
4. ‡h †Kvb KvR Kivi Rb¨ wkïwU‡K mgq w`‡Z n‡e|
5. `B wZbwU cixi¶vi gv‡S GKU mgq w`b| KviY K‡qKUv cix¶vi ci wkïwU Kvš n‡q c‡i ZvB wKQUv wekvg `iKvi Zv bv n‡j cix¶vi gvb wU‡K _vK‡e bv|
6. †h †Kvb KvR ïi“ Ki‡j †kl Kivi mgq w`‡Z n‡e| KviY Zv bv n‡i wkïwU 2wU AvB‡U‡gi KvR GK mv‡_ MÛ †Mvj K‡i †dj‡e|
7. cix¶v ¸‡jv 2Rb wg‡j Kiv fvj KviY GKRb wkï‡K wb‡q †Lj‡e I cix¶v Ki‡e Ges Av‡iKRb ch‡e¶Y Ki‡e|
8. wkïwU hw` mn‡hvMxZv bv K‡i Zr¶bvr cix¶vwU eÜ Kiv DwPr bv, KviY GKwU wkï‡K wKQ †kLv‡Z PvB‡j Zv‡K eS‡Z †`qvi mgq w`‡Z n‡e, Awg Zv‡K wK †kLv‡Z PvBwQ ZvB ˆah¨ wb‡q Zv‡K mgq w`‡Z n‡e hv‡Z †Kvb cix¶v †_‡KB wkïwU ev` bv c‡o hvq| wkïwU hw` Kvbv KwU ïi“ K‡i ev wPrKvi ïi“ K‡i ev cix¶‡Ki mvg‡b †_‡K m‡i hvIqvi ev gv_v mwi‡q †bqvi ‡Póv K‡i ZLb Aek¨B †h AvB‡UgwU Zv‡K cix¶v Kiv nv”Qj †mUv †_‡K mn‡RB ev` c‡i †h‡Z cv‡i| ZvB G †¶‡Î †Lqvj ivL‡Z n‡e|

- †¯‹wis Ges gj¨vqb

†h me av‡c wkï‡K chv‡jvPbv Kiv n‡e, Zv‡`i chvq¸‡jv wbgi¡c t

avc 1 megvÎvi AvB‡Ug ¸‡jv‡K ¯úk Ki‡Z n‡e Ges wkïiv wK iKg KwZZ ARb K‡i‡Q Zv wjL‡Z n‡e|

- e¨envi m¤ú‡K wkï‡K Drmvn c`vb Ki‡Z n‡e| hw` wkïwU bv cv‡i, Z‡e Avevi wewfb iK‡gi †Póv Ki‡Z (mvnvh¨ wb‡q) n‡e|
- †¯‹wis dig ciY Ki‡Z n‡et
  - n¨v t hw` wkïwU wb‡RB Zvi e¨env‡ii Kvhgvîv ciY Ki‡Z cv‡i|
  - wb‡R wb‡R bv / mvnh¨ wb‡q t hw` wkïwU wb‡R wb‡R KvR KvR Ki‡Z cv‡i|

hLb wkïwU cici 7 evi cvi‡e bv, ZLb cix¶v eÜ K‡i w`‡Z n‡e|

†bvU 1 t AwUw÷K A_ev Kv‡b †kvbv ev †`L‡Z bv cviv wkï‡`i †P‡q GB cix¶wU GKU wfb iK‡gi| GBme mgm¨vi Rb¨ wkïwU 7 ev‡i cix¶wU Ki‡Z cvi‡eb| KL‡bvB chv‡jvPbv eÜ Kiv hv‡e bv Zvi cwie‡Z Zv Pwj‡q †h‡Z n‡e hLb wkïwU 7 ev‡i I †Kvb cix¶wU Ki‡Z cvi‡e bv| hLb wkïwU 7 ev‡i †Kvb cix¶vq DËxY n‡e bv ZLb †mB cix¶wU eÜ K‡i bZb cix¶vq †h‡Z n‡e|

†bvU 2t fvlvMZ gvÎvi †¶‡ÎI GB cix¶wU wfb GB gvÎvq `BwU fvM Av‡Q, wKQ ejvi (🗣) Ges wKQ †kvbvi (👂)| †m Rb¨ Zv †bvU K‡i ivL‡Z n‡e †hgb †KD Kg ej‡Z cv‡i wKš Kv‡b fvj †kv‡b †mB Rb¨ hLb wkïwU cici 7 evi †Kvb wKQ ej‡Z bv cvi‡e, chv‡jvPbv eÜ K‡i w`‡Z n‡e wKš Kv‡b †kvbvi e¨vcv‡i chv‡jvPbv Pwj‡q †h‡Z n‡e| cici 7 evi hLbB Kv‡b †kvbv †_‡K weiZ _vK‡e wVK ZLbB chv‡jvPbv eÜ K‡i w`‡Z n‡e|

avc-2 wewfb gvÎvi wkï weKv‡ki eqm ciY Ki‡Z n‡e Ges wb‡Ri e¨w³MZ dig ciY Ki‡Z n‡e|

- AvB‡Ug mgn hvPvB Ki‡Z n‡e Ges c‡Z¨K gvÎvi †kl AvB‡Ug Gi w`‡K j¶¨ †i‡L wkïwU †h AvB‡UgwU wb‡R wb‡R Ki‡Z cv‡i Ges cici 7 evi †mB AvB‡Ug wb‡R bv cvi‡j Z‡eB Zv †iKW Ki‡Z n‡e| wkïi eq‡mi m‡½ wewfb gvÎvq wkïi weKv‡ki eqm wjwce× Ki‡Z n‡e|

- wkïi weKv‡ki wewfb gvÎv¸wj‡K Zv‡`i e¨w³MZ cUfwg‡Z ciY Ki‡Z n‡e|

avc-3 D‡Ïk¨ Ges KvhKvixZv avivewnKfv‡e wjwce× Ki‡Z n‡e Ges wewfb iK‡gi DÏxcbvi gva¨‡g c‡Z¨KwU gvÎvi mvnvh¨ D‡Ïk¨ cbqb K‡i KvR ïi“ Ki‡Z n‡e|
c‡Z¨KwU gvÎvi Rb¨

c‡Z¨K gvÎvi Rb¨ t

- c_‡g AvB‡U ¸‡jv wPwýZ K‡i ciY Ki‡Z n‡e hv wkï wb‡R Ki‡Z cvi‡e bv Ges Zv D‡Ïk¨ 1 Gi N‡i ciY Ki‡Z n‡e|
- ZvwiL wjwce× Ki‡Z n‡e|
- DÏxcbvi ZvwjKv †_‡K DÏxcK †e‡Q wb‡Z n‡e hv wkï‡K e¨envi‡ii Dc‡hvMx K‡i Zj‡Z mvnvh¨ Ki‡e GB welq ¸wj wjwce× Ki‡Z n‡e|
- KvR Kivi Rb¨ wewfb DÏxcK w`‡q ïi“ Ki‡Z n‡e|

Kgc‡¶ 9 ev‡i DÏxc‡Ki mvnvh¨ wkï‡K Zvi Kv‡Ri avivewnKZv eRvq ivL‡Z n‡e|

avc-4 Kv‡Ri gj¨vqb Ki‡Z n‡e hLb m‡ev”P 9 fv‡e cix¶v ¸‡jv †kl Kiv n‡e Ges Zvici cieZx D‡Ïk¨ w¯i Ki‡Z n‡e|

c‡Z¨K gvÎvi Rb¨ t

- m‡ev”P 9 ev‡i cix¶v m¤úb Kivi ci gj¨vqb dig cY Ki‡Z n‡e t
  - gj¨vq‡bi ZvwiL
  - n¨v - hw` wkïwU wb‡R wb‡R cix¶v Ki‡Z cv‡i|
  - bv / mvnvh¨ wb‡q - hw` wkïwU wb‡R cix¶vwU Ki‡Z bv cv‡i|

- 2q AvB‡UgwU ciY Ki‡Z n‡e hv wkïwU cix¶vi mgq wb‡R Ki‡Z cv‡i bv, hv D‡Ïk¨ - 2 bv‡g wjwce× Ki‡Z n‡e Ges D‡Ïk¨i g‡ZvB cieZx av‡c †h‡Z n‡e|

avc-5 3 Uv D‡Ïk¨ mva‡bi ci †Zvgvi wPwKrmvi c‡Z¨KwU gvÎvi D‡Ïk¨ gj¨vqb Ki‡Z n‡e|

- 3 Uv D‡Ïk¨ m¤úv`b Kivi ci wewfb D‡Ï‡k¨i djvdj †ei n‡q Avm‡e|
  K) ‡h AvB‡UgwU wkï wb‡R wb‡R Ki‡Z cv‡iwb †mB AvB‡UgwU Avevi Ki‡Z n‡e|
  hLb †Kvb D‡Ïk¨ mdj n‡e bv t

  a) †mB mKj D‡Ïk¨ wb‡q KvR Ki‡Z W‡e hv wkïwU wb‡R Ki‡Z cv‡i bv (†hgb t wkïi †mB †¶‡Î A‡bK mg‡qi c‡qvRb n‡Z cv‡i| A_ev
  b) cieZx AvB‡Ug ïi“ Ki‡Z n‡e hv wkïwU wb‡R Ki‡Z cvi‡e bv (†hgb t wkïwU †Pv‡Li mgm¨vi Rb¨ nqZ KL‡bvB Ki‡Z cvi‡e bv| A_ev
  c) wewfb gvÎv †_‡K wkï wK Ki‡Z cv‡i Zv †`L‡Z n‡e Ges †mB fv‡e DÏxcK e¨envi Ki‡Z n‡e Ges Zv ciY Ki‡Z n‡e †hgb t (wkïwUi Kvh¨¶gZv evo‡Z n‡e| wkïwUi

†mB ¶gZv _vK‡e †h Wvb Ges evg w`‡K ZvKv‡K cvi‡e t ZLb wkïwU nqZ Wvb w`‡K Ôn¨vÕ, Ges evg w`‡K ZwK‡q ÔbvÕ ej‡Z cvi‡e)|

†bvU t gj¨vq‡bi d‡j ZLbB wej‡¤ ew× Ges A¯vfwweK ew×i gv‡S Zjbv Kiv hv‡e| wej¤ ew× gv‡b ¯vfwweKfv‡eB ew× cv‡e wKš ax‡i ax‡i|

A¯vfwweK ew× gv‡b wkïwU cix¶vi wKQ AvB‡U cvi‡e bv Ges †Kvb wKQ wkL‡Z cvi‡ebv hw` I †m †jLv wKQ AvB‡Ug Ki‡Z cvi‡e

cix¶vi wbqgvejx

W¨vm - *

cvK ch‡jvPbv

wkïwU hw` †`L‡Z Amweav nq Z‡e wK ai‡Yi ck ^Zix Ki‡Z n‡e t
GKwU †Ljbv wkïwUi mvg‡b ai‡Z n‡e Ges c_‡g Le ax‡i †LjbwU‡K GKevi Wvb w`‡K Ges c‡i evg w`‡K †Nviv‡Z n‡e wewfb †Ljbv e¨envi Ki‡Z n‡e c_‡g eo, Zvici D¾j is‡qi Ges me‡kl 1wU mvaviY is‡qi †Ljbv|

1.	GKwU †Ljbv hLb wkïi †Pv‡Li mvg‡b Wvb w`K †_‡K wb‡q hvIqv nq ZLb wK wej‡¤ Zvi fve cKvk Ki‡Q bwK fve cKvkB Ki‡Q bv ?	n¨v /bv	**<u>hw` n¨v nq t</u>** wkïwU nqZ Wvb w`‡Ki †Pv‡Li †¶Î‡Z Amweav _vK‡Z cv‡i Gi gv‡b GB †h hLbB Wvb w`‡K wkïwU‡K wKQ †`Iqv n‡e, ZLbB wkïwU Zv †`L‡e bv A_ev †`L‡jI Zv A‡bK c‡i| hw` Zvg wkïwU †mB e¯wU †`Lv‡Z PvI, Z‡e LeB ax‡i ax‡i e¯wU †Pv‡Li mvg‡b †Nviv‡Z n‡e| Zv †`L‡e bv A_ev †`L‡jI Zv A‡bK c‡i| hw` Zvg wkïwU †mB e¯wU †`Lv‡Z PvI, Z‡e LeB ax‡i ax‡i e¯wU †Pv‡Li mvg‡b †Nviv‡Z n‡e|
2.	wkïwU wK wej‡¤ Zvi fve cKvk Ki‡Q ev G‡Kev‡iB fve cKvk Ki‡Q bv hLb evg w`K †_‡K †LjbwU wb‡q hvIhv nq ?	n¨v/bv	hw` n¨v nq t wkïwU nqZ evg w`‡Ki †Pv‡Li †¶Î‡Z Amweav _vK‡Z cv‡i Gi gv‡b GB †h, hLbB evg w`‡K wkïwU‡K wKQ †`Iqv n‡e, ZLbB wkïwU Zv †`L‡e bv A_ev †`L‡jI Zv A‡bK c‡i| hw` Zvg wkïwU †mB e¯wU †`Lv‡Z PvI, Z‡e LeB ax‡i ax‡i e¯wU †Pv‡Li mvg‡b †Nviv‡Z n‡e| Zv †`L‡e bv A_ev †`L‡jI Zv A‡bK c‡i| hw` Zvg wkïwU †mB e¯wU †`Lv‡Z PvI, Z‡e LeB ax‡i ax‡i e¯wU †Pv‡Li mvg‡b †Nviv‡Z n‡e|
†Ljbv wkïi mvg‡b ai‡Z n‡e Ges †LjbwU Dci-bxP Le ax‡i ax‡i Ki‡Z n‡e|			
3.	wkïwU wK Le ax‡i AvMn cKvk Ki‡Q ev G‡Kev‡iB Ki‡Q bv hLb †LjbwU †Pv‡Li mvg‡b †_‡K Dc‡i ?	n¨v/bv	hw` n¨v nq Zvn‡j a‡i wb‡Z n‡e wkïwU †Pv‡Li Dc‡ii Ask Amweav Av‡Q| Zvi gv‡b wkïwU‡K †Kvb e¯ Dci †_‡K †`L‡Z w`‡j †m †LjbwU †`L‡Z cvqbv A_ev †`ix‡Z †`L‡Z cvq| ZvB G †¶‡Î †LjbwU ax‡i ax‡i Dci bxP Ki‡Z n‡e?
4.	wkïwU wK Le ax‡i AvMn cKvk Ki‡Q ev G‡Kev‡i Ki‡QB bv hLb †LjbwU †Pv‡Li mvg‡b †_‡K bx‡P ?	n¨v/bv	hw` n¨v e‡j Zvn‡j a‡i wb‡Z n‡e wkïwUi †Pv‡Li bx‡Pi Ask Amweav Av‡Q| Zvi gv‡b wkïwU‡K ‡Kvb e¯ bx‡P †_‡K †`L‡Z w`‡j †m †LjbwU †`L‡Z cvqbv A_ev †`ix‡Z †`L‡Z cvq| ZvB G‡¶‡Î †LjbwU ax‡i ax‡i bx‡P †_‡K Dci Ki‡Z n‡e|
5.	Zvg wK eS‡Z cviQ †h wewfb †Ljbv w`‡j †m‡¶‡Î wK wfb cwZwµqv n‡"Q ?	n¨v/bv	hw` n¨v †m‡¶‡Î wkïi `i †_‡K †`Lv A_ev mvaviY is‡qi e¯ †`Lv‡Z Zvi Amweav, Zvn‡j eo e¯ e¨envi Ki‡Z n‡e A_ev D¾j †Kvb e¯ w`‡q Zv‡K DÏxcbv RvMv‡Z n‡e|
6.	wkïwU wK †ekx Av‡jv †`L‡j wKQ wR‡Ám K‡i ZvKvq ev cvk †d‡i ?	n¨v/bv	hw` n¨v nq Zvn‡j eS‡Z n‡e wkïwUi `wók³‡Z Amweav Av‡Q| KviY †m †ekx Av‡jv †`L‡Q bv, †m †ekx Av‡jvi w`‡K ZvKvq ev wR‡Ám K‡i|

wkïwUi hw` Kv‡b ïb‡Z Amweav nq Z‡e Zvi Rb¨ ck ^Zix Ki‡Z n‡e t

GKwU wkïi †cQ‡b kã Ki“b GKevi ev‡g GKevi Wv‡b| (†hgb N›Uv w`‡q kã K‡i, SbSwb w`‡q kã K‡i Z‡e wkïwU †hb N›Uv ev SbSwb Uv †`L‡Z bv cvq)|

1.	c‡Z¨Kw`‡bi kã¸wj wK wkïi ïb‡Z Amweav nq †hgb t wi·vi N›Uv, Mvoxi nY, †Ljbv hv kã K‡i|	n¨v/bv	• hw` n¨v nq t wkïwUi Z‡e Kv‡b ïb‡Z Amweav Av‡Q| GUv n‡Z cv‡i wkïwUi Kv‡bi Amweav Av‡Q A_ev †m AwUwóK wkï| • Kv‡b †kvbvi Amweav t †Rv‡i kã Ki‡j wkïwU ïb‡Z cvq wKbv Gfv‡e †ei Ki‡Z n‡e Zvi †kvbvi Amweav Av‡Q wKbv ? • AwUw÷K t wkï AwUw÷K wkï kã ï‡b wVKgZ mvov †`q bv GUv g‡b nq †m Kv‡b †kv‡b bv| wKš hw` mZKZvi mv‡_ j¶¨ Kiv hvq Z‡e †evSv hvq †m nqZ Le mvg‡b cwZwµqv K‡i| wkïwU‡K GKwU bxie N‡i wb‡q †M‡j Ges †mLv‡b †Rv‡i kã Ki‡j †m †Pv‡Li cvZv eÜ Ki‡e A_ev Zvi gv_v Iw`K †Nviv‡e| fvlv MZ wb‡`wkKv Ges Qwe Gi m‡½ e¨envi Ki‡j K_v ejvi m‡½ wkïi I DcKvi n‡e|
2.	wkïwU Le fq cv‡e (†hgb t kvm †bIqv eÜ Ki‡e ev Kv`‡e) hLb kã ïb‡e ?	n¨v/bv	hw` n¨v nq t wkïi †kvbvi mgm¨v Av‡Q| wkïwU kãwUi m‡½ cwiwPZ bq Zvi †kvbvi mgm¨vi Rb¨ Ges Zvi Rb¨ †m fq cvq| ZvB Zv‡K k‡ãi e¨envi I Drm m¤‡Ü avivYv w`‡Z n‡e|
3.	hw` wkïwU kã ïb‡Z cvq, wKš †Kv_v †_‡K kã Avm‡Q Zv Rvb‡Z bv cv‡i| (†hgb wkïwU †Kv_v †_‡K kã Avm‡Q †mw`‡K bv ZvKvq)	n¨v/bv	hw` n¨v nq t Z‡e g‡b nq wkïwU GK Kv‡b ïb‡Z cvq| †mRb¨ wkï‡K A‡bK mgq w`‡Z n‡e hv‡Z †`‡L Pviw`K †_‡K k‡ãi Drm eS‡Z cv‡i|
4.	wkïwU wK kã ï‡b mvov †`q wKš LeB nvjKv fv‡e Zv ï‡b Ges h‡_ó g‡bv‡hvM †`q bv|	n¨v/bv	hw` n¨v nq t wkïwU Z‡e †kvbvi Rb¨ †Póv K‡i Ges †mRb¨ †Rvi K‡i †kvbevi c‡qvRb bvB| GUv mvavivYZ ew× cwZeÜx Ges AwUwóK ev”Pv‡`i †¶‡Î N‡U _v‡K| ¯vfweKfv‡e wkïiv ^ah¨ wb‡q †Kvb KvR Ki‡j Ges A‡bK mgq a‡i ïb‡j †m †¶‡Î fvj dj fvj dj n‡Z cv‡i| G‡¶‡Î k‡ãi cwiwa evov‡Z n‡e I Zv‡K ïb‡Z I wPb‡Z n‡e (†hgb c_‡g 2 iK‡gi kã, c‡i 3 iK‡gi kã Ges Gfv‡e evov‡Z n‡e)| GUv g‡b ivL‡Z n‡e cwk¶‡bi mgq Ab¨ †Kvb kã e¨envi Kiv hv‡e bv|

mvgwwRK Av‡e‡Mi /AbfwZi ¯i
eqm t 0-84 gvm

bs k ` A ZvwjKv e¨envi‡ii			eqm	
■ π ●			n¨v	Kvh¶gZv bv/ev mvnvh¨ wb‡q

0-84 gvm

1.	■ π ●	wkïi mvg‡b nvm‡j, Avb›` Ki‡j †m I nv‡m Ges Avb›` cKvk K‡i|	0-2 gvm		
2.	■ ●	Mjvi ¯i ïb‡j, †`‡ni bovPov evwo‡q ev kã †kvbvi 10 †m‡K‡Ûi g‡`¨ Kvbv _vwg‡q mvov †`h|	0-2 gvm		
3.	■ π ●	cwi‡ekgjK DÏxcbvi cwZ †Ljbv, B‡jKUwbK †Ljv BZ¨vw`i cwZ gPwK †n‡m, †Rv‡i †n‡m ev g‡L K_v e‡j mvov †`q|	0-6 gvm		
4.	■ π ●	hw` AcwiwPwZ †KD Kv‡Q Av‡m Z‡e Kv‡`, Rwo‡q a‡i _v‡K I/ev cwiwPwZ †jv‡Ki Kv‡Q †h‡Z Pvq|	0-10 gvm		
5.	π ●	hw` cvß eq¯‹ †jvK Ges wRwbm GKB mgq mvg‡b Av‡m	2 gvm		
6.	π	wkï Zvi `wó w`‡q Zvi cwi‡ek‡K †`Lvi Rb¨ wewfb w`‡K ZvKvq	2 gvm		
7.	π ●	†h †`Lvïbv K‡i Zvi g‡Li w`‡K †PvL iv‡L I g‡Li w`‡K ZvKvq, Ges †m GKB `iZ †_‡K Wv‡b ev ev‡g mi‡j †mB w`‡KB `wó wbwe× iv‡L I gv_v bv‡o|	2 gvm		
8.	π ●	cwiwPZ †Pnviv hLb †Pv‡Li mvg‡b †_‡K P‡j hvq, ZLb Kv‡` ev wKQ †LvR Kivi j¶Y †`Lvq|	2 gvm		
9.	■ ●	†h †`Lvïbv K‡i Zvi m‡½ K_vevZv ev A½fw½i gva¨‡g mivmwi msjv‡ci gPwK †n‡m Ges g‡L K_v e‡j mvov †`q|	3 gvm		
10.	π ●	Avqbvq wbR cwZ”Qwe †`‡L, Zvi w`‡K ZvKvq, gPwK nv‡m Ges g‡L K_v e‡j|	4 gvm		

bs k ` A Zwj Kv **eqm**
e¨envi i

Kvh¶gZv
■ π ● n¨v bv/ev
mvnvh¨
wb‡q

11.	■	†KD bvg ej‡j, Zv‡K †Lv‡R|	5 gvm	
12.	■ π ●	‡h †`Lv ïbv K‡i †m hLb j‡KvPwi †L‡j, ZLb wkï mvov †`q I Avb›` K‡i|	5 gvm	
13.	■ π ●	†h †`Lv ïbv K‡i †m hLb (3 †_‡K 6 d‡Ui g‡a¨) Kv‡Q Av‡m, ZLb g‡L mvov †`q I †Kv‡j DVvi Rb¨ nvZ evovq|	5 gvm	
14.	■	†h †`Lvïbv K‡i Zv‡K me mgq GKB bv‡g Wv‡K †hgb, gv|	5 gvm	
15.	π ●	‡h †`Lvïbv K‡i Zvi g‡bv‡hvM AvKlY bv K‡iB µgvMZ (10 wgwb‡Ui gZ) GKB KvR evi evi K‡i hvq|	2 gvm	
16.	π	†h †`Lvïbv K‡i Zvi g‡bv‡hvM AvKlY bv K‡iB µgvMZ (10 wgwb‡Ui gZ) GKB KvR evi evi K‡i hvq|	6 -12 gvm	
17.	π	GKB g‡b †Kvb wRwbm, wKQ Aši GK wgwbU a‡i †b‡o‡P‡o †`‡L	6-12 gvb	
18.	■	‡Kvb †Ljbv ev evRbvi KvhKwiZv Zv‡K †`Lv‡bvi ci †m ZvB †`‡L kã ^Zix Kivi †Póv K‡i|	6-12 gvm	
19.	π ●	†h †`Lvïbv K‡i Zvi KvQ †_‡K g‡bv‡hvM cvIqvi c_g 2 †_‡K 3 wgwbU Zvi w`‡K ZwK‡q Zvi g‡bv‡hvM AvKl‡Yi †Póv K‡i|	6-12 gvm	
20.	π ●	Ab¨ †jv‡Ki †Ljvi f½ †`‡L Zv AbKiY Kivi †Póv K‡i|	6-12 gvm	
21.	●	nv‡m, Ab¨‡K wb‡q gRv K‡i nwm Zvgvm K‡i|	**7 gvm**	
22.	■ ●	†cQ‡b †_‡K †KD WvK‡j, †m w`‡K wd‡i ZvKvq, mvov †`q ev g‡L wkïwU AvKvi Bw½Z K‡i|	**7 gvm**	
23.	■	†Kvb wKQ PvB‡j g‡L e‡j ev Av½j w`‡q †`Lvq (KvbvKwU bv K‡i)	**8-15**	

gvm

bs k ` A ZvwjKv eqm
e¨envi‡ii

■ π ● n¨v Kvh¶gZv bv/ev mvnvh¨ wb‡q

24.	■ π ●	Kvh-KviY †Ljbv evi evi e¨envi K‡i †hgb, †Kvb kã †kvbvi Rb¨ †Ljbvi †evZvg evi evi †h †Ljbv kã ˆZix K‡i ev Av‡jv ˆZix K‡i evi evi e¨envi K‡i kã ev Av‡jv ˆZixi Rb¨|	9 gvm	
25.	●	†h KvR †`‡L Ab¨ †jv‡Ki nvwm cvq, Zv †m evi evi K‡i|	9 -23 gvm	
26.	π ●	Ab¨ †jv‡Ki Kv‡Ri AbKiY K‡i (Kvco †avIqv, LvIqv)|	10 gvm	
27.		†h Zvi me‡P‡q fvj jv‡M †m wRwbmwU †m †P‡q, †Lv‡R, Kvbv KvwU K‡i †c‡Z Pvq|	10 gvm	
28.		Av‡k cv‡ki wRwbm †`‡L †hgb †Ljbv, Avmeve cÎ, wRwbm Z‡j MvQcvjv †_‡K wb‡Ri cwi‡ek Avwe¯vi Kivi †Póv K‡i|	12-23 gvm	
29.	π ●	†Ljv ev fve cKv‡ki Rb¨ wKQ Kivi Rb¨	12-23 gvm	
30.	●	A‡b¨i Dcw¯wZ‡Z Zvi g‡bv‡hvM AvKlY bv K‡i 15-20 wgwbU GK g‡b †L‡j hvq (AwUR‡gi †ivMx) wb‡Ri cwi‡ek †_‡K mwi‡q ivLvi Rb¨ A‡b¨i Dcw¯wZ‡Z Zvi gb‡hvM AvKlY bv K‡i K‡iB wb‡Ri g‡b †h †Kvb KvR Ki‡Z _v‡K A_ev †Lj‡Z _v‡K|	12-23 gvm	
31.	●	†KD PvB‡j Ab‡iva mn‡RB wRwbm fvMvfvwM Kivi †Póv K‡i|	12-23 gvm	
32.	■	wR‡Ám Ki‡j DËi †`q †hgb, Zvi bvg wK ? †m †K ? BZ¨vw`|	12-23 gvm	
33.	π ●	Zv‡K ej‡j, †m 2 wgwb‡Ui g‡a¨, †Kvb wRwbm Z‡j I wVK RvqMvq iv‡L (†hgb, eK Z‡j I ev· ivLv)|	21 gvm	

34	†Kvb wRwbm mvg‡b ivL‡j, †Kvb mvnvh¨ QvovB †e‡Q †bq (†hgb, †cvkvK, Lvevi)|	**7 gvm**	

bs k ` A ZwjKv **eqm**
e¨envi‡i

Kvh¶gZv

■ π ● n¨v bv/ev
mvnvh¨
wb‡q

35.	π ●	Avqbvq Zvi †Pnviv †`wL‡q wR‡Ám Ki‡j, GUv †K ? †m wb‡Ri †Pnviv wPb‡Z cv‡i ev wb‡Ri bvg e‡j	24 gvm	
36.	π ●	c‡qvRb Qvov KL‡bv †Ljbv ev wRwbm fvMvfvwM K‡i, †hgb, (8 ev‡ii g‡a¨ GK evi)|	24-29 gvm	
37	π ●	†h †`Lvïbv K‡ Zvi wcQ †bq I Zv‡K AbKiY K‡i †L‡j, (†hgb, cwi¯vi K‡i, _vjv-evmb †avqv)|	10 gvm	
38.	■	5 ev 10 wgwb‡Ui Rb¨ Mvb ev Mí †kv‡b|	24-36 gvm	
39.	■ π	†Kvb wKQ Avb‡Z ev wb‡Z ej‡j, †m †mB wbw`ó wRwbmUv wVKv RvqMvq †bq ev Ab¨ Ni †_‡K KvD‡K WvK‡Z ej‡j, †m Zv K‡i|	24-36 gvm	
40		†h †`Lvïbv K‡i Zvi KvR †kl Ki‡Z Zv‡K mvnvh¨ K‡i (†hgb, Kvco fvR Ki‡Z mvnvh¨ K‡i, `iRv †Lv‡j, eB eÜ K‡i|	24-36 gvm	
41	π ●	wb‡R wb‡R †L‡j, wKš A‡b¨i m‡½ wcq wRwbm †`Iqv †bIqv K‡i	27 gvm	
42.		†Kvb KvR Ki‡Z w`‡j, †m wgwb‡Ui g‡a¨ Zv ïi“ K‡i, wKš nqZ Zv‡K ¯§iY K‡i w`‡Z n‡Z cv‡i|	30 gvm	
43.	■	†h †`Lvïbv K‡i Zv‡K Qvov Ab¨ †jv‡Ki K_v †m GK wgwb‡Ui g‡a¨ †kvbvi †Póv K‡i|	30 gvm	
44.	●	G‡Kev‡i AšZ 15 wgwbU, †Ljvq gË nq (ewo ewo †Ljv, evev-gv †Ljv BZ¨vw`), ‡Ljvi mgq †h †`Lv ïbv K‡i †m wkï‡K †Ljv	30-35 gvm	

msµvš wel‡q ck Ki‡Z cv‡i|

45.	●	†Ljvi mgq KL‡bv mvnvh¨ Pvq, Avevi KL‡bv ¯vaxbfv‡e †Lj‡Z, Pvq|	**30-35 gvm**		
46.	●	Ab¨‡`i m‡½ mn‡hvwMZv mv‡_ †Ljv K‡i, †Kv‡bv ZK bv K‡iB wRwbm fvMvfvwM K‡i (1 †_‡K 3 wgwbU)			

bs k ` A Zwj Kv **eqm**
e¨envi‡i

Kvh¶gZv

■ π ● n¨v bv/ev **mvnvh¨ wb‡q**

47.	■	cwiev‡ii Kv‡iv bvg D‡jL K‡i (†hgb, ivnvZ) ck Ki‡j (†hgb ivnvZ wK †Zvgvi gv?) †m ej‡Z cv‡i, †K Zvi gv, †K Zvi fvB BZ¨vw`|	24 gvm		
48.		GKB Kv‡R 20 †_‡K 30 wgwbU g‡bv‡hvM w`‡q K‡i (eK, KvW, Qwe AvKv BZ¨vw`)|	48-60 gvm		
49.	●	15 wgwb‡Ui g‡a¨ 8-9 Rb †jv‡Ki m‡½ cvjv K‡i ev K_v e‡j|	48-60 gvm		
50.		`iKvi n‡j mvnvh¨ Pvq (†hgb, †Ljbv, Lvevi, †cvkvK Avbv, cvqLvbv hvIqv BZ¨vw`|	48-60 gvm		
51.	■ ●	wR‡Ám Ki‡j, wVK gZ DËi †`q (†hgb, †jvKwU MZ Kvj wK K‡i‡Q?)		48-60 gvm		
52.		Avb¨‡`i m‡½ Avjvc K‡i|	48-60 gvm		
53.	●	wb‡Ri Kv‡Ri cwZ †m Ab¨‡`i g‡bv‡hvM AvKlY K‡i|	54 gvm		
54.		msmv‡ii †QvULv‡Uv Kv‡R mvnvh¨ K‡i (†hgb, †Uwe‡j Mvm iv‡L)|	60-66 gvm		
55.	●	`tL ev g‡b AvNvZ †c‡q‡Q, Ggb mv_x‡K g‡L nvZ w`‡q mvšbv †`q|	60-71 gvm		

56. π● Awfbq K‡i ev cZj bvP ‡`wL‡q †Kvb M‡íi †Kv‡bv Ask †`Lvq| 60-71 gvm

57. π● eo‡`i gZ KvR K‡i ev †`Lvq (†hgb, gv, eve, bwcZ, cwjk-‡K wK K‡i, Zv †`Lvq)| **60-71 gvm**

58. ■π mnR mvavi Y KvR m‡švlRbK fvjgZ K‡i (†hgb, eBUv Ibv‡K w`‡q G‡mv, ev `iRvUv eÜ Ki,)| **60-71 gvm**

bs k ` A Zwj Kv **eqm**
e¨envi‡i

Kvh¶gZv
n¨v bv/ev
mvnvh¨
wb‡q

■π●

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59. ■ ● m‡hvM w`‡j, †m g‡bi Av‡eM g‡Li fvlvq cKvk K‡i| (†hgb, †Zvgv‡K Avgvi fv‡jv j v‡M, Awk Lwk)| 60-71 gvm

60. j¶¨ wVK K‡i I †mB j‡¶¨ †cŠQv‡Z KvR K‡i (†hgb, e‡j, Awg Avgvi eÜ‡`i wb‡q Avme I dUej †Lje ev, Awg evB‡i nvUvnvwU Ki‡Z hvw”Q)| 60-71 gvm

61. w`‡b ‡Kvb mgq wK K‡i, Zvi mgq e‡j (†hgb, mKvj mvZUvq Ng †_‡K I‡V, `ci 2Uvq ¯‹j †_‡K evmvq †d‡i, ivZ bUvq iv‡Zi Lvevi Lvq)| 60-71 gvm

62. ● KvíwbK †Kvb wKQi Awfbq K‡i (‡hgb, e‡j, Avgiv †hb †c‡b A_ev Avgiv GLb †eov‡Z hvw”Q)| 66-71 gvm

63. ■ ● wb‡R K_v ejvi mgq Ab¨‡`i K_v ej‡Z mgq †`q / m‡hvM †`q| 72 gvm

64. KvbvKvwU, †VvU †dvjv‡bv, QvovB †Kvb wb‡`k mn‡RB †g‡b †bq| 78 gvm

65. ^`wbK KvR eS‡Z cv‡i I K‡i (†hgb, KvMR Avbv, gqjvi evjwZ evB‡i †bIqv, eB / KvMR ¸wQ‡q ivLv)| 84 gvm

66. ● Zvi mw½i mv‡_ SMovSvwU bv K‡i eis Av‡cvl Ki‡Z Pvq| 84 gvm

67. ● †m Rv‡b, gvb‡li mvg‡b wK iKg AvPiY Ki‡Z nq| 84

gvm

fvlv
eqm t 0-84 gvm

bs k ` A Zwj Kv **eqm**
e¨env‡ii

Kvh¶gZv

■ π ● fve cKvkv (🗣) n¨v bv/ev
†kvbv / †evSv (👂)
mvnvh¨

wb‡q

1.	■		kã ï‡b Pc K‡i hv‡e ev f‡q nvZ cv ¸wU‡q wb‡e|	0-1 gvm	
2.			wei w³ i mv‡_ Kv`‡e|	0-1 gvm	
3.			g‡bv‡hvM cvevi Rb¨ Kv`‡e|	1 gvm	
4.	■		kã †c‡q gv_v Gw`K Iw`K †Nviv‡e|	0-10 gvm	
5.			Kvbvi gvÎv wewfb Amweavq e`jv‡e †hgb t ¶av †c‡j, wfRv _vK‡j ev VvÛv jvM‡j) h_v m¤e 2 Kv`‡e|	1 gvm	
6.	■	●	gv evevi K_v ï‡Y ‡Kvb wKQ a‡i ev bvov‡q nvm‡e (†`vj Lv‡e)	1 gvm	
7.	■	●	K_v ï‡b †Kvb wKQ ai‡e Niv‡e ev Pc K‡i _vK‡e|	1 gvm	
8.		π	3 †_‡K 5 dU `i“‡Zi †Kvb bZb gvbl †`L‡j 7 †m‡K‡Ûi Rb¨ wkï Pc K‡i †`‡e|	1 gvm	
9.	■		Avb›` †c‡j Ges †R‡M DV‡j gL w`‡h wewfb kã Ki‡e|	1 gvm	
10.	■	●	¶av wfRv ev VvÛv jvM‡j Kv`‡e ev memgq †Mvjgvj Ki‡e|	1 gvm	
11.			N›Uvi kã ï‡b 3 †mt Gi Rb¨ wkï Pc K‡i _vK‡e|		

12.		Avb‡›`i m‡½ g‡L kã Ki‡e|	**1-2 gvm**	
13.	■ π ●	Ab¨ †jv‡Ki nvwm gL †`‡L Ges K_v ï‡b wb‡R nvm‡e|	**1-2 gvm**	
14.	■ ●	A‡b¨i kã ï‡b wb‡R Ki‡Z †Póv Ki‡e|	**1-2 gvm**	
15.	■ π	kixi mvg‡bi w`‡K wb‡q, gL Nwi‡q ï‡b| A‡b¨i K_vq mvov w`‡e (g‡bv‡hvM w`‡q)|	**2 gvm**	

bs k ` A Zwj Kv **eqm**

e¨envi‡i

Kvh¶gZv

■ π ● fve cKvkv (🗣) n¨v bv/ev

†kvbv / †evSv (👂)

mvnvh¨

wb‡q

16.	■	5wU wewfb ai‡Yi kã w`‡q cix¶v Kiv n‡e (Kvbvi kã †hvM Kiv hv‡e bv)	2 gvm	
17.	●	Avb›``vqK KvR ¸wj hv wkïi cQ›` K‡i Zv †`Lv‡Z n‡e (†hgb t †Kvb wRwbm ai‡Z n‡e, g‡Li mvg‡b nvZ †Nviv‡Z n‡e) KóKi AwfÁZv †_‡K wb‡R‡K mwi‡q †b‡e (†hgb VvÛv ¶av, †R‡M †M‡j Kv`‡e)	0-1 gvm	
18.	■ ●	evevi ev wkï‡K †`Lv ïbv K‡i Zvi nvwm Ges K_v ï‡b wb‡R kã Ki‡Z _vK‡e|	2 gvm	
19.	■	N›Uvi kã ï‡b gv_v †Nviv‡e|	3 gvm	
20.	■	Le mdjZvi m‡½ 2 A¶i wewkó kã ej‡Z cvi‡e (†hgb t gv-gv, ev-ev)	3 gvm	
21.	■ ●	gv-evevi kã ï‡b wb‡R evi evi ej‡Z _vK‡e|	3 gvm	
22.	■ ●	Kgc‡¶ `kwU wewfb K_vgvjv ^Zix Ki‡e hv GKB kã me mgq e¨envi Ki‡e v_ev †Ljbv ev ^`b›`b Kv‡R e¨eüZ kã w`‡q AbcwbZ n‡e|	1 gvm	
23.	■ π ●	KvQvKwQ kã ï‡b gv_v †Nviv‡e|	3 gvm	
24.	■	4 evi Kgc‡¶ 2 LÛ K_v gvjv wkïi g‡Zv ej‡Z n‡e (†hgb t Uv-Uv, Uv-Uv, `v-`v,-`v-`v)	4 gvm	
25.		Kvbv Qvov Ab¨fv‡e fve cKvk Ki‡e (†hgb Avb‡›`, K_vq ewn cKvk Ki‡e, †e`bvq A_ev Zwß‡Z)|	4-5 gvm	
26.	■ π	cwZw`‡bi †Kvb KvR ïi“ nIqvi mgq nvZ cv, †b‡o A_ev †Kvb kã K‡i Zvi cwZ Drmvn cKvk K‡i (†hgb †Mvkj Kivi mgq cwbi kã ï‡b A_ev †Zvqvjv †`‡L)|		

27.	■	Kgc‡¶ 3wU kã wPb‡Z †Póv Ki‡e (Av‡jv, `a, evB-evB)|	**5 gvm**	
28.	■ π	wkï‡K †Kvb wRwbm w`‡j Zv fv‡jv K‡i †`L‡e|	**6 gvm**	
29.	■	gv evevi KvQ †_‡K kã ï‡b wewfb kã wb‡R Ab¨fv‡e K_v Ges kã ej‡e|	**6 gvm**	

bs k ` A Zvwj Kv **eqm**
e¨envi‡ii

Kvh¶gZv

■π● fve cKvkv (🗣) n¨v bv/ev
†kvbv / †evSv (👂)
mvnvh¨

wb‡q

30.	■	GK wgwb‡Ui g‡a¨ 2-3 evi GKB iKg kã Ki‡e|	6 gvm	
31.	■	Kgc‡¶ 4 wU kã (K, L, N) Ki‡Z cvi‡e|	6 gvm	
32.	■ ●	kã ï‡b wb‡R chvqµ‡g Zv ei‡Z †Póv Ki‡e|	6 gvm	
33.	■π●	(🗣) †Kvb gvb‡li †Pnviv †`Lv gvÎB kã Ki‡Z _vK‡Z Ggb fv‡e †hb K_v ejvi †Póv Ki‡Q|	3 gvm	
34.	■π●	(🗣) wb‡R‡K Avqbvq †`Lv gvÎB kã D”PviY K‡i|	3 gvm	
35.	■ ●	†Kvb DwÏcbv / Av‡`k QvovB wewfb iKg kã D”PviY K‡i|	6 gvm	
36.	■ π	**(👂) †Kvb gvbl‡K bv †`‡L Zvi bvg g‡b ivL‡Z cvi‡e (†hgb t mvg‡bi w`‡K †mB gvb‡li †Pqvi †`L‡j)|**	6-8 gvm	
37.	■	**(👂) ÒbvÓ ej‡j A_ev ÒbvgÓ a‡i WvK‡j KvR eÜ K‡i w`‡e|**	6-8 gvm	
38.	■	(🗣) gv-evev wkïi Kv‡Q wZbUv mnR K_v ej‡j Zv †m a‡i †dj‡Z cvi‡e (‡hgb t gv `v Uv)	7 gvm	
39.	■π●	(🗣) 7 nvwm †`Lv aiv BZ¨w` †_‡K wkï‡K †h kã gvjv †`qv n‡e Zv †_‡K †m Avb› cKvk Ki‡e (†hgb t wZb †_‡K Pvi A¶i wewkó)	10 gvm	
40.	■	**(👂) cwiewiK kã ¸vj (†hgb, wb‡Ri bvg, hvIqv weQvbv LvIqv †evZj) wkï ïb‡e (Pc Ki‡e, e³i w`‡K ZvKv‡e BZ¨w`)|**	**7-9 gvm**	

41. ■ **( ) ‡KD wkïi m‡½ fv‡ei Av`vb c`vb Ki‡j (†hgb t Pj GK m‡½ LvB ev GK m‡½ hvB) †m kixi I gL †Nviv‡e|** **8 gvm**

42. ■ **( ) cwi‡e‡ki wewfb bZb wRwbm LeB g‡bv‡hv‡Mi m‡½ ïb‡e| (‡hgb †jvKRb, Rxe Rši, Mvoxi nb Kv‡Qi / `‡ii kã)** **8 gvm**

43. ■ π ● **( ) bvg a‡i WvK‡j gv_v †Nviv‡e †PvL †Nviv‡e nvm‡e BZ¨w` hv wb‡Ri bvg †K wPbv‡Z mvnvh¨ Ki‡e|** **6 gvm**

44. ■ π ● **( ) Awfbq K‡i nvZ bvov‡Z _vK‡e we`v‡qi mgq|** **9 gvm**

bs k ` A Zvwj Kv **eqm**
e¨envi‡i i

Kvh¶gZv

■ π ● fve cKvkv ( ) n¨v bv/ev
†kvbv / †evSv ( )
mvnvh¨

wb‡q

45. ■ π ● **( ) ZvwK‡q, Nvi‡q ev mwVKfv‡e kã D”PviY K‡i Kgc‡¶ `B gwÎK A½ fv½ cKvk Ki‡e (†hgb t †Kvb †jvK evB evB w`‡q †M‡j †m wb‡R evB evB w`‡e, nvZ †mvRv K‡i a‡i ivL‡e hLb nvZ H e¨v³ i v`‡K Bkvi Ki‡e)|** 9 gvm

46. ■ ● ( ) Rvbv mi ï‡b AbKiY Ki‡e fve wewbgq Ki‡e BZ¨vw` | (†hgb Zvg †Kgb Av‡Qv) 9 gvm

47. ■ π ● ( ) kã n‡j nvZ I gv_v †b‡o fve cKvk Ki‡e nvZ w`‡q Bkvivq †Kvb GKv`‡K wb‡q hvIqvi Rb¨ †`Lv‡e BZ¨vw` | 9 gvm

48. ■ π ● **( ) wZbwU A¶i wewkó g‡Li D”PviY (†hgb t gv‡qi w`‡K ZvwK‡q LR‡e gv ‡Kv_vq)** 9-10 gvm

49. ■ ( ) gv-evevi bvg a‡i WvK‡e (†hgb t gv evev) 10 gvm

50. ■ π **( ) ck Ki‡j †mB wRwbm †LvRvi †Póv Ki‡e (†hgb †Zvgvi RZv †Kv_vq?)|** 10 gvm

51. ■ **( ) wZwbwU wfb ck Ki‡j wkï gv_v bwo‡q Zvi ÒnvÓ ev bv cKvk Ki‡e (†hgb t Zvg wK GLb †L‡Z PvIÓ|)** 10 gvm

52. ■ (🗣) **memgq ÒgvÓ A_ev Ò`v`vÓ kã Qvov Ab¨ †Kvb bZb kã ej‡Z cvie|** 11 gvm

53. ■ (🗣) wb‡Ri c‡qvR‡b (†hgb wfRv Rvgv, ¶av †j‡M‡Q, Zòv †c‡q‡Q) kã K‡i ev e_v e‡j ev wb‡Ri wbR¯ kã K‡i (KvbAv Qvov †mB c‡qvRb †evSv‡e| 7 gvm

54. ■ (🗣) K_vi gva¨‡g wb‡Ri c‡qvRb Ge mweav cKvk Ki‡e, mvaviY K_vejv, ev A¶‡ii Rb¨ we‡kl KvR †evSv‡Z hv wb‡R‡K eSv‡Z cvie (†hgb t GLb cwbi c‡qvRb)| 10 gvm

55. ■ (🗣) **gv-evevi m‡½ bv‡gi m‡½ `B A¶i h³ e¨envi K‡i K_v ej‡e|** **12 gvm**

56. ■ (🗣) **g‡bv‡hvM cvevi Rb¨ evi evi K_v ej‡e|** **12 gvm**

57. ■ **(👂) wRÁvmv Ki‡j †Kvb wRwb‡mi cvZ ZvKv‡e ev AvMn †`Lv‡e t †Zvgvi evev †Kv_vq ? (Mvox, ej BZ¨vw`) Kgc‡¶ 2 wU gvbl ev e¯i cvZ mwVK fv‡e AvMn †`Lv‡e|** **8 gvm**

58. ■ (🗣) **K_vi m‡½ A½ fv½ K‡i †Kvb wRwbm †evSv‡bv †Póv Ki‡e|** **12 gvm**

bs ` A ZvwjKv **eqm**
e¨envi‡ii

Kvh¶gZv

■π● fve cKvkv (🗣) n¨v bv/ev
†kvbv / †evSv (👂)
mvnvh¨

wb‡q

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59. ■ (🗣) **†Kvb fvlvq ev we‡kl c¯‡K e¨eüZ k‡ãi ZvwjKv †_‡K evivU wevfb kã wb‡q GKvU kã ^Zvi Ki‡e (†hgb LvB, LvB)** 12-15 gvm

60. ■ π **(👂)** 3 A¶i wewkó KvQvKwQ †Kvb cwiewiK _ã ai‡Z cvi‡e (†hgb t K_v e‡j Av Aw½ fv½ K‡iÓ Avgv‡K PvgP †`LvI| Aek¨B wevfb aiY †_‡K PvgP †ei Ki‡Z n‡e, Kvc †cU BZ¨vw`)| 12-14 gvm

61. ■ (🗣) 2 A¶i h³ kã gvjv e¨envi Ki‡e (†hgb t `a LvIÓ Gw`‡K Avm)| 14 gvm

62. ■π● **(👂)** Ab‡iva Ki‡j wkï Zvi RZv, †Ljbv ev RvgvKvco †`L‡e (†hgb †Zvgvi RZv †`LvIÓ)| 15 gvm

63 ■ (🗣) bvg a‡i cvPwU e¯ wRÁvmv Ki‡e (†hgb t `a, we¯‹U, Mvox) 18 gvm

64. ■ π **(👂) eB‡q wZbwU Qve‡Z `vMv`‡e (†hgb t L‡R †ei Ki‡e ev ej †`Lv‡e)|** 18 gvm

65. ■ ● (🗣) **wZbwU mnR k‡ã wkï ej‡Z ev †evSv‡Z †Póv Ki‡e| hv` †KB Ab‡iva K‡i|** 10 gvm

66. ■ ● **(👂) wKQ wbR¯ e¨eüZ bvg wkï eS‡Z cvi‡e (†hgb Zv‡K GB wRwbmUv `vI)** 18-20 gvm

67. ■ ● (🗣) ck Ki‡Z wkL‡e wK ev †K GB ai‡Yi ck Ki‡e| 18-23 gvm

68. ■ **(👂)** 2 avc chš Ab‡iva ivL‡e (†hgb t †Ljb vUv Avgv‡K `vI Ges †Pqv‡i e‡mv ev Gw`‡K Av‡mv Ges `a UK LvI| 18-23 gvm

69. ■ ● **(👂) Ab‡iva Ki‡j wfZ‡i kãUv †evSv‡Z cv‡e| ev‡·i wfZ‡i wKQ Kv‡Vi UKiv †i‡L A_ev wb‡RB ev‡· XKv‡e|** **18-23 gvm**

70. ■ (🗣) **cZ‡ji wewfb Ask †`Lv‡Z cvi‡e| (†hgb t Pj mL Kvb †PvL nvZ, cv, Ges bvK)|** **19 gvm**

71. ■ (🗣) **Kgc‡¶ 5wU Qwei g‡a¨ 2wU Qwei bvg ej‡Z cvi‡e (†hgb t ej, Kvc, †cvÝj, Nwo)** **8 gvm**

bs ` A Zwwj Kv **eqm**
e¨envi‡i

Kvh¶gZv

■π● fve cKvkv (🗣) n¨v bv/ev
†kvbv / †evSv (👂)
mvnvh¨

wb‡q

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72. ■ π **(👂) wRÁvmv Ki‡j 3wU M"‡ci wRwbm †_‡K 2wU M"c Avjv`v Ki‡Z cvi‡e| (†hgb t Avgv‡K Kvc Ges †cU †`LvI †hLv‡b Kvc I †cU Ges ev‡·i M"c Qwe‡Z _vK‡e)** 12-15 gvm

73. ■ ● (🗣) Awg Zwg I †m mwVK fv‡e e¨envi Ki‡e| 24 gvm

74. ■ π (🗣) cwievi m¤úK h³ cvPwU Qwe KvW Ges bvg m¤wjZ 5 Qwe (†hgb t Mvox evm Avg †cU eB BZ¨vw`) w`‡j G ¸‡jv wPb‡Z cv‡i| 24 gvm

75. (🗣) cwi¯vi fv‡e gv_v bvwi‡q †Kvb wKQ wb‡Z bv Ki‡e A_ev `‡i †V‡j w`‡e| 24 gvm

76. ■ ● (🗣) 3 kã wewkó mvgÄm¨cY K_v ej‡e (†hgb t Awg cwb PvB, gv G w`‡K G‡mv)

G‡mv)

77.	■ π	(🗣) **cvievi m¤úK h³ Qve †`Lv‡j bvg ,‡jv e‡j v`‡Z cvi‡e| (†hgb t cwL, Kvc, Rvgv)|**	24 gvm	
78.	■ π	(🗣) **†Kvb e¯ ev ev‡Ri Rb¨ ck Ki‡e (GUv wK, ev Zvg wK Kvi‡ZQ)**	24 gvm	
79.	■	(🗣) **¯ZtùZfv‡e Òab¨ev`Ó Ges Ò`qv K‡iÓ e¨envi Ki‡e|**	27 gvm	
80.	■π●	**(👂)** hLb wRÁvmv Kiv n‡e ÒGUv wK?Ó ZLb Kgc‡¶ 8wU mvaviY e¯i bvg ej‡e †hgb t ej, RZv, Kvc|	18-23 gvm	
81.	■	(🗣) Kgc‡¶ 2 msL¨v wewkó kã e¨envi Ki‡e †hgbt †ekx Avg,GKwU Kjv|	27 gvm	
82.	■ π	**(👂) Ab‡iva Ki‡j eo †_‡K †QvU e¯ †`Lv‡Z cvi‡e, †hgb t eo Av‡cj, †QvU Kvc †`LvI|**	**27 gvm**	
83.	■ π	**(👂) KZ,‡jv kãvU eS‡Z cv‡i Ges Zv fvlvq ev fve cKvk Ki‡Z cv‡i (†hgb t hv` ck Kiv nq Zvg KZ ,‡jv KKi †`L‡Z cv‡"Qv ?**	**27 gvm**	
84.	■	**(👂) hLb Ab‡iva Ki‡e ÒAwg hv eje Zvg Zv ej‡eÓ| DË‡i Pvi kã wewkó K_v cbivevË Ki‡e, †hgb t Awg †Zvgvi Rvgv cQ›` Kvi|**	**8 gvm**	
85	■	(🗣) Ab‡iva Ki‡j g‡L kã D"PviY bv K‡i wdm wdm K‡i K_v ej‡e|	**28-47 gvm**	
	■π●			

bs ` A ZvwjKv **eqm**

e¨envi‡ii

Kvh¶gZv

■π● fve cKvkv (🗣) n¨v bv/ev

†kvbv / †evSv (👂)

mvnvh¨

wb‡q

86.	■	**(👂) ck Ki‡j mwVK fv‡e Reve v`‡e ÒZvg wK v`‡q ïb‡Z cvIÓ**	29 gvm	
87.	π	(🗣) GKwU Qwei g‡a¨ A‡bK,‡jv welq †_‡K GKwU e¯i bvg ej‡Z cvi‡e|	30 gvm	
88.	■π●	**(👂)** Ab‡iva Ki‡j K_vi m‡½ welq e¯ cwieZb Ki‡e| †hgb Òe‡mvÓ, Ò‡`ŠovIÓ|	30 gvm	
89.	■π●	(🗣) GKB avivevwnK 2wU msL¨v evi evi ej‡e †hgb t 3,4|	24 gvm	

90.	■	π	(🗣) 18 wU Qwei KvW w`‡Z n‡e, GKB ai‡Yi Qwe mw¤§wjZ| Zv †_‡K 8wU e¯i bvg ej‡Z cvi‡e, †hgb t Mvm, PvgP|	30-35 gvm	
91.	■	π	**(👂) †Kvb welq e¯i KvR ev e¨envi m¤‡Ü wRÁvmv Ki‡j mwVK fv‡e Reve †`‡e| (Zvg vK w`‡q cwb LvI?)**	30-35 gvm	
92		■	**(👂) GKwU m¤ú‡K avibv cKvk K‡i t Avgv‡K GKwU ---------- A_ev 1 wU ---------- †`LvI|**	33 gvm	
93.	■	π	**(👂) Dc‡i bx‡P wcQ‡b kã ¸vj m¤ú‡K aviYv Av‡Q hv wKbv †Kvb eB †Uwe‡ji Dc‡i bx‡P wcQ‡b †i‡L †`Lv‡Z cv‡i|**		
94	■	●	(🗣) Kgc‡¶ 3 ev‡i c‡iv 1wU evK¨jvcmgvav Ki‡Z cv‡i| kãv‡_ D”PviY Ki‡e|	36 gvm	
95.	■	π	**Ab‡iva Ki‡j, †hgb t Avgv‡K GB wRwb‡mi e¨envi n‡jv, ‡m wVK gZ Zvi DËi w`‡e ev A½ f½x ev mwVK e¨env‡ii gva¨‡g e‡j †`‡e| †hgb t PvgP, wPibx, Kvc, evm)**	36 gvm	
96.	■	π	**(👂) Ab‡iv‡ai m‡½ wb‡P ev Dc‡i ZvKv‡e A_ev bx‡P †b‡g G‡mv ev †LjbvUv wb‡P iv‡Lv|**	**36 gvm**	
97.	■	π	**(👂) Ab‡iv‡ai ci RvqMv †`Lv‡e Ges wevfb wRwbm ivL‡e †hgb t ev‡·i wfZi eB ivL‡e|**	**36 gvm**	
98.		■	(🗣) **†Kb Ges wKfv‡e w`‡q wevfb ck ïi“ Ki‡e|**	**36 gvm**	
99.		■	**(👂)** ^a‡h¨i mv‡_ Mí co‡e ev ej‡e|	**36-47 gvm**	

bs `A ZvwjKv **eqm**

e¨env‡ii

Kvh¶gZv

■π● fve cKvkv (🗣) n¨v bv/ev

†kvbv / †evSv (👂)

mvnvh¨

wb‡q

100.		■	(🗣) **hLb Ab‡iva Kiv n‡e †h, Avgvi c‡o Zvg ej‡e, †mUv wZb ev‡i ej‡e †hgb t 1, 2, 3, ev 5 6 7|**	36-47 gvm	
101.	■	●	(🗣) fvel¨‡Zi Rb¨ mwVK fv‡e kã D”PviY Ki‡e, †hgb t †h‡Z n‡e, Ki‡Z n‡e|	36-47 gvm	

102.	■ π ●	(🗣) 5wU Qve †`qv n‡j Ab‡iva Ki‡j, †h GB Qve w`‡q wK n‡e Zv †m ej‡Z cvi‡e †hgb t Avgv‡K e‡jv GB Qve w`‡q wK †evSv‡Z PvB‡Q|	36-47 gvm	
103.	■	(🗣) †Kv_vq †Kb †K Ges wK fv‡e w`‡q wewfb ck ïi" Ki‡e|	36-47 gvm	
104.	■	(🗣) ck wR‡Ám Ki‡j Ò †Zvgvi bvg wK?Ó DË‡i Kgc‡¶ bv‡gi c_g I †kl A¶i ej‡e|	39 gvm	
105.	■	**(👂) †Kvb wR‡Ám Ki‡j ÒZvg wK K‡iv (¶av †c‡j, VvÛv jvM‡j ev Kvš n‡j) †m Zv ej‡e ev K‡i †`Lv‡e|**	42 gvm	
106.	■ π	(🗣) **hLb eo ej ev †QvU e‡ji Qve †`Lv‡bv n‡e Ges ej‡Z n‡e †h eo ej †KvbUv Zv n‡j ej‡e GUv eo ev GB wRvbmUv Ab¨vi †_‡K eo|**	42 gvm	
107.	■ π ●	(🗣) **c‡Z¨K w`‡bi KvR mn 3Uv Qve †`Lv‡j Ges wR‡Ám Ki‡j †h Qve‡Z wK Ki‡Q ej‡Z n‡e Zvn‡j m¤úY ev‡K¨ Zv eSv‡e|**	42 gvm	
108	■ π	(👂) Ab‡iv‡a wb‡`k Ki‡j wb‡Pi ev Dc‡ii wKQ A_ev Ab¨ wKQ welq e¯ †`Lv‡Z n‡e Ges Zvi ci †m welq e¯‡K Avevi Dc‡i wb‡Z n‡e|	42 gvm	
109.	■ π	**(👂) Ab‡iv‡a, wRnŸv, Nvo, evû, KbB Ges Av½j †`Lv‡e|**	42-47 gvm	
110.	■ π	**(👂) GKB M"‡ci 3wU e¯ w`‡j (†hgb t GKwU Rvgv I 2wU RZv) Ges ej‡Z n‡e ÒRvgvUv (†cQ‡b, cv‡k Ges gv‡S) RZvi GLv‡b iv‡LvÓ mwVKfv‡e wRvbm ,vj 3 fv‡e ivL‡e||**	**48 gvm**	
111.	■ ●	(🗣) **hLb wR‡Ámv Kiv n‡e Zvg †Kv_vq hv"Q A_ev Zvg mKvj chš wK K‡i‡Qv Z‡e 2 ev 3 k‡ã Zvi DËi w`‡e|**	**48 gvm**	
112.	■	(🗣) **mg‡qi m‡½ ck Ki‡j mwVK Reve w`‡e|**	**48-60 gvm**	

bs `A ZwjKv **eqm**
e¨envi‡i

Kvh¶gZv

■ π ● fve cKvkv (🗣) n¨v bv/ev
†kvbv / †evSv (👂)
mvnvh¨

wb‡q

113.	■	(🗣) **ZvovZwi 4 fv‡e fvlvi c‡qvM Ki‡e Ò GUv nq ---- Ges GwU -------|**	48-60 gvm	

114.	■	(🗣) Ab‡iva e¯i weeiY w`‡e †hgb t ej wPowb Kvc PvgP| m¤úY ev‡K¨ bv ej‡j Z‡e h‡_ó mgq wb‡q eS‡Z †Póv Ki‡e|	54 gvm	
115.	■ π	(👂) 6 wU Qwe w`‡Z n‡e (3Uv wfb GK iKg Ges 3Uv wfb Qwe GKiKg) hLb wR‡Ám Ki‡e †h Ò Avgv‡K ---- wRwbmUv `vI GUv GKB iKg Ges Avevi Ges Avgv‡K wfb iK‡g wRwbm `vI Zvn‡j mwVK fv‡e me e¯ Reve w`‡e|	60-71 gvm	
116.	■ π	(🗣) 3 Uv e¯i eYbv w`‡Z ej‡j (KKi, Kvc, wPobx)- bvg ejvi m‡½ m‡½ eYbv w`‡e †hgb t KK‡ii Pvi cv Ges †ND †ND K‡i|	60-71 gvm	
117.	■ π ●	(🗣) wR‡Ámv Ki‡j †h Qwe‡Z gvnjv ev"Pv †Q‡jiv wK Ki‡Q A_ev Zviv ev¯‡e wK Ki‡Q BZ¨w`i mwVK Reve w`‡e| †hgb t †m nq ---------- Zvnviv ----- ----|	60-71 gvm	
118.	■	**(👂) me mgq mwVK fv‡e D"PviY Ki‡e|**	60-71 gvm	
119.	■	**(🗣) memgq mwVK fv‡e AZxZ eZgvb Kgv Ges fvel¨Z Kv‡ji kã c‡qvM Ki‡e|**	42 gvm	
120.	■	**(🗣) mwVK k‡ãi c‡qvM Ki‡e †hgb t Awg N‡ii ewn‡i hw"Q**	60-71 gvm	
121.	■	(🗣) wb‡Ri AwfÁZv †_‡K t MZKvj Ges AvMvgx Kvj eYbv Ki‡Z cv‡e|	60-71 gvm	
122.	■	**(🗣) memgq Awbqvg Z D"Pvi‡b AZxZ Kv‡j kã c‡qvM Ki‡e †hgb t †`Lv‡`vL, Avm Awm BZ¨w`|**		
123.	■ π	**(🗣) mwVK fv‡e GKUv Qwe †_‡K 3Uv c‡ki DËi w`‡Z cvi‡e| †hgb t Qwe‡Z †Q‡jUv wK Ki‡Q, †Uwe‡j wK Av‡Q, †m c‡o wK Ki‡e|**	**72-84 gvm**	
124.	■	**(👂) GK m‡½ 2 †_‡K 3 ai‡Yi KvR Ki‡Z Ab‡iva Ki‡j †hgb t Kvc wb‡q hv‡e, Av‡jv eÜ Ki‡e, Ges Avgvi Rvgv Avb‡e, †Ljbv Zj‡e, Zvici †Zvgvi eB cv‡e|**	**48 gvm**	

bs ` A ZwjKv **eqm**
e¨envi‡i

Kvh¶gZv

■ π ● fve cKvkv (🗣) n¨v bv/ev
†kvbv / †evSv (👂)
mvnvh¨

125. ■ π (🗣) wevfb iK‡gi Ges wevfb Pvi‡Îi 3 Uv Qwe ev e¯ (NbZj) †hgb ev· dj Mwo ej‡Z n‡e| †KvbUv eo m›`i I D¾j| 72-84 gvm

126. ■ ● (🗣) me mgq ÒAvgviÓ Ges Avgvi Øviv GB kã ¸‡jv e¨envi Ki‡e| 72-84 gvm

127. ■ π (🗣) Ab‡iv‡ai Qwe AvKv‡i D`vniY mn 3Uv wfb Qwe w`‡j †hgb t wevfb ai‡bi KK‡ii Qwe, PvgP Mvox BZ¨vw`i Qwei mvaviY bvg ej‡Z cvi‡e| 72-84 gvm

128. ■ π (🗣) GKB jvB‡bi 4 Uv M"‡ci wRwbl mwVK fv‡e wPb‡Z cvi‡e| 72-84 gvm

129. ■ π (🗣) is mn wRwbl w`‡j †hgb t mv`v Kv‡jv jvj †Mvjvwc ej‡Z cvi‡e| 72-84 gvm

130. ■ (🗣) Ab‡iv‡a 3Uv evK¨ ej‡e Ges mwVK fv‡e Zv‡`i mebvg e¨evni Ki‡e, †hgb t bi MZKvj †LjvQj, -------- †m MZKvj †L‡jvQ‡jv ev"Pviv KvR Ki‡Q ----- Zviv KvR Ki‡Q| 72-84 gvm

131. π (👂) 2 Uv e¯ Ges GKUKiv mv`v KvMR w`‡j Ab‡iv‡a Zv Avjv`v Ki‡e, Ges 1 Uv e¯ KvM‡Ri gvSLv‡b ivL‡e, Zvici Avi GKvU e¯ Zvi mvgvb ivL‡e Ges c‡i Avevi 2 Uv e¯ Avjv`v Ki‡e| 84 gvm

†mbmix - gUi cwigvc

eqm t 0-84 gvm

bs k ` A ZwjKv **eqm**

e¨envi i i

Kvh¶gZv

■ π ● n¨v

bv/ev

mvnvh¨

wb‡q

wi‡d·

0-23 gvm

1.	G‡mwgwU‡Kj UwbK †bK wi‡d· t hLb wcQb wdi‡e ZLb m‡½ m‡½ nvZ I cv †mvRv K‡i w`‡e, Ab¨ †KD gv_v Nwi‡q GKw`‡K wb‡q Avm‡j m‡½ m‡½ g‡L w`‡Ki nvZ I cv j¤v Ki‡ Ges wecixZ w`‡K nvZ I cv Aí fvR Ki‡e|	0-5 gvm	
2.	†mwgwUK¨vj UwbK †bK wi‡d· t hLb †cU cix¶‡Ki †Kv‡j ivL‡e, gv_v mvg‡b KvZ n‡e, nvZ fvR Ges cv j¤v n‡e| ZLb gv_v wcQ‡bi w`‡K N‡i †gi"`‡Ûi w`‡R hv‡e, nvZ †mvRv Ges cv fvR n‡e|	0-5 gvm	
3.	g‡iv wi‡d· t hLb wcQb wd‡i ï‡e m‡½ m‡½ gv_v fvR Ki‡e nVvr †Rvi‡jv k‡ãi Rb¨ (†hgb gv_vi wcQ‡b nvZ Zwj w`‡e) ZLb nvZ j¤v n‡e A_ev f‡qi Kvi‡Y kix‡ii wewfb As‡k bovPov n‡e|	0-6 gvm	
4.	Mvd wi‡d· t cix¶K ZRbx w`‡q Zvj‡Z Pvc w`‡j m‡½ m‡½ Av½j ¸wj cix¶‡Ki ZRbxi Pwiw`‡K eÜ Ki‡e|	0-6 gvm	
5.	j¨vÛ wi‡d· t hLb cix¶‡Ki nv‡Zi Dci Dci n‡q ï‡e (nvZ Aek¨B gwU †_‡K Dc‡i _vK‡e) Ges nvZ †c‡Ui Dc‡i _vK‡e, ZLb gv_v, †cQb Ges cv †mvRv n‡e|	3-20 gvm	
6.	‡bK ivBwUs wi‡d· t hLb gv_v GKw`‡K N‡i _vK‡e, Kva Ni‡e Ges m¤úY kixi _vK‡e gv_v †Nviv wb‡`k eivei|	4 gvm eq‡mi ci	
7.	**ewW ivBwUs wi‡d· t ¯vfweK †kvqv Ae¯vq kix‡ii m‡½ hLb GK cv fvR Ges N‡i _vK‡e ZLb Dco n‡e h_vµ‡g kix‡ii gvS Ask, Zvici eK Ges Zvici gv_v|**	4 gvm eq‡mi ci	
8.	†cv‡UKwUf d‡ivqvW wi‡d· t ZLb wkï‡K gwU †_‡K a‡i Dc‡i D‡Vv‡j Ges mvg‡b SK‡e ZLb wkïwU mvg‡bi w`‡K Av½j I nvZ †mvRv K‡i nv‡Zi Dci fi †`Iqi †Póv Ki‡e|	5 gvm eq‡mi ci	

bs k ` A ZwjKv **eqm**
e¨envi‡i

Kvh¶gZv

■ π ● n¨v

bv/ev

mvnvh¨
wb‡q

9.	†cv‡UKwUf mvBW Av‡qm G·‡Ubkb t hLb emv Ae¯vq GK nvZ w`‡q mvg‡b av°v w`‡e m‡½ cv `wU †mvRv n‡e, †jvK evû KbB nvZ Ges Av½j †mvRv Ki‡e †hb Zvj Ges Av½j w`‡q IRb wb‡Z cv‡i|	5 gvm eq‡mi ci	
10.	e¨vKIqvW †cv‡UKwUf G·‡Ubkb t cv Qwo‡q emv Ae¯v †_‡K †cQbw`‡K av°v w`‡e, m‡½ cv †mvRv Ki‡e, wcQ‡bi w`‡K †mvRv n‡e Ges kix‡ii IRb †mB nv‡Zi Dci wb‡e|	6 gvm Av‡M	

nv‡Zi `¶Zv

0-71 gvm

1.	nvZ w`‡q k³ fv‡e wRwbm ai‡e|	**1-2 gvm**	
2.	A‡bK †Póvi ci †Kvb wRwbm ai‡Z cvi‡b	2-3 gvm	
3.	wbqwgZ fv‡e nvZ g‡L w`‡e|	0-6 gvm	
4.	nvZ evKv K‡i †Kvb wRbm ai‡e|	3 - 4 gvm	
5.	wRwbm ai‡e Ges Zv g‡L w`‡e|	3-4 gvm	
6.	5 ‡m‡K‡Ûi †ekx mgq a‡i †Kvb wRwbm a‡i ivL‡Z n‡e|	4-5 gvm	
7.	**c_g Ae¯vq †Kvb †Svjv‡bv e¯ ai‡Z Ges nvZ w`‡q †mB e¯ †Nviv‡Z n‡e|**	4-5 gvm	
8.	GK wRwbm ci ci `B nv‡ZB a‡i ivL‡Z cv‡i	4-5 gvm	
9.	wbqwgZfv‡e `B Zvn w`‡q †Kvb wRwbm (†hgb t †evZj) a‡i ivL‡Z cv‡i|	4-5 gvm	
10.	Av½j I e‡ov Av½j ci c‡ii wecix‡Z †i‡L wRwbm ai‡Z cv‡i|	4-5 gvm	
11.	†Kvb e¯ †Nviv‡bvi mgq KewR †Nviv‡Zv|	**5-6 gvm**	
12.	Kv‡ci nvZj a‡i Dc‡i DVv‡Z n‡e|	**5-6 gvm**	
13.	GK nvZ †_‡K Ab¨nv‡Z e¯ e`jv‡Z n‡e|	**5-6 gvm**	

` A Zwj Kv **eqm**

e¨envi‡ii

Kvh¶gZv

■ π ● n¨v

bv/ev

14.	†Ljvi mgq e¯ GKm‡½ kã Ki‡Z n‡e|	**5-6 gvm**	
15.	e×v½ix Øviv †Kvb wRwbm ai‡Z n‡e hv Av½j ¸wji wecixZ n‡e|	5-6 gvm	
16.	nvZ w`‡qB †Ljvi mgq gv‡S eivei `vM cvi Ki‡Z n‡e|	**5-6 gvm**	
17.	wPgwU w`‡q 1/4 BwÂi †P‡q I †QvU e¯ ai‡Z n‡e|	7 gvm	
18.	mg¯ nvZ w`‡q big †Ljbv †gvPiv‡Z n‡e|	7 gvm	
19.	KvMR †Qov wkL‡Z n‡e|	9-10 gvm	
20.	GKvKx †QvU e¯ †Kvb cv‡Îi wfZi †djv‡Z n‡e|	10-11 gvm	
21.	memgq GKnv‡Z wRwbm Ges Ab¨nv‡Z †mB wRwbm †djv‡Z n‡e|	12-15 gvm	
22.	**GKUvi ci GKUv wRwbm mwR‡q Ges bwg‡q ivL‡Z n‡e|**	11-12 gvm	
23.	KvM‡Ri Dci †cwÝj ev Ab¨ †Kvb wjLvi e¯ w`‡q ˆewPÎ¨ wKQ AvK‡Z n‡e|	12-15 gvm	
24.	1 BwÂ e¨v‡mi wQ` w`‡q 3 ev Z‡ZwaK e¯ GKwU cv‡Îi wfZi ivL‡Z n‡e|	13 gvm	
25.	2 Uv mvaviY AvKwZ w`‡q †ev‡W †ev‡W ivL‡Z n‡e|	15 gvm	
26.	†evZ‡ji gL Ljv‡Z n‡e|	**24 gvm**	
27.	†cwÝj w`‡q AvK‡Z ej‡j †Kvb wKQ wjL‡Z ev AvK‡Z cvi‡e|	**24 gvm**	
28.	Kv`vgwU fvR, Uvbv ev j¤v Ki‡Z Drmwn‡Z Ki‡Z n‡e|	**24 gvm**	
29.	†Mvj AvKwZ AvK‡Z Drmwn‡Z Kiv‡Z n‡e Ges †mB iKg AvK‡Z n‡e hv m¤úY †Mvj n‡e|	**24-30 gvm**	

` A Zwj Kv
e¨envi

eqm

Kvh¶gZv

30.	hLb KvMR †`Iqv n‡e mv‡_ mv‡_ †Mvj Ges †dvUv wPý AsKY Ki‡Z n‡e|	**24-30 gvm**	
31.	hLb †cwÝj †`Iqv n‡e, Av½j w`‡q Zv ai‡e|	39 gvm	
32.	hLb iwOb †cwÝj †`Iqv n‡e j¶ _vK‡e †mB †cwÝj w`‡q AvKv Qwe‡K is Kiv‡Z n‡e|	**5-6 gvm**	
33.	†Ljbv, Ab¨vb¨ mvgMx w`‡q †Lj‡Z n‡e|	48 gvm	
34.	k³ K‡i `woi wdZv evav‡Z (†hgb RZvi wdZv) n‡e|	48-60 gvm	
35.	GK †KvYv †_‡K Ab¨ †KvYv chš KvMR w`‡q fvR ^Zix Ki‡Z n‡e| Pwe w`‡q Zvjv Lj‡Z n‡e|	60 gvm	

†Mvm gUi

0-84 gvm

1.	hLb †c‡Ui Dci fi w`‡q Dco Kiv n‡e, nvZwb †_‡K 1,2 BwÂ Dc‡i ivL‡Z n‡e Ges 3 †m‡K‡Ûi Rb¨ a‡i ivL‡Z n‡e|	**0-1 gvm**	
2.	hLb GKw`‡K ï‡q _vK‡e, N‡i Dco n‡e (Aek¨B wb‡R Ki‡Z n‡e, gnvKl G‡¶‡Î kix‡ii bvovPvov wbqšb Ki‡ebv)|	0-1 gvm	
3.	cix¶‡Ki Kv‡a gv_v Dco K‡i w`‡q wKQ¶Y a‡i ivL‡Z n‡e|	**1 gvm**	
4.	4†c‡Ui Dci fi w`‡q ivL‡e d‡j nvgv¸wo w`‡e m‡½ GKcv fvR n‡i Ab¨ cv †mvR n‡e|	1 gvm	
5.	wcQb wd‡i _vK‡j ev Kva DP Ki‡j gv_v Gw`K Iw`K Niv‡e hLb wcQb wd‡i I‡e ev j¤vj¤ Ki‡j|	1 gvm	
6.	hLb cix¶‡Ki Kva j¤v j¤ fv‡e ai‡e, gv_v 3 †m‡K‡Ûi Rb¨ †mvRv fv‡e a‡i ivL‡e|	60 gvm	

` A Zwj Kv **eqm**
e¨env‡ii

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

7.	N‡ii w`‡K Av‡jvi w`‡K †PvL ev gv_v †Nvi v‡e hv wKbv 5 †m‡K‡Ûi Rb¨ Ges `iZ n‡e 18 BwÂ|	**1 gvm**	
8.	hLb wcQ‡bi w`‡K S‡j ivLv n‡e ZLb gv_v 2 †m‡K‡Ûi Rb¨ Z‡j ivL‡e|	2 gvm	
9.	†c‡Ui Dci fi w`‡q ivL‡j gv_v 2 BwÂ gwU †_‡K Dc‡i _vK‡e Ges 4 †m‡K‡Ûi Rb¨ a‡i ivL‡e|	**2 gvm**	
10.	†c‡Ui Dci fi w`‡q mg¯ kixi gv_v eivei Swj‡q ivL‡e|	2 gvm	
11.	hLb emv Ae¯vq mvnvh¨ wb‡q hv, ZLb gv_v 15 †m‡K‡Ûi Rb¨ †mvRv f v‡e a‡i ivL‡e|	2-4 gvm	
12.	†c‡Ui Dci fi w`‡q gv_v Swj‡q ivL‡e, mg¯ kixi gv_v eivei 10 †m‡K‡Ûi Rb¨ a‡i ivL‡e|	3 gvm	
13.	hLb †mvRv n‡q nvUi Dci fi w`‡e, `-cv k³ †Kvb RvqMvq _vK‡e|	3 gvm	
14.	gwôQvov †h †Kvb wRwbm aivi †Póv Ki‡e|	3 gvm	
15.	**†c‡Ui Dc‡i fi w`‡e, kixi †Kvb i¡c mvnvh¨ Qvov N‡i Dco n‡e|**	3-4 gvm	
16.	hLb emv Ae¯vq †Kvgo Ave× _vK‡e gv_v †mvRv Ges w¯i _vK‡e, kixi Dc‡ii w`K a‡i ivL‡e 4 †m‡K‡Ûi Rb¨	3-4 gvm	
17.	N‡i wcQb †_‡K cvk wdi‡e, hLb wcQb wd‡i _vK‡e|	13 gvm	
18.	hLb evmv †_‡K Dc‡i DV‡e (†mvRvmwR eivei) gv_v ZLb †mvRv _vK‡e Ges wcQb †mvRvmwR eivei _vK‡e|	15 gvm	
19.	Dco n‡q _vK‡e hLb nvZ ewn‡ii w`K †mvRv K‡i w`‡e|	**5 gvm**	
20.	†Kvb iKg ewn‡ii mvnvh¨ Qvov em‡e Ges Kgc‡¶ 30 †m‡KÛ gv_v †mvRv ivL‡e|	**5 gvm**	
21.	cv †mvRv K‡i `vov‡e, Ges GK ev `B nv‡Zi Dci fi w`‡q wb‡Ri IRb wb‡e hv 10 †m‡K‡Ûi g‡a¨ Ki‡Z n‡e|	**6 gvm**	

` A Zwj Kv **eqm**
e¨env‡ii

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

22.	hLb †c‡Ui Dci fi w`‡q eK, gv_v Dc‡i Z‡j ivL‡e Ges 10 †m‡K‡Ûi Rb¨ nvZ †mvRv K‡i kix‡ii IRb wb‡e|	**6 gvm**	
23.	wcQb wd‡i ï‡e Ges †Kvb iKg mvnvh¨ Qvov Ni‡e|	6 gvm	
24.	hLb mvnvh¨ wb‡q em‡e, gv_v I wcQb 6 wgwb‡Ui Rb¨ †mvRv ivL‡e|	**6 gvm**	
25.	Dci n‡q ï‡q, `B ev GK-cv †mvRv K‡i Z‡j Ges nvZ w`‡q cv ai‡e|	6 gvm	
26.	hLb mvnvh¨ wb‡q `vov‡e 30 †m‡K‡Ûi Rb¨ cv †mvRv K‡i kix‡ii IRb wb‡e Ges †mB Ae¯vq em‡e I DV‡e|	6gvm	
27.	hLb mvnvh¨ wb‡q em‡e A_ev †c‡Ui Dci fi w`‡q ï‡e, ZLb 180 wWMx †Ljbvi g‡Zv Ni‡e|	6 gvm	
28.	hLb †U‡b `vo Kiv‡bv n‡e ZLb, †Kvb Avmevecî a‡i `vov‡e|	6-8 gvm	
29.	emv Ae¯vqt †Kvbiƒc mvnvh¨ Qvov 15 †m‡K‡Ûi Rb¨ gv_v I wcQbw`K †mvRv ivL‡e|	7 gvm	
30.	**wcQb wd‡i, gv_v gwU †_‡K 2 BwÂ Dc‡i DVv‡e Ges 5 †m‡K‡Ûi Rb¨ Gfv‡e a‡i ivL‡e|**	3-4 gvm	
31.	ewn‡ii mvnvh¨ Qvov †U‡b em‡e, DP n‡q, †mvRvfv‡e 1 wgwb‡Ui g‡Zv _vK‡e|	7-8 gvm	
32.	mvnvh¨ Qvov em‡e, kixi gvSLvb †_‡K 45 wWMx Niv‡e Ges cvk wd‡i kix‡i fvimvg¨ bv nvwi‡q †Kvb wRwbm ai‡e|	8 gvm	
33.	mvnvh¨ Qvov em‡e, wcQb †mvRv †i‡L mvg‡b †_‡K †Ljbv Z‡j wb‡e Ges fvimvg¨ bv nvwi‡q ev gv_vi fvimvg¨ wVK †i‡L ceeZx Ae¯vq wd‡i hv‡e|	9 gvm	
34.	15 †m‡K‡Ûi Rb¨ nvgv¸wo fv½‡Z _vK‡e Ges nvZ I cv chvq µ‡g bvov‡e wKš m‡½ m‡½ c‡o hv‡e|	**9 gvm**	
35.	nvZ Pvwiw`‡K mgvb fv‡e KvR Ki‡e|	**9 gvm**	

36.	mvnvh¨ wb‡q `vov‡Z n‡e| 1 BwÂ †_‡K 2 BwÂ gwU †_‡K cv‡qi cvZv †dj‡e|	**9 gvm**	

` A ZwjKv e¨env‡ii

eqm

Kvh¶gZv

■ π ●

n¨v

bv/ev

mvnvh¨ wb‡q

37.	fvj fvimv‡g¨i Rb¨ 10 wgwb‡Ui Rb¨ mvnvh¨ Qvov em‡e|	**9-10 gvm**	
38.	bv c‡o †c‡Ui Dci fi w`‡q mvnvh¨ Qvov emv †_‡K †kv‡e	10 gvm	
39.	1 wgwb‡Ui g‡a¨ 10 dU `iZ †h‡Z n‡e ïagvÎ nvgv¸wo w`‡q|	**10 gvm**	
40.	nvZ a‡i 1 wgwb‡Ui g‡a¨ `k K`g †n‡U †h‡Z n‡e	10-11 gvm	
41.	GK nvZ a‡i 30 †m‡K‡Ûi g‡a¨ 5 K`g †n‡U †h‡Z n‡e|	11 gvm	
42.	evwn‡ii mvnvh¨ Qvov GK wgwb‡Ui g‡a¨ `vov‡Z n‡e Ges kix‡ii fvimvg¨ evRvq ivL‡e|	6 gvm	
43.	†Kvb iKg mvnvh¨ Qvov †kvqv †_‡K em‡e A_ev AvmevecÎ †U‡b 15 †m‡K‡Ûi Rb¨ em‡e|	12 gvm	
44.	Nvgv¸wj fw½‡Z mvg‡b GwM‡q hv‡e (20 †m‡K‡Û 10 dU `i"Z)	12 gvm	
45.	**cvk wd‡i AvmevecÎ a‡i nvU‡e Kgc‡¶ 15 †m‡KÛ 5 K`g hv‡e|**	12-13 gvm	
46.	†Kvb iKg mvnvh¨ Qvov nvU‡Z fi w`‡q 2 wgwbU _vK‡e|	12-15 gvm	
47.	†Kvb iKg mvnvh¨ Qvov 30 †m‡K‡Ûi g‡a¨ 10 K`g †n‡U †h‡Z n‡e, cv Qov‡bv Ae¯vq nvU‡e d‡j fvimvg¨ fvj n‡e|	13 gvm	
48.	mvnvh¨ Qvov `vov‡e, mvg‡b S‡K †QvU e¯ Zj‡e Ges †KvbiKg bv c‡o ceeZx Ae¯vq wd‡i hv‡e|	14 gvm	
49.	15 †m‡K‡Ûi g‡a¨ Wvb †_‡K evg cvk wd‡i nvU‡e|	**15 gvm**	
50.	†Kvb iKg bv c‡o 30 †m‡K‡Ûi g‡a¨ wcQb w`‡K 3 K`g nvU‡e|	**15 gvm**	

51	GK cv‡q `vov‡e Ges GKnvZ w`‡q †Kvb wRwbm aiv Ae¯vq bv c‡o 10 †m‡KÛ _vK‡e|	**9 gvm**	

` A Zwj Kv
e¨env‡ii

eqm

Kvh¶gZv

■ π ●
bv/ev

n¨v

mvnvh¨
wb‡q

52.	†Kvb iKg mvnvh¨ bv wb‡q `B cv cvkvcvwk 2 BwÂ e¨v‡mi nvUvi †evW-G †dj‡e|	**18 gvm**	
53.	†`Š‡o 15 †m‡KÛ ev Zvi I Kg mg‡qi g‡a¨ 10 dU †h‡Z n‡e, m¤eZt †PvL gwU‡Z wbweó K‡i †`Šov‡Z n‡e|	18 gvm	
54.	†n‡U 30 †m‡K‡Ûi g‡a¨ 20 K`g †h‡Z n‡e, cv †dj‡e Kv‡ai `iZ Abmv‡i|	**18 gvm**	
55.	‡QvU †Pqv‡i e‡m cv‡ki w`‡K †n‡j _vK‡e|	18-23 gvm	
56.	†Kvb iKg fvimvg¨ bv nwi‡q, eo e¯ wb‡q †n‡U Kgc‡¶ 10 dU †h‡Z n‡e|	18-23 gvm	
57.	av°v w`‡q Ges †U‡b eo †Kvb e¯ (†Ljbv ev·) Zj‡Z n‡e| 10 dU †h‡Z n‡e|	18-23 gvm	
58.	†Kvb iKg mvnvh¨ Qvov mwVKfv‡e cwigvcKZ †Pqv‡i em‡e Ges DV‡e|	18-23 gvm	
59.	3 dU `‡i 3 BwÂ e¨v‡mi ej Qo‡Z n‡e|	19-23 gvm	
60.	**hLb ejUv †mvRvmwR cv‡qi mvg‡b _vK‡e| gwU †_‡K cv `‡q jw_ †g‡i 90 e¨v‡mi ej Kgc‡¶ 3 dU `‡i †dj‡Z n‡e|**	19-23 gvm	
61.	bv c‡o †`Š‡o mvg‡b w`‡K 10 dU hv‡e, †`Š‡o †Mvowj Av½‡j Dci fi w`‡q nvU‡e|	19-23 gvm	
62.	†Kvb iKg mvnvh¨ Qvov †Pqvi †_‡K bx‡P bvg‡e, mvavibZ t Pvi`w`K †_‡K N‡i gL eivei, Avm‡e cv gwU‡Z †djvi Av‡MB|	21 gvm	
63.	20 †m‡K‡Ûi g‡a¨ wcQb wd‡i wKQ¶‡Yi Rb¨ `vov‡e (c_g cvk wd‡i `vov‡e Ges nvZ w`‡q a‡i `vov‡bvi †Póv Ki‡e|	22 gvm	

64.	`wo w`‡q a‡i PvKv h³ †Ljbv Kgc‡¶ 10 dU `‡i †dj‡e| hLb †Ljbv `‡i †dj‡e ZLb GKevi wcQb nvU‡e A_ev mvg‡bi w`‡K ZvKv‡e Ges †Ljbv wcQb †_‡K Uvb‡e|	**24-29 gvm**	

` A ZvwjKv e¨envi‡ii

eqm

Kvh¶gZv

■π● n¨v

bv/ev

mvnvh¨ wb‡q

65.	†Kvb iKg mvnvh¨ Qvov cv‡qi Av½j w`‡q Kgc‡¶ 3 K`g hv‡e Ges †Mvovjx gvwU ¯úk Ki‡e bv|	**25 gvm**	
66.	`vM wPwýZ N‡i nvU‡e (1BwÂ, 10 dU) mvaiYZ GKcv‡q `vM eivei nvU‡e A_ev wKQUv `iZ wb‡q 2 K`g hv‡e 6 BwÂ `iZ cici| 10 dU `i"‡Z †n‡U †h‡Z n‡e|	18 gvm	
67.	5 dU `‡i †Kvb †jv‡Ki Kv‡Q 6Ò e¨v‡mi ej Q‡o gvi‡Z n‡e| ej Wc w`‡h ev †h fv‡eB †nvK †jv‡Ki Kv‡Q †h‡Z n‡e|	**25-30 gvm**	
68.	2Ò nvUvi †iv‡Wi Dci †n‡U †h‡Z n‡e, AvcvZZ ‡Kvb iKg bv c‡o 2 K`g hv‡e|	25-30 gvm	
69.	mgvb RvqMvq 1 wgwb‡U 10 dU `iZ wcQ‡bi w`‡K †n‡U †h‡Z n‡e| c_g K‡qK avc †`L‡e wKš cieZx‡Z cv‡qi w`‡K bv †`‡L nvU‡Z n‡e|	25-30 gvm	
70.	D‡V `vwo‡q 9 BwÂ e¨v‡mi ej Kgc‡¶ 3 dU `i‡Z cv w`‡q gvi‡e Ges cv w`‡q ej gvivi mgq †Kvb iKg _vKv hv‡e bv|	27 gvm	
71.	†g‡S‡Z e‡m 9 BwÂ e¨v‡mi ej Mwo‡q 5 dU `i"‡Z cix¶‡Ki Kv‡Q w`‡e|	27 gvm	
72.	†Kvb iK‡gi mvnvh¨ Qvov GK cv‡q jvd w`‡q 10 †m‡K‡Û 3 avc †h‡Z n‡e| Ab¨ cv gvwU‡Z †dj‡ebv|	30	

73.	**10 ‡m‡K‡Ûi Rb¨ †`qv‡j fi w`‡q GK c‡q `wo‡q _vK‡e|**	30 gvm	
74.	bv c‡o 4 dU ev Zvi I Kg `i‡Z DP wRwbl †Kvb iKg bv a‡i wmwo w`q Dc‡i DV‡e|	30-35 gvm	
75.	15 †m‡K‡Ûi Kg mg‡q †Kvb iKg bv N‡i Dco n‡q †kvqv †_‡K `vov‡e G‡¶‡Î mvnv‡h¨i Rb¨ nvZ e¨envi Ki‡e|	30-36 gvm	
76.	mgvšivj wmwo w`‡q (8 BwÂ dvK _vK‡e) Ges 8 †_‡K 10 dU wmwo w`‡q †Kvb iKg jvB‡bi ewn‡i bv wM‡q nvU‡e|	30-36 gvm	
77.	GKnvZ w`‡q e‡m ev `wo‡q †Kvb wRwbm ai‡e Ges Ab¨ nvZ w`‡q fvimg¨ ivL‡e|	**30-36 gvm**	

` A Zwj Kv e¨envi‡i

eqm

Kvh¶gZv

■ π ●

n¨v

bv/ev

mvnvh¨ vb‡q

78.	6 BwÂ e¨‡mi ej 5 dU `i †_‡K ai‡Z n‡e| nvZ †mvRv †i‡L `B †_‡K wZb evi G fv‡e ej ai‡Z n‡e| gv‡S gv‡S ej nv‡Zi dvK w`‡q c‡o hv‡e|	**30-36 gvm**	
79.	†Kvb iKg bv c‡i †`Šov‡Z n‡e| GK evi _vg‡j Avevi †`Šov‡e| ïagvÎ _vg‡Z ej‡j m‡½ m‡½ _vg‡e|	31-36 gvm	
80.	Kix i‡e GKw`‡K Aí Nwi‡q emv †_‡K D‡V `vov‡e Ges `B nvZ mvnv‡h¨i Rb¨ e¨envi Ki‡e|	**36 gvm**	
81.	15 †m‡K‡Û wcQ‡bi w`‡K †n‡U 8 avc hv‡e, nvUv Le mn‡R Ges fvj fv‡e †kl Ki‡Z n‡e|	36 gvm	
82.	†Kvb iKg mvnvh¨ Qvov GK cv‡q 5 †m‡K‡Ûi Rb¨ `wo‡q _vK‡Z n‡e|	42 gvm	
83.	1 dU `i“‡Z 2 cv 30 †m‡K‡Ûi Rb¨ `wo‡q _vK‡e Ges cv‡qi Av½‡ji Dci fi w`‡q fvimvg¨ ivL‡e|	27 gvm	
84.	5 dU `i“Z †_‡K 6 BwÂ e¨v‡mi ej Qo‡Z n‡e Ges j‡¶¨ †cŠQv‡Z n‡e|	42 gvm	

85.	2 BwÂ †ev‡Wi Dci w`‡q †Kvb iKg mvnvh¨ Qvov Ges gwU‡Z cv ¯úk bv K‡i 8 K`g †n‡U †h‡Z n‡e|	42-47 gvm	
86.	**3 wgwbU a‡i kix‡i †`vjv‡e Ges cv w`‡q wb‡Ri fvimvg¨ wVK ivL‡e|**	48 gvm	
87.	†Kvb iKg mvnvh¨ Qvov e‡ov Av½‡j i Dci fi w`‡q 10 wdU †`Š‡o hv‡e (†Mvovjx e¨envi Ki‡e bv)|	48-60 gvm	
88.	12 dU `iZ chš 9.5 BwÂ e¨v‡mi ej gv_vi Dci w`‡q `B nvZ w`‡q Qi‡e ej 12 dU `‡i wM‡q gwU ¯úk Ki‡e|	30-36 gvm	
89.	k³ RvqMvi Dci 1 nvZ w`‡q a‡i 10 †m‡K‡Ûi Rb¨ 1 cv w`‡q kix‡ii fi ivL‡e|	60 gvm	
90.	Niš RvqMvq kix‡ii fvimvg¨ wVK ivL‡e|	**60 gvm**	

`A Zwj Kv e¨envi‡i

eqm

Kvh¶gZv

■ π ●

n¨v

bv/ev

mvnvh¨ wb‡q

91.	1 nvZ w`‡q 15 dU `i‡Z 3 BwÂ e¨v‡mi Qi‡e|	**61-71 gvm**	
92.	`B †_‡K 3 evi †Qvovi ci 5 dU `iZ †_‡K 9 BwÂ e¨v‡mi ei ai‡Z cv‡i KbB †`‡ni gvS eivei G‡b|	60-71 gvm	
93.	7 dU `i“‡Z 6 BwÂ e¨v‡mi ej `B nvZ w`‡h Qi‡e Ges ej wU Aek¨B GKevi gwU‡Z Wc Lv‡e|	**61-71 gvm**	
94.	4 †_‡K 6 †m‡K‡Ûi g‡a¨ †PvL †Lvjv †i‡L 1 cv‡q kix‡ii fi wb‡e| ZLb `B e‡Ki Dci fvR K‡i ivL‡e|	61-71 gvm	
95.	†Uwbm ej Wc w`‡q nvZ w`‡q ai‡e| 4 ev‡ii g‡a¨ 2 evi nvZ w`‡q ej ai‡Z n‡e|	42 gvm	
96.	5 dU `i“Z †_‡K 6 BwÂ e¨v‡mi D‡ivš ej ai‡Z n‡e| ZLb nvZ †mvRv mwR fv‡e kix‡ii m‡½ _vK‡e|	66 gvm	

97.		†h nvZ w`‡q ej Qo‡e †mB w`‡K GK cv wcQ‡b S‡KZvi ci wecixZ w`‡K 1 cv GwM‡q (3 BwÂ) ejwU Q‡o w`‡e|	72 gvm	
98.		GK av°v‡ZB gwU †_‡K DVvi †Póv Ki‡e|	72 gvm	
99.		**†PvL eÜ K‡i GK cv‡qi Dci fi w`‡q 7 †_‡K 8 †m‡KÛ _vK‡Z n‡e|**	72-84 gvm	
100.		5 dU `i †_‡K 6 BwÂ e¨v‡mi ej Iqvj †_‡K wd‡i Avm‡e Ges Zv ai‡Z n‡e|	72-84 gvm	
101.		2 †m‡K‡Ûi Rb¨ †Kvb iKg bv c‡i †mvqv †_‡K wcQb wd‡i `vov‡Z n‡e|	84 gvm	

^`bw›`b KvR Kg (Lvevi LvIqv‡bv)
eqm t 0-71 gvm

bs k ` A Zwj Kv **eqm**
e¨envi‡i

Kvh¶gZv

■ π ● n¨v

bv/ev

mvnvh¨
wb‡q

0-71 gvm

1.		hLb Av½‡j ev wdWvi g‡L w`‡e ZLb wkï 5 †m‡K‡Ûi g‡a¨ Pl‡Z _vK‡e|	0-1 gvm	
2.		Lvevi Rb¨ A_ev ¶av †c‡j gL nv K‡i ivL‡e|	0-1 gvm	
3.	π	PvgP ev Av½j g‡L †`evi Rb¨ n¨v Ki‡e Ges wKQ cvigvb Lvevi LvIqvi †Póv Ki‡e|	1-4 gvm	
4.	π	hLb ¶`v ivM‡e ZLb 5 wgwb‡Ui g‡a¨ Lv‡`¨i cvZ a‡i ev †Lj‡Z AvMnx †`Lv‡e|	2-5 gvm	
5.	π	5 ev‡ii g‡a¨ 3 evi Pvg‡P Kvco †`evi mgq ZvKv‡e|	2-5 gvm	
6.		Lv‡`¨i MÜ ev kã ï‡b gL w`‡q 5 wgwb‡Ui g‡a¨ 2 evi †VvU Kvgov‡e|	3 gvm	
7.		**10 †m‡K‡Ûi g‡a¨ g‡L big Lv`¨ wMj‡e|**	3 gvm	
8.	●	‡Kvb iKg kvm eÜ bv K‡i wMj‡e|	3-4 gvm	

9.		PvgP Qvov m¨vwijeK ev Avav k³ Lvevi Lv‡e Lv`¨ Kbv †Vv‡Ui DcwifvM w`‡q PvgP †ei n‡e bv|	3-4 gvm	
10.		Lvev‡ii Rb¨ ^Zix n‡j Lv`¨ wkï †L‡Z †c‡j Zvi kix‡ii PÂjZv ev× cvq|		
11.		g‡L Lv`¨ _vKv Ae¯vq 10 †m‡K‡Ûi g‡a¨ wRnev w`‡q Lv`¨ mvg‡b Ges wcQ‡b wb‡e|		
12.	π	hLb g‡Li mvg‡b †evZj ev Av½j †`qv n‡e ZLb `a Lvevi Rb¨ 10 †m‡K‡Ûi g‡a¨ gL w`‡h Pl‡Z _vK‡e|		
13.		`vZ ev wRnev w`‡q Kvgo w`‡q k³ wRwbm wPev‡e|		

bs k ` A Zwj Kv **eqm**

e¨envi‡i

Kvh¶gZv

■π● n¨v

bv/ev

mvnvh¨

wb‡q

14.		Kvgo w`‡q 10 †m‡Ûi Rb¨ a‡i ivL‡e Ges c‡i g‡L w`‡q Lv‡e|	5 gvm	
15.		Lvevi mgq 3 Kvg‡o dj Lv‡e|		
16.	π	GK ev `B nvZ w`‡q Kv‡ci nvZj a‡i Zj‡e Ges 5 †m‡KÛ A‡c¶ Ki‡e|	6 gvm	
17.		hLb gv evev Kvc fvZ `a †L‡Z w`‡e ZLb wkï †VvU w`‡q †U‡b wb‡e Ges 5 †m‡K‡Ûi g‡a¨ wM‡j †dj‡e|	6 gvm	
18.		gV K‡i Ges nvZ w`‡q 5 †m‡K‡Ûi Rb¨ Lvevi a‡i ivL‡e A_ev g‡L †`eviAvM chš nvZ a‡i ivL‡e|	6 gvm	
19.		Avav k³ Lvevi 10 †m‡KÛ g‡Li g‡a¨ wb‡q wPev‡Z _vK‡e|		
20.		**10 †m‡K‡Ûi g‡a¨ gL L‡j, PvgP Qvov Lvevi Lv‡e, Lvevi 5 Kvgov‡Z †kl Ki‡e|**	6 gvm	

21.	■π	Ôcvwbi Rb¨Ô Ab‡iva Ki‡j 15 †m‡K‡Ûi g‡a¨ nvZ w`‡q Kvc ai‡e|	8 gvm	
22.	π	nvZ †_‡K †QvU Kvco w`‡q Lvevi Lv‡e Ges 30 †m‡KÛ Kg c‡¶ 3 ev‡i †mB Lv`¨ g‡L w`‡e (†hgb t djmxg)	8 gvm	
23.		cvwb cvb Kivi mgq †evZj ev Kvc nvZ w`‡q ai‡e (wb‡R bvI ai‡Z cv‡i)	9 gvm	
24.		we¯‹U ai‡e, Kvgov‡e Ges g‡L wb‡q Pl‡e †Kvb iKg we¯‹U co‡e bv Ges 2 wgwb‡Ui g‡a¨ 3 Kvgo w`‡e|	**9 gvm**	
25.	π	PvgP w`‡q Lvevi mgq PvgP ai‡Z PvB‡e|	**9 gvm**	
26.		†VvU k³ K‡i eÜ Ki‡Z n‡e †hb jvjv bv c‡o| ïa gvÎ `vZ w`‡q Kvgov‡e| wPeK I Kvco ïKbv _vK‡e|	**11 gvm**	
27.		cQ›` mB Lvevi n‡j †VvU †b‡o Ges gL L‡j evievi kã Ki‡e| Lvevi cQ›` bv n‡j gv_v †b‡o †VvU Ges gL eÜ K‡i ivL‡e|	**11 gvm**	
28.	π	†Kvb iKg Lvevi bv c‡o nvZ w`‡q Lvevi ai‡e Ges g‡L wb‡q hv‡e|	**11-12 gvm**	
29.		g‡Li mvg‡b Mvm mn cvwb w`‡j †Kvb iKg Mvm bv a‡i cvwb cvb Ki‡e|		

bs k ` A ZwjKv e¨env‡ii **eqm**

Kvh¶gZv

■π● n¨v

bv/ev

mvnvh¨ wb‡q

30.		Av½j w`‡q Lvevi Lv‡e wb‡R Lvevi mgq k³ Lvevi LvIqvi †Póv Ki‡e|	12 gvm	
31.	●	Lvevi †Mjvi Av‡M 3 ev ZviI †ewk mgq a‡i g‡L Lvevi wPev‡Z _vK‡e|	12-13 gvm	
32.		gv Kvc ai‡Z w`‡j Kgc‡¶ 10 †m‡K‡Ûi Rb¨ †mvRv fv‡e a‡i ivL‡e|	15 gvm	
33.		A‡bK k³ Lvevi †QvU †QvU UKiv K‡i wPev‡e Ges wMj‡e †hb Amweav bv nq|	15 gvm	
34.	■π	†Kvb iKg Ab‡iva bv K‡i cvwb LvIqv †kl Ki‡j Mvm gvi Kv‡Q w`‡q w`‡e|	18 gvm	
35.				
36.		**GK nvZ w`‡q a‡i †QvU Mvm †_‡K cwb Lv‡e Ges Mvm gwU‡Z co‡e bv|**	24 gvm	

37.	π	GK A_ev 2 nvZ w`‡q Mvm Z‡j cwb Lv‡e Ges GKB fv‡e Mvm †Uwe‡j ivL‡e|	24-29 gvm	
38.	π	Kvc ev Mvm wb‡e Ges cwb w`‡q fvZ Ki‡e Zvi ci cwb Lv‡e Ges †Kvb iKg mvnvh¨ Qvov ceve¯vq ivL‡e|	24-29 gvm	
39.		hLbB ¶av cv‡e ZLbB gv‡K Lvevi †`Iqvi Rb¨ ej‡e|	24-29 gvm	
40.		hLb Lvevi †Uwe‡j em‡e ZLb GK †cU †_‡K Lvevi Lv‡e Ges Ab¨ †cU ai‡e bv|	**29 gvm**	
41.		Zij Lvevi †_‡K Av½j w`‡q k³ Lvevi Z‡j wb‡e| †hgb t fvZ, ZiKvix|	**30 gvm**	
42.		Kgc‡¶ Lvev‡ii c_g fvM wb‡R wb‡RB Lv‡e|	**30 gvm**	
43.		g‡b K‡i w`‡j gwU‡Z Lvevi Qov‡e A_ev AveRbv †dj‡e, wKš †m wRwbm Lv‡e bv|	**36 gvm**	
44.	π	2 Uv wRwbm w`‡q †Uwej mvRv‡e Ges †mB ‡Uwej mvRv‡bv wVK bvI n‡Z cv‡i|	**36 gvm**	
45.	●	wiwdj w`‡q Mvm Lvwj Ki‡e, A_ev †evZj †_‡K Kv‡c cwb Wvj‡e (Mv‡mi PvB‡Z †evZ‡j Kg cwb _vK‡e|	**45 gvm**	

bs k ` A ZwjKv **eqm**
e¨envi‡ii

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

46.		Av½j w`‡q (gwó Qvov) PvgP Kgc‡¶ GKB fv‡e 3 wgwbU a‡i ivL‡e|	48 gvm	
47.	π	Qov‡bv Ges †bvsov Lvevi c‡o _vK‡j ïa gvÎ cwi¯vi Lvevi Z‡j Lv‡e|	48 gvm	
48.		Le ZvovZwo gL I nvZ †avqvi Rb¨ cwb wb‡e| Lvevi ci nvZ I gL a‡e wKš †Kvb wRwbm g‡b Kwi‡q †`Iqv hv‡e bv|	48-60 gvm	
49.	π	bv ei‡j gwU‡Z cov Lvevi cwi¯vi ev mwi‡q †dj‡e|	54 gvm	
50.		Zij Lvevi †hgb `a LvIqvi Rb¨ nvZ w`‡q PvgP e¨envi Ki‡e|	54 gvm	

51.	●	wewfb ai‡Yi bZb Lvevi †L‡Z PvB‡e|	60-71 gvm	
52.		**bv ej‡j I Lvevi Av‡M Ges c‡i nvZ a‡e|**	72 gvm	
53.		_vevi Dc‡hvMx bq Ggb Lvevi wPb‡e Ges †d‡j w`‡e|	72 gvm	

^`bw›`b KvR Kg (ev_i“g)

0-71 gvm

1.	Kvco e`jv‡bvi ci 2 N›Uv a‡i chvqµ‡g _vK‡e|	6 gvm	
2.	wfRv Rvgv cov Ae¯vh Ab¨ iKg AvPiY Ki‡e, †hgb t wfRv Kvco †Lvjvi †Póv Ki‡e| wKš me mgq KvD‡K WvK‡e bv|	12 gvm	
3.	wfRv Rvgv Kvco †Lvjvi Rb¨ gv‡K WvK‡e|	**15 gvm**	
4.	w`‡bi †ejvq †Kvb ANUb bv NU‡j w`‡bi 90% mgq ev_i“g e¨envi Ki‡e, hLb ev_i“‡g wb‡q hvIqv n‡e|	**21 gvm**	
5.	w`‡bi 50 fvM mgq cvqLvbv Ges cmve Kivi Rb¨ WvK‡e|	**21 gvm**	
6.	hw` †Kvb cmv‡ei Amweav bv nq me mgq ev_i“g _vK‡e|	**24 gvm**	
7.	gv ev_i“‡g wb‡q †M‡j 3 wgwb‡Ui g‡a¨ ev_i“g e¨envi Ki‡e|	**24 gvm**	

bs k ` A Zwj Kv **eqm**
e¨env‡ii

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

8.		cmve Kivi Rb¨ h‡_ó mgq e¨q Ki‡e| cvqLvbv w`‡bi GKB mgq Ki‡e|	24 gvm	
9.		ev_i‡g `iKv‡i gv‡K ej‡e|	24 gvm	

10.		ev_i“‡g hvIqvi mgq Uvb w`‡q Kvco Lj‡e †hb Kvco wf‡R bv hvq|	24-29 gvm	
11.		ev_i“‡g hvIqvi Rb¨ Rvgv Kvco wVK Ki‡e †hb wf‡R ev gwU †j‡M bvq hvq|	24-29 gvm	
12.		hLb `iKvi †gv‡b Kwi‡q w`‡j nvZ Ges ev_i“g cwi¯‹vi Ki‡e|	28 gvm	
13.		Kg n‡j I 20 fv‡Mi gZ iv‡Zi †eivq cmve Ki‡e|	41-47 gvm	
14.		**wb‡R wb‡RB ev_i“g cwi¯‹vi Ki‡e|**	49-60 gvm	
15.		‡KD evav w`‡j ev_i“‡gi KvR m‡½ m‡½ eÜ K‡i w`‡e Ges KvR Kivi Av‡M †f‡e Zvi ci ev_i“g mvi‡e|		
16.		w`‡b A_ev iv‡Z, 2 mßvn GKw`b AK¯§vr cmve ev cvqLvbv Ki‡e|		

^`bw›`b KvR Kg (ev_i“g)

1.		mviv ivZ a‡i Ngv‡e, GK evi A_ev iv‡Z bvI DVv‡Z cv‡i|	0-3 gvm	
2.		mvnvh¨ wb‡q nvZ a‡e Ges ïKv‡e|	18 gvm	
3.	●	mvnvh¨ wb‡q `vZ gvS‡e|	**18-24 gvm**	
4.		iv‡Z N‡gi K_v ej‡e Ges wb‡R wb‡R N‡gi mgq wVK Ki‡e|	**24 gvm**	
5.		gv bvK cwi¯‹vi K‡i †`Iqvi mgq bvM w`‡q kã Kwi‡e|		
6.		mvnvh¨ bv wb‡q nvZ gL a‡e|	**42 gvm**	

bs k ` A Zwj Kv **eqm**
e¨env‡ii

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

7.	π	†Kvb iKg bv bó K‡i evk wfRv‡e Ges `v‡Zi gvRb jvMv‡e|	42 gvm	
8.		†Zvqvjv aivi ewn‡i †ivL‡e Ges e¨envi Kivi ci KvD‡K ej‡e bv|	48 gvm	
9.		kix‡ii mg¯ RvqMv a‡e mvevb e¨envi Ges †m RvqMv ¸‡jv gP‡e|	48-60 gvm	
10.		`vZ gvRvi Rb¨ †Póv Ki‡e wKš mvnvh Kivi Rb¨ KvD‡K jvM‡e, †h wKbv `v‡Zi Dci wbP cvk †cQb cwi¯wi Ki‡Z cvi‡e| wKš evk I `v‡Zi gvRb wb‡RB jvMv‡e|	48-60 gvm	
11.		Ab‡iva Ki‡j nvZ w`‡q a‡i bvK kã Ki‡e|	54 gvm	
12.		kix‡ii wcQb Qvov Ab¨vb¨ RvqMv ¸‡jv gQ‡e|	60 gvm	
13.		**`vZ gvRvi mgq `v‡Zi mg¯ Ask cwi¯wi Ki‡e|**	60 gvm	
14.		†Kvb iKg g‡b Kwi‡q bv w`‡j I N‡i †XvKvi mgq RZv Lj‡e|	60 gvm	
15.	π	†Kvb mvnvh¨ bv wb‡q Le m›`i fv‡e Pj AvPiv‡e|	60-61 gvm	
16.		g‡b Kwi‡q w`‡j Rvgv †_‡K gqjv wRwbm cwi¯wi Ki‡e|	60 gvm	
17.		Aí AvNvZ †c‡j †m RvqMv a‡e Ges ïKv‡e|	**66 gvm**	
18.		mvnvh¨ bv wb‡q Lvevi Av‡M nvZ a‡e Ges †Kvb †Kvb mgq Zv g‡b Kwi‡q w`‡Z n‡e|	**71 gvm**	
19.		hLb `iKvi ZLbB nvZ w`‡q bv‡K kã Ki‡e|	**71 gvm**	
20.		g‡b bv Kwi‡q w`‡j I ev_ i“g †_‡K †divi ci Ges Acwi¯wi _vK‡j nvZ a‡e|	**71 gvm**	

cv_wgK (wk¶v`vb)
eqm t 0-84 gvm

bs k ` A Zwj Kv **eqm**
e¨envi i

Kvh¶gZv

■π● n¨v
bv/ev

mvnvh¨
wb‡q

0-84 gvm

1.	■π	2 Uv GKB iKg wKš wfb AvKv‡ii wRwbm mvg‡b †i‡L, †KvbwU eo, Zv‡K wR‡Ám Ki‡j Zv †m †`Lvq (†hgb, 2 wU cvÎ ev †evZ‡j i g‡a¨ eowU)|	27 gvm	
2.	■π●	Zv‡K AcwiwPZ wRwbm ev KvR †`Lv‡j, ‡m wRwbm ev Kv‡Ri bvg wR‡Ám K‡i|	0-1 gvm	
3.	■π	hw` ejv nq, Z‡e †m ev‡·i Dc‡i, ev‡·i ‡fZ‡i ev ev·i g‡a¨ wRwbm iv‡L|	28 gvm	
4.	■π	3 Uv mvavi Y wRwbm †hgb, (†hgb, wPi"bx, PvgP, kvU) Zvi mvg‡b †i‡L, 1 Uvi KvR eYbv Ki‡j †m H wRwbmUv †`Lvq (†hgb, Avwg e¨envi Kwi, Zv w`‡q mc LvB| Avwg †Kvb wRwbmUvi K_v ejwQ?)	28-30 gvm	
5.	■	Avgiv wK w`‡q ‡`wL ? ev-wK w`‡q ïwb ?- wR‡Ám Ki‡j, †m mwVK DËi †`q|	29 gvm	
6.	■	cix¶K †Kv‡bv KvR Ki‡Z ej‡j, †m mwVK KvRB ïi" K‡i I KvR K‡i hvq (†hgb, `vovI ev `iRv eÜ Ki)|	30	
7.	π	**4 wU wevfb AvKv‡i wRwbm GK Qvei mvg‡b ivL‡j, †m g¨vP K‡i mvRv‡Z cv‡i (†hgb, KZK¸‡jv eË, KZ¸‡jv wÎfR I eM‡¶‡Î Ges eË, wÎfR I eM‡¶‡Îi Qve)|**	30 gvm	
8.	■π	hw` ejv nq, †Kvb wRwbm ev‡·i Dc‡i, wfZ‡i ev wb‡P ivL‡Z cv‡i (mwVK fv‡e 3 RvqMvq iv‡L)	30 gvm	
9.	■π	hw` ejv nq. Z‡e †Kv‡bv wRwbm g‡L ¸Y‡Z cv‡i (†hgb, GLv‡b KqUv ---- Av‡Q?)|	3-4 gvm	

bs k ` A Zwj Kv **eqm**
e¨envi i

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

10.	■ π	2 Uv wRwbm w`‡q wR‡Ám Ki‡j wRwbm¸‡jv wKfv‡e e¨envi Kiv nq Zv ej‡Z cv‡i (†hgb nwo Mvm)|	30 gvm	
11.	■ π ●	Zv‡K AcwiwPZ wRwbm ev KvR †`Lv‡j, ‡m wRwbm ev Kv‡Ri bvg wR‡Ám K‡i|	30 gvm	
12.	■ π	3 wU cwiwPwZ wRwbm (†hgb, †evZj, `iRv, weQbv) Zvi mvg‡b ivL‡j, cwZwU wRwb‡mi e¨envi wK iKg Zv e‡j ev †`Lvq|	28 gvm	
13.	■ π	6wU mvavi Y wRwbm (†hgbt †Uwej, †Pqvi, Mwo, ev ·, Pwe, Pvgg) Zvi mvg‡b †i‡L Zv‡K wRwbm¸‡jvi bvg wR‡Ám Ki‡j, 6wU wRwb‡mi cwZwUi bvg ej‡Z cv‡i|	30-35 gvm	
14.	■ ●	†Kvb Mí ejvi ci, †KD hLb Avevi Mí e‡jb, ZLb †KB nVvr †_‡g †M‡j wVK kãUv e‡j w`‡q Mí ej‡Z mvnvh¨ K‡i|	30-35 gvm	
15.	■ ●	Zvi wb‡Ri mg‡Ü Ab¨ †KD Mí ejvi mgq Zv‡K m‡hvM w`‡j, †m M‡íi m‡½ bZb K_v †hvM K‡i|	30-35 gvm	
16.	■ ●	**Zv‡K wR‡Ám Ki‡j - †K Zwg ? ev ivnvZ †K ? ZLb †m Zvi bvg e‡j (Awg) ev wb‡R‡K †`Lvq**	30-35 gvm	
17.	■	Zv‡K wR‡Ám Kiv n‡j, Zwg GKRb †g‡q / gwnjv ev GKRb †Q‡j / eq¯‹ †jvK ? †m ZLb mwVK DËi †`q|	30-35 gvm	
18.	■ π	3 Uv cwiwPZ wRwbm (†hgb Kvc, ewZ, gB) Zvi mvg‡b ivL‡j, hLb wRwbmUvi m¤ú‡K ejv nq, ZLb †m wRwbmUv wKfv‡e Zv e¨envi Kiv nq, Zv e‡j (†hgb, Avgiv wK‡m Pv LvB?)	33 gvm	
19.	■ π	GKUv Av½j †`LvI, GKUv PvgP †`LvI - G iKg ck Zv‡K Ki‡j, †m mwVK DËi ‡`q|	33 gvm	
20.	π	†Kvb Qwei eB ev cwÎKv Zv‡K w`‡j, †m mwVK w`K Dci bxP wVK †i‡L †`‡e|	**33 gvm**	
21.	■	wK Ges †Kv_vq-kã e¨envi K‡i wVKfv‡e mwR‡q †m ck Ki‡Z cv‡i|	**33 gvm**	

bs k ` A ZwjKv **eqm**
e¨envi i

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

22.	■ π	Qwei eB ev cwÎKv covi c‡i, m‡½ m‡½ ‡m Zvi cQ‡›`i wRwbm †`Lvq, A_ev mnR K_vq Qwei welq eYbv K‡i gše¨ K‡i|	30 gvm	
23.	■ π	GUv wK is ? wR‡Ám Ki‡j, †m mwVK DËi †`q|	33 gvm	
24.	■	Zv‡K _rwb †`LvI, `vZ †`LvI - ej‡j †m †`Lvq|	34 gvm	
25.	■ π	Zvi mvg‡b †Uwe‡ji Dci (cqmv), Zvi wcq †Ljbv ev Lvevi ivL‡j, †Ljbv ev Lvevi †bevi Rb¨ cqmv w`‡q †`q hw`I (hw`I `vg m¤‡Ü K‡bv aviYv †bB)|	36 gvm	
26	■ π	mgq m¤‡Ü ck Ki‡j (†hgb, mgq KZ, ev KqUv ev‡R), wkï Nwoi w`‡K ZvKvq | ZvB e‡j wkï‡K mgq ej‡Z n‡e bv|	36 gvm	
27.	■	Dc‡i ev wb‡P- †`Lv‡Z cv‡i, wb‡P - †`Lv‡Z wM‡q †m wb‡RB wb‡P †g‡S‡Z c‡o hvq Avi Dc‡i †evRv‡Z †m jvd w`‡q Dc‡i iv‡L- †hgb ejv nq, †ZgbwU K‡i|	36 gvm	
28.	■ π	**Zv‡K wR‡Ám Ki‡j, Zvi nv‡Zi Av½j, cv‡qi Av½j, †cU, nvU †`L‡Z I bvg ej‡Z cv‡i|**	36 gvm	
29.	π	Zv‡K wfb wfb is Ges / ev is †cbwmj w`‡j, †m wewfb is w`‡q is e¨evnvi K‡i Ges ïa GKUv ev `BUv is e¨envi K‡i bv|	36 gvm	
30.	■ π	Zv‡K eK I †Uwej w`‡j †m ‡Uwe‡ji Dc‡i I wb‡P eK ivL‡Z cv‡i, †mfv‡e Zv‡K ivL‡Z eiv nq|	36-42 gvm	
31.	■ π	1 Uv j¤v I 1 Uv Lv‡Uv wRwbm (†hgb, 1 Uv j¤v I 1Uv Lv‡Uv ‡cwÝj) w`‡j I Zv‡K †`Lv‡Z ej‡j, †m j¤vwU I Lv‡UvwU †`Lvq|	36-42 gvm	
32.	■ π	†QvU †QvU A‡bK wRwbm GKRvqMv‡Z †i‡L I †QvU †QvU Av‡iK RvqMv‡Z †i‡L wR‡Ám Ki‡j, †KvbUv A‡bK Ges †KvbUv Aí Ges Zdvr †evSv‡Z cv‡i|	**36-42 gvm**	

bs k ` A Zwj Kv **eqm**
e¨envi i

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

33.	■ π	Zv‡K AvVv I GK cvZv mv`v KvMR, wKQ iw½b KvMR, Qwe BZ¨vw` w`‡j, ZLb †m iw½b KvM‡Ri UKiv AvVv w`‡q jvwM‡q w`‡j, wb‡Ri gb †_‡K GKUv Qwe ^Zwi Ki‡Z cv‡i|	36-42 gvm	
34.	■ π	2 iK‡gi wRwb` w`‡j (†hgb, 5 Uv Kvc I 1 Uv †ivj), †hwU wfb iKg Zv †`Lv‡Z cv‡i|	36-47 gvm	
35.	π	GKUv Qwe‡K 7 fvM K‡i cvRj w`‡j †m †Kvb mvnvh¨ Qvov wb‡RB UKiv,‡jv GKm‡½ R‡ov K‡i m¤úY QweUv ^Zwi Ki‡Z cv‡i|	36-47 gvm	
36.	■	Zv‡K ej‡j Ab¨ †jv‡Ki mv‡_ Mvb Mvq|	36-47 gvm	
37.	■	Zv‡K †Kvb mnR Mí ej‡j, †m Le g‡bv‡hvM w`‡q †kv‡b Ges KvR A_ev g‡Li fw½‡Z ev g‡Li K_vq g‡bi fve Ges nvZ cv †b‡o Avb› cKvk K‡i|	36-47 gvm	
38.	■ π	wewfb cïi 3 Uv Qwe †`Lv‡bvi ci, Qwe mwi‡q wb‡j, †m Qwe‡Z †`Lv 1 Uv cïi bvg ej‡Z cv‡i|	36-47 gvm	
39.	■ π	**GKUv Pvi‡Kvbv GKUv †Mvj I GKUv wZb †Kvbv wRwbm ivL‡j, †m cvZvUi bvg ej‡Z cv‡i|**	36-47 gvm	
40.	■ π	2 Uv wRwbm mvg‡b †i‡L, wR‡Ám Ki‡j- KqUv wRwbm Av‡Q ? ev ej, KqUv wRwbm ----- †`LQ ? ZLb KqUv KqUv wRwbm, Zv †m ej‡Z cv‡i|	36-47 gvm	
41.	■	3 Uv msL¨v Zv‡K ej‡j, †m †kvbvi ci Zv ej‡Z cv‡i (†hgb t 3, 5, 2)	36-47 gvm	
42.	■ π	Zv‡K GKRb gvb‡li Qwe AvK‡Z ej‡j, †m gv_v I kix‡ii Av‡iKwU A½ Av‡K (†hgb t cv, nvZ, bvK) hv ¯úó †evSv hvq|	36-47 gvm	
43.	■ π	2 Uv wRwbm (1 Uv fwi †evZj I 1 Uv nvjKv †evZj) Zvi mvg‡b ivLvi ci Zv‡K wR‡Ám Ki‡j, †m g‡L ej‡Z cv‡i ev †`L‡Z cv‡i †KvbUv fwi Avi †KvbUv nvjKv|	**36-47 gvm**	

bs k ` A Zwj Kv **eqm**
e¨env‡ii

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

44.	■	π	hLb Zv‡K ejv nq- 3 Uv A¶i †iL †Zv - †m ZLb 3 Uv A¶i wjL‡Z cv‡i (†`‡L †jLvi Rb¨ †Kvb g‡Wj Zvi mvg‡b _v‡K bv)|	36-47 gvm	
45.		■	Zv‡K Zvi bvg I c`we ej‡Z ej‡j, †m Zvi bvg I c`we e‡j|	39 gvm	
46.	■	π	- hvI ejUv Av‡bv I †Uwe‡j i Dc‡i ivL- G iKg ci ci m¤úKh³ 2 Uv KvR Zv‡K Ki‡Z ej‡j, †m K‡i|	39 gvm	
47.	■	π	Zvi bv‡gi c_g A¶i Zv‡K †`Lv‡j, †mB A¶iUv †`‡L Ab¨ GKUv KvM‡R †jL‡Z cv‡i|	39-47 gvm	
48.		■	3 chš ¸Y‡Z ej‡j, D`vniY QvovB †m ¸Y‡Z cv‡i|	42 gvm	
49.		■	Kv‡Q - kã w`‡q ( †hgb, `iRvi Kv‡Q `vovI ) Av‡`k w`‡j, †m Zv K‡i|	42 gvm	
50.		■	**cv‡K nvUv nwU Ki‡Z (†hgb t `iRvi Kv‡Q `vovI) Av‡`k w`‡j, †m Zv K‡i|**	42 gvm	
51.	■	π	eo I †QvU 2 AvKwZi wRwbm Zv‡K †`wL‡q, Zv‡`i g‡a¨ †QvUwU †`Lv‡Z ej‡j, †m Zv †`Lv‡Z cv‡i (†hgb t †QvU eBwU †`LvI)	42 gvm	
53.	■	π	Zvi mvg‡b GKUv ej w`‡h Zv‡K ej‡j, - G ej m¤‡Ü wKQ eYbv Ki- †m e‡j - GUv †Mvj I eo|	42 gvm	
54.	■	π	GKUv eK I GKUv ev· Zvi mvg‡b †i‡L Zv‡K ej‡j, - eKUv ev‡·i Dc‡i wb‡P I wfZ‡i ivL, †m Zv K‡i †`Lvq|	42 gvm	
55.	■	π	Zvi mvg‡b D”PZvq eo I AvKv‡i eo wRwbm †i‡L wR‡Ám Ki‡j †m ej‡Z cv‡i †KvbwU †QvU †KvbwU eo ev DP|	**42 gvm**	
56.	■	π	4 wU wRwb‡mi 2 wU K‡i Qwe Zvi mvg‡b ivL‡j, †m GKB iK‡gi Qwe g¨vP K‡i mvRvq|	**42 gvm**	

bs k ` A Zwj Kv **eqm**
e¨env‡ii

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

57.	■ π	GKUv KvM‡R GKUv j¤v I GKUv †QvU †iLv Uvbvi ci, Zv‡K eowU †`Lv‡Z ej‡j, †m Zv †`Lvq|	42 gvm	
58.	π	is †cbwmj I †iLvq Uvbv Qwe Z‡K w`‡j, †m Qwei †iLvi wfZ‡i is Ki‡Z †Póv K‡i|	42 gvm	
59.	■ π	jvj, bxj wRwbm †`Iqvi ci Zv‡K †KvbUv jvj I †KvbUv bxj †`Lv‡Z ej‡j, †m Zv †`Lv‡Z cv‡i|	42 gvm	
60.	■ π	3 Uv wRwbm (†hgbt wPi"bx, Kvc, ev·) ci ci ivLvi wKQ mgq ci †KvbUv c_g, †KvbUv wØZxq I †KvbUv †k‡l †`Iqv n‡q‡Q, †mB wRwbmUv †m Av½j w`‡h †`Lvq ev g‡L bvg e‡i|	42 gvm	
61.	π	Zv‡K KvMR I ‡cwÝj w`‡j, m‡½ m‡½ †m 3 wU Qwe ev AvKwZ Av‡K (†hgb t †Mvj Pvi †Kv‡bv, gLgÛj, Ni, MvQ|	42-47 gvm	
62.	■	3 wU is‡qi bvg ej‡Z ej‡j, †m gb †_‡K 3 wU is‡qi bvg e‡j|	42-47 gvm	
63.	■ π	**wb‡Ri wRe, Mjv, evû I e‡ov Av½j †`Lv‡Z ej‡j, †m Zv †`Lvq|**	42-47 gvm	
64.	■ π	AvR‡K I AvR ivZ kã 2 wU mwVK fv‡e e¨envi Ki‡Z cv‡i|	42-47 gvm	
65.	■ π	`vZ, †Mvovjx, nv‡Zi bL I _rwb †`Lv‡Z ej‡j, †m Zv †`Lvq|	42-47 gvm	
66.	■ π	GKB iKg A_P †bB (†hgb t AvKvi, is I AvKwZ‡Z wfb) Ggb 3 wU cwiwPZ wRwb‡mi KZK ¸‡jv Qwe Zvi mvg‡b ivL‡j, †m GKB wRwb‡mi 2 Uv GKB iKg Qwe g¨vP Ki‡Z cv‡i (D`vniY ¯i/c wewfb is Gi ej, wewfb AvKv‡i evox wewfb i‡½i Mvwo)|	48 gvm	
67.	■ π	GKB AvKwZi wRwb‡mi wewfb AvKv‡ii (†hgb t wZbUv eo wRwbm, 3 Uv gvSwi wRwbm, 3 Uv †QvU wRwbm,) Zvi mvg‡b ivL‡j †m AvKvi Abmv‡i mvRv‡Z cv‡i|	**48 gvm**	

bs k ` A ZwjKv **eqm**
e¨envi i

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

68.	■ π	KZ¸‡jv wRwbm (†hgb t eK BZ¨vw` ) †` Iqvi c‡i Zv‡K ej‡j GB wRwbmUv HUvi Le Kv‡Q gv‡b †ev‡S I †i‡L †`Lvq D`vnY †KvbU me †P‡q Kv‡Q Zv †ev‡S|	48 gvm	
69.	■	Le ewó n‡j, Avgvi ewn‡i †h‡Z fvj jv‡M bv - G iKg A‡bK ¸‡jv k‡ãi evK¨ Zv‡K †kvbv‡j, †m 3 ev‡ii g‡a¨ †Póv K‡i wVKfv‡e ej‡Z cv‡i|	48 gvm	
70.	■	5 chš †Mv‡Yv - ej‡j, †m 5 chš †Mv‡Y|	48 gvm	
71.	■ π	1 Uv †QvU wRwbm (†hgb t PvgP, ej) †` Iqvi ci Ab¨ 2 Uv wRwb‡mi wcQ‡b, cv‡k, gv‡S I Kv‡Q ivL‡Z ej‡j, †m ivL‡Z cv‡i|	48 gvm	
72.	■ π	wewfb AvKwZi wRwbm †Uwe‡j †i‡L (†hgb t eB, ej, _vjv) Zv‡K ej‡j Pvi †KvYvUv †`LvI, †m †`Lvq|	48 gvm	
73.	■	fvB - †evb‡`i bvg ej‡j (†hgb t †K †Zvgvi fvB ? ev †Zvgvi †ev‡bi bvg wK ?) †m e‡j|	48 gvm	
74.	■	**†Zvgvi eqm KZ - wR‡Ám Ki‡j, Zvi eqm KZ eQi Zv e‡j|**	48 gvm	
75.	■ π	KZK¸‡jv wRwbm Zvi mvg‡b ivLv n‡j, Zv‡`i g‡a¨ †Kv‡bv Kv‡Ri Rb¨ ci¯úi m¤úK h³, (†hgb t KvMR I Kjg, e¨vU I ej, †evj I PvgP), 2 Uv wRwbm hv GK m‡½ hvq Ggb 2 †mU †m †`Lv‡Z cv‡i|	48 gvm	
76.	π	AvU UKivi GKUv cvRj w`‡j, †m evi evi †Póv K‡i I fj bv K‡i Zv mgvav K‡i|	48 gvm	
77.	■ π	Zv‡K 3 Uv eK ci ci mwR‡q †`Lv nj 1 Uv jvj, 1 Uv bxj, 1 Uv jvj, Ges Zvi cv GKB iK‡gi 3 Uv eK Zv‡K w`‡j, †m Av‡Mi ¸‡jvi m‡½ wgj †i‡L mvRvq (†hgb, 1 Uv jvj, 1 Uv bxj, 1Uv jvj)|	48 gvm	
78.	■ π	cix¶K 10 Uv wRwbm †MvYvi Av‡M e‡j, †kvb ---- Ges †Mvbvi c‡i e‡j, Avwg hv e‡jwQ, GLb ej, ZLb †m ej‡Z cv‡i|	**48 gvm**	

bs k ` A ZvwjKv **eqm**
e¨env‡ii

Kvh¶gZv

■π● n¨v
bv/ev

mvnvh¨
wb‡q

79.	■	π	Rxe-Rš, Lvevi I gvb‡li 2 Uv K‡i Qwe w`‡j, †m Qwe¸‡jv †kYx Abmv‡i mvRvq, wkï hw` fj K‡i, Zv‡K ck Ki‡j fj n‡q‡Q wKbv| Zv‡Z †Kv‡bv DËi †`‡eb bv fj-ï× †h †Kv‡bv Kv‡Ri Rb¨ Zv‡K evnev †`b|	48 gvm	
80.	■	π	†Q‡j I †g‡qi Qwe mvg‡b cvkvcvwk ivLvi c‡i, Zv‡K ej‡j, †Q‡ji ev †g‡qi Qwe †`LvI, ZLb †m †Q‡j ev †g‡qi Qwe ‡`Lvq|	48 gvm	
81.	■	π	GKUv eo GKUv †QvU wRwbm †Uwe‡j †i‡L, Zv‡K ej‡j, †m eowU I †QvUwU †`Lv‡Z cv‡i ( †hgb t eo ejUv †`LvI, ev †QvU ejUv †`LvI)|	48 gvm	
82.	■	π	†Kvb GKUv wRwb‡mi GKUv Ask †bB Ggb wRwbm †`Lv‡j, †mB nviv‡bv Ask †m †`Lv‡Z cv‡i (‡hgb t GK PvKv Qvov Mvox, GK cv Qvov KKi, GK nvZ Qvov gvbl)|	48 gvm	
83.		■	Zv‡K GKUv Mí 3 evi ejvi c‡i, Zv‡K ej‡j, †m M‡íi 5 Uv cavb NUbvi K_v Avevi ej‡Z cv‡i|	48-60 gvm	
84.	■	π	Zvi mvg‡b 4 Uv wewfb is‡qi wRwb‡m ivLvi c‡i, Zv‡K wRÁvmv Ki‡j, †m cwZwU wRwb‡mi bvg ej‡Z cv‡i|	48-60 gvm	
85.		■	**Zv‡K ej‡Z ej‡j, †m Zvi gb †_‡K 8 Uv is‡qi bvg ej‡Z cv‡i|**	48-60 gvm	
86.		■	ej‡Z ej‡j, w`‡bi 3 Uvi mgq ej‡Z cv‡i, †h mgq we‡kl KvR K‡i, (†hgb t KLb iv‡Z Ngv‡Z hvq, KLb `c‡i Lvevi Lvq)|	48-60 gvm	
87.	■	π	15 †m‡KÛ GKwU Qwe †`Lv‡bvi ci QweUv mwi‡q †bIqvi c‡i, †m M‡íI e‡j, †m Mí eB‡q Qvcv Mí bvI n‡Z cv‡i|	48-60 gvm	
88.	■	π	Qwei eB Zvi nv‡Z w`‡j, †m Qwe †`‡L, Qwe m¤‡Ü K_v e‡j Ges †m MíI e‡j, †m Mí eB‡q Qvcv Mí bvI n‡Z cv‡i|	48-60 gvm	
89.	■	π	Zv‡K ejv n‡j, †m 3 wU mnR kã †j‡L (†hgb t bvg, evev, jvj,) hv †`‡L †m wjL‡Z cv‡i Ggb mvnvh¨ QvovB|	**48 gvm**	

bs k ` A Zwj Kv **eqm**
e¨env‡ii

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

90.	■ π	wKQ eK †` Iqvi c‡i, Zv‡K ej‡j, †m 2 †_‡K 10 e‡Ki g‡a¨ hZUv Zvi Kv‡Q PvIqv hvq Z‡j †`q| †hgb t Avgv‡K 3 Uv eK `vI|	48-60 gvm	
91.	■	MZKvj I AvMvgxKvj - GB kã `BwU mwVK fv‡e e¨envi Ki‡Z cv‡i|	54 gvm	
92.	■ π	nq eK bv nq ej `vI -G iKg Av‡`k Zv‡K w`‡j, †` GKUv KvR Ki‡Z cv‡i |	54 gvm	
93.	■ π	†Zvgvi gv †Kv_vq ? (ej, †Ljbv BZ¨vw`) G iKg ck Ki‡j, †m mwVK RvqMvh †Lv‡R, AšZ 2 Uv wRwbm ev gvb‡li Rb¨ †m mwVK mvov †`q GKB mv‡_|	48 gvm	
94.	■ π	eKwU GB mvwii †kl w`‡K emvI - G iKg †kl w`‡K kã e¨envi K‡i mnR Av‡`k w`‡j, †m Zv K‡i|	54 gvm	
95.	■ π	wewfb is‡qi wRwbm Zvi mvg‡b ivLvi c‡i, Zv‡K ej‡j †m 4 wU wbw`ó is wPb‡Z cv‡i (†hgb t jvj, bxj, nj`, meR)|	54 gvm	
96.	■ π	**Zv‡K wR‡Ám Ki‡j, †m w`b I iv‡Zi g‡a¨ Zdvr ej‡Z cv‡i ( †hgb t Avgiv iv‡Z NgvB ev Avgiv w`‡b Ng †_‡K DVV) A_ev evB‡i †`‡L ej‡Z cv‡i - GLb w`b ev ivZ|**	54 gvm	
97.	■	GKUv j¤v Mí †kvbvi ci, MíwU ej‡Z cv‡i, wKš gv‡S gv‡S Kíbv I mwZ¨ NUbv M‡íi m‡½ R‡o †`q GB mv‡_|	54 gvm	
98.	■ π	kã †jLv KvW, wKQ GKB ai‡Yi Avevi wKQ wfb G iKg wKQ KvW Zvi mvg‡b †i‡L, Zv‡K ej‡j, †m 4 wU GKB iKg kã Kv‡Wi †mU g¨vP Ki‡Z cv‡i|	48-60 gvm	
99.	■ π	Zv‡K ej‡j, †m 3 Uv avivevwnK Av‡`k cvjb K‡i ( †hgb t `iRv †Lvj, †Ljbv †Zvj Ges †Pqv‡i em)	60 gvm	
100.	■ π	2 wU GKB iK‡gi wfb AvKv‡ii wRwbm (†hgb t eK) mvg‡b †i‡L wkï‡K eowU Zj‡Z ej‡j, †m Zv †Zv‡j, Ges 3 Uv wRwbm mvg‡b w`‡q Zv‡K me‡P‡q eowU Zj‡Z ej‡j, †m Zv †Zv‡j |	**60 gvm**	

bs k ` A Zwj Kv **eqm**
e¨envi i

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

101.	■	π	wkïi mvg‡b 3 Uv wRwbm †i‡L, Zv‡K ej‡j, †m KqUv wRwbm Av‡Q e‡j ev IB wRwbm †Mv‡Y|	60 gvm	
102.	■	π	msL¨v wjL‡Z ej‡j, †m wZb chš msL¨v †j‡L, gb †_‡KB †j‡L, bv †`‡L|	60 gvm	
103.	■	π	†Ljbv Mvox, eK I ev‡·i gvSLv‡b ivL - G iKg mnR Av‡`k w`‡j, †m cvjb K‡i|	60 gvm	
104.	■	π	Avgv‡`i Rb¨ †K wK K‡i ? ( Wv³vi, cwjk, wk¶K ) G iKg ck Ki‡j †m mwVK DËi †`q|	60-64 gvm	
105.	■	π	msL¨v ej‡Z ej‡j, †m 1 †_‡K 10 chš Zvi gb †_‡K ¸‡Y e‡j|	60-68 gvm	
106.	■	π	†Kvb wRwb‡mi A‡a‡Ki Qwe Ges †Kv‡bv GKUv c‡iv wRwb‡mi Qwe Zv‡K w`‡q Zv‡K wR‡Ám Ki‡j, †KvbUv Avav Avi †KvbUv c‡iv Zv †m †`Lv‡Z cv‡i| †hgb t e‡Ëi A‡aK, c‡iv Av‡cj)|	60-71 gvm	
107.	■	π	**Kv‡W Qvcv 5 wU kã, GKwU GKwU K‡i Zvi mvg‡b ai‡j, †m cvZ kãB c‡o (†hgb t gv fvB, Avg, KKi)|**	60-71 gvm	
108.		■	`B msL¨vi †hvM AsK w`‡j, wkï KvM‡R ev g‡b g‡b †hvM Ki‡Z cv‡i, hw` dj 3 ev Zvi Kg nq (†hgb t 2 + 1 ev 1 + 1)|	60-71 gvm	
109.	■	π	wkï‡K ej‡j, †m GKB AvKv‡i I GKB mvwi‡Z 1 †_‡K 5 chš †j‡L|	60-71 gvm	
110.	■	π	20 Uv wRwbm w`‡q Zv‡K ¸Y‡Z ej‡j, †m 20 chš ¸‡Y Ges GLv‡b KqUv Av‡Q ej‡Z cv‡i|	60-71 gvm	
111.		■	eYgvjv ej‡Z ej‡j, †m me A¶i avivevwnK fv‡e e‡j, 2 Uv fj n‡Z cv‡i|	**60-71 gvm**	
112.	■	π	wR‡Ám Ki‡j, †m kix‡i Wvb w`K ej‡Z cv‡i (†hgb, GUv †Kvb nvZ)|		

bs k ` A Zwj Kv e¨env‡ii				eqm Kvh¶gZv	
■ π ● bv/ev				n¨v	
					mvnvh¨ wb‡q
113.	■ π	†Kvb KvM‡R 1 †_‡K 25 chš msL¨v wj‡L mvg‡b †i‡L eo †KD †Kv‡bv msL¨v ej‡j, wkï Zv †`Lvq|	60-71 gvm		
114.	■ π	†Uwe‡ji Dci 3 Uv wRwbm GK mvwi‡Z mvwR‡q w`‡j, †m evg w`K †_‡K c_‡g, wØZxq, ZZxq - GB fv‡e ej‡Z cv‡i|	60-71 gvm		
115.	■ π	10 Uv KvW 1 †_‡K chš wj‡L G‡jv †g‡jv fv‡e Qwo‡q ivL‡j, †m 1 †_‡K 10 chš avivevwnK fv‡e mvwR‡q ivL‡Z cv‡i|	60-71 gvm		
116.	■	Zv‡K wR‡Ám Ki‡j, Avgiv †Kvb wRwbmUv †Kv_vq wKb‡Z hvB ? (Kvco, dj, gvsm) †m mwVK †`vKvb ev H ai‡Yi †`vKv‡bi bvg e‡j|	60-71 gvm		
117.	■ π	Zv‡K ej‡Z ej‡j, †m avivevwnKfv‡e 7 w`‡bi bvg e‡j|	60-71 gvm		
118.	■ π	3 ai‡Yi fvwi wRwbm w`‡q Zv‡K ej‡j, ( †hgb t Avgv‡K me †P‡q fvwiUv `vI) fvwi, Av‡iv fvwi, me †P‡q fvwi - GB µg Abmv‡i †`Lv‡Z cv‡i|	66 gvm		

ZËxq
MwYwZK msL¨vi wk¶v`vb Ges c‡qvwMK avivYv t

bs k ` A ZwjKv **eqm**
e¨envi

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

119.	■	π	3 Uv wRwbm Zvi mvg‡b †`Iqvi ci Zv‡K GKUv ev 2 Uv wRwbm wb‡q †h‡Z ej‡j †m wVK wb‡q hvq Ges KqUv evKx _v‡K Zvi DËi mwVK †`q|	60-71 gvm	
120.	■	π	†Kvb mvnvh¨Qvov 1 †_‡K 19 chš wjL‡Z ej‡j avivevwnK fv‡e †m mwVK fv‡e wj‡L|	72 gvm	

bs k ` A Zwj Kv **eqm**
e¨env‡ii

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

121.	■		evg nvZ DP K‡iv ej‡j †m Zv K‡i|	72 gvm	
122.	■		wR‡Ám Ki‡j †m ej‡Z cv‡i Zvi evev wK K‡i, gv wK K‡i ev †h Zvi †`Lv ïbv K‡i †m wK K‡i|	72 gvm	
123.	■		Zv‡K 4 Uv msL¨v ejvi c‡i ej‡Z ej‡j †m ej‡Z cv‡i (†hgb t 1, 4, 7, 2 A_ev 6, 9, 3, 9)|	72 gvm	
124.	■	π	1 †_‡K 30 chš ¿Y‡Z ej‡j mwVK avivevwnKfv‡e e‡j|	72 gvm	
125.	■	π	†Kvb KvM‡R ¯úó K‡qKwU †iLv †U‡b Zvi mvg‡b †i‡L ck Ki‡j †KvbwU eo Zv †m ej‡Z cv‡i (†hgb t †Kvb †iLwU eo K - L, bv M - N ?)|	60-68 gvm	
126.	■	π	†Kvb KvM‡R ¯úó K‡qKwU †iLv †U‡b Zvi mvg‡b †i‡L ck Ki‡j †KvbwU eo Zv †m ej‡Z cv‡i (†hgb t †Kvb †iLwU eo K - L, bv M - N ?)|	72-84 gvm	
127.	■	π	**(3,6,9 ?) G iKg msL¨vi c¨vUvb mvRv‡Z ej‡j avivevwnKfv‡e c‡ii msL¨wU wK n‡e Zv †m e‡j|**	72-84 gvm	
128.	■	π	Zv‡K 3 msL¨vi †hvM AsK (ïa GK‡Ki †hgb t 5+8+1=KZ ?) w`‡j mwVK DËi †ei Ki‡Z cv‡i|	72-84 gvm	
129.	■	π	2 N‡ii + 1 N‡ii + 2 N‡ii msL¨v w`‡q †hvM †hvM AsK w`‡j (†hgb t 10+6+16=32) †m †hvM Ki‡Z cv‡i)|	72-84 gvm	
130.	■	π	2 msL¨vi (2 N‡ii - 1 N‡ii) we‡qvM AsK Ki‡Z w`‡j †m Zv K‡i †hgb t 16 - 7 = 9|	72-84 gvm	
131.	■	π	25 †_‡K KZ we‡qvM Ki‡j we‡qvM dj 12 n‡e (†hgb t Ò12 = 25 KZ ?) GiKg we‡qvM Ki‡Z cv‡i|	**72-84 gvm**	
132.	■	π	g‡b g‡b †hvM Kivi AsK _v‡K (†hgb t 1+1, 2+7= KZ?) G iKg mij As‡Ki gZ AsK w`‡j †m mwVK dj †ei Ki‡Z cv‡i|	**72-84 gvm**	

bs k ` A Zwj Kv **eqm**
e¨envi i

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

133.	■	π	¸‡Yi AsK w`‡j †m mwVK ¸Y dj †ei Ki‡Z cv‡i †hgb t (3 x 2 = KZ ?)	72 gvm	
134.	■	π	2 N‡ii 2 msL¨vi †hvM AsK w`‡j †m †hvM K‡Z cv‡i (†hgb t 42 + 33 = 75 ev 25 + 21 = 46)|	72-84 gvm	
135.	■	π	2 N‡ii 2 msL¨v we‡qvM AsK w`‡j †m we‡qvM Ki‡Z cv‡i (†hgb t 44 - 31 = 13 ev 37 - 23 = 14)|	72-84 gvm	
136.	■	π	5 wU †Rvov msL¨v I 5 wU we‡Rvo msL¨v wjL‡Z ej‡j †m wj‡L (†ghb t 2,4,6,8,10 Ges 1,3,5,7,9)|	72-84 gvm	
137.		■	gv‡m KZ w`b (30 ev 31) ej‡Z ej‡j, †m e‡j |	72-84 gvm	
138.		■	25 UvKvi wb‡P fvswZ, †m ¸Y‡Z cv‡i |	72-84 gvm	
139.		■	**†`Lv‡Z ej‡j, †m Wvb I evg †ev‡S I †`Lv‡Z cv‡i (†hgb t †Zvgvi Wvb nvZ I cv †`LvI Ges †Zvgvi ev nvZ I cv ‡`LvI)|**	73 gvm	
140.	■	π	wkïi mvg‡b Qwe †`‡L wR‡Ám Ki‡j, KqUv Avg DË‡i †m Qwe‡Z †h KqUv †`‡L Zv ej‡Z cv‡i |	73 gvm	
141.	■	π	20 Uv Kv‡W 1 †_‡K 20 wj‡L G‡jv †g‡jvfv‡e Qwo‡q ivL‡j †m ¯vfvweK aviv Abmv‡i mvRv‡Z cv‡i |	73 gvm	
142.		■	c_g, wØZxq, ZZxq - Gfv‡e ej‡Z ej‡j †m c_g †_‡K cÂg chš ej‡Z cv‡i |	73 gvm	
143.	■	π	‡Kvb msL¨vi m‡½ kY¨ †hvM Ki‡j (†hgb t 4+0=KZ ?) †hvM As‡Ki †m mwVK DËi wj‡L kY¨ m¤‡Ü Zvi avivYv Rvbv‡Z cv‡i |	**73 gvm**	
144.	■	π	†Kvb msL¨v †_‡K kY¨ we‡qvM Ki‡j †hgb 6 - 0 = KZ ? we‡qvM As‡Ki †m mwVK DËi wj‡L kY¨ m¤‡Ü Zvi avivYv Rvbv‡Z cv‡i |	**73 gvm**	
145.		■	‡gŠwLK †Kv‡bv AsK Zv‡K w`‡j, ( †hgb, 2 Uv Kgjv Avi 3 Uv Kgjv †gvU KqUv Kgjv ), †m mwVK DËi w`‡Z cv‡i |	**73 gvm**	

bs k ` A Zwj Kv **eqm**
e¨envi i i

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

146.	■	π	GKwU †m‡U eK I Ab¨ ‡m‡U 2 Uv eK †gvU 4 Uv eK - G iKg †m‡Ui AsK Zv‡K w`‡j †m mwVK DËi w`‡q †mU m¤‡Ü Zvi avi Yv e¨³ Ki‡Z cv‡i	73 gvm	
147.	■	π	†mU¸‡jv µg Abmv‡i ci ci mvRv‡Z ej‡j, †m mvRv‡Z cv‡i, †hgb t 4 Uv e‡K †mU, 3 Uv e‡Ki †mU, 2 Uv e‡Ki †mU, 1 Uv e‡Ki †mU - GB fv‡e †ekx †_‡K Kg Abmv‡i mvRv‡Z cv‡i	73 gvm	
148.	■	π	1 Uv †m‡U 4 Uv wRwbm, Ab¨ †m‡U 3 Uv wRwbm I Ab¨ †m‡U wKQ bv = 7 Uv wRwb‡mi 1 Uv †mU - †m‡Ui AsK Zv‡K w`‡j †m mwVK DËi w`‡Z cv‡i	73 gvm	
149.	■	π	GKUv K¨v‡jÛvi Zvi nv‡Z w`‡j K¨v‡jÛv‡ii KvR wK †m Zv ej‡Z cv‡i (†hgb t mßv‡ni ev gv‡mi) bvg ej‡Z cv‡i	73 gvm	
150.	■	π	Nwoi KvR wK, wR‡Ám Ki‡j †m mwVK DËi †`q †hgb t Nwo Avgv‡`i mgh †`Lvq, hv‡Z Avgiv Ng †_‡K DwV Zv Rwb	73 gvm	
151.	■	π	N›Uv, Avav N›Uv †hgb 9 Uv, mv‡o 9 Uv G iKg mgq ej‡Z cv‡i	75 gvm	

COV

152.	■	π	**wkï‡K eYgvjvi A¶i¸‡jv w`‡q co‡Z ej‡j †m A¶i †P‡b Ges A¶‡ii bvg ej‡Z cv‡i**	72-84 gvm	
153	■	π	c_g †kYx‡Z Rvbv `iKvi G iKg 20 †_‡K 50 Uv kã w`‡q Zv‡K ej‡j †m kã ¸‡jv †`‡L I ej‡Z cv‡i	72-84 gvm	
154.	■	π	3 Uv j¤v kã w`‡q Zv‡K wR‡Ám Ki‡j †m kã ¸‡jv ej‡Z cv‡i (†hgb t †gvUi mvB‡Kj, enb Kiv K¨v‡jÛvi)	72-84 gvm	
155.	■	π	10 †Rvov k‡ãi GKwU wjwLZ Zvwj Kv w`‡q Zv‡K ej‡j †m k‡ãi †Rvov wgjv‡Z cv‡i	72-84 gvm	

bs k ` A Zwj Kv **eqm**
e¨envi i

Kvh¶gZv

■ π ● n¨v
bv/ev

mvnvh¨
wb‡q

156.	■	k‡ãi c_g A¶i GKB ev GKBbv Ggb 9 †Rvov kã ejvi c‡i, Zv‡K wR‡Ám Ki‡j †m ej‡Z cv‡i †Kvb †Rvov k‡ã c_g A¶i GKB (†hgb t UvKv - wUKv)|	72 gvm		
157.	■	k‡ãi †kl A¶i GKB ev GKBbv Ggb 7 †Rvov kã ejvi c‡i Zv‡K wR‡Ám Ki‡j †m ej‡Z cv‡i †Kvb †Rvov k‡ã †kl A¶i GKB (†hgb, UK-UvK, dj-Pj)|	72-84 gvm		
158.	■ π	wkï wb‡Ri gv‡bi 3wU eB Zv‡K w`‡j †m 15 wgwb‡Ui Rb¨ eB †`‡L K‡qK cvZv c‡o I ‡m eB †_‡K wkL‡Z AvMn †`Lvq|	72-84 gvm		
159.	■ π	Zv‡K covi Kv‡R w`‡j †m covi Kv‡R †j‡M _v‡K eB‡qi cvZv Dëvq-GB fv‡e covi Avb›` †`Lvq|	72-84 gvm		
160.	■ π	4 jvB‡bi GKUv weeiY Zv‡K co‡Z w`‡j †m Zv c‡o (†hgb t QwU‡Z Avgiv Mv‡g †Mjvg --------)|	72-84 gvm		
161.	π	wKQ co‡Z w`‡j †m ‡m gv_v bvov Pvov bv K‡i eis jvB‡bi GKcvk †_‡K Ab¨ cvk chš †PvL ejvq|	72-84 gvm		
162.	■ π	**Av‡M †_‡K Zv‡K ej‡j †m Mí ejvi Rb¨ Qwe Av‡K|**	72-84 gvm		
163.	■ π	cv_vgK gv‡bi cov w`‡j g‡b g‡b c‡o eSv‡Z cv‡i (†hgb t Mí †_‡K mnR ck Ki‡j Zvi DËi †`q)|	72-84 gvm		
164.	■ π	iPbv co‡Z ej‡i †m c‡o Ges iPbvi cvkv cwk `B evK¨ †`Lv‡Z cv‡i|	72-84 gvm		
165.	■ π	cóv b¤i †` Iqv GKwU eB Zv‡K †`qvi c‡i, Zv‡K Avjv`v Avjv`v 3 Uv b¤i †` Iqv cóv Lj‡Z ej‡j †m L‡j evi K‡i|	72-84 gvm		
166.	■ π	Zv‡K †Kvb eB w`‡q, Ggb ck Ki‡j, †h c‡ki DËi eB‡qi †Kv‡bv K_v c‡o ej‡Z n‡e, †mB K_v ‡jv cvV K‡i †kvbvq (‡hgb t Avgv‡K c‡o †kvbvI, KjgUvi is wK wQj?)	**79 gvm**		

a) wkïi cwiPq

wkïi cwiPq

bvg	t
R‡b¥i ZvwiL	t
wcZvi bvg	t
gvZvi bvg	t
†m›Uv‡ii bvg	t
†_iwcó Gi bvg	t

mshw³ / ms‡hvRb

mPx cÎ t

mPx cÎ

cô

1. Rxeb eËvš -
   1
   G‡¶‡Î wkïi me Z_¨ _vK‡e, †hgb t bvg, eqm BZ¨vw`|

2. Rb¨ eËvš t
   2
   G‡¶‡Î wkïi R‡b¨i mg‡qi eYbv A_ev Zvi gv MfeZx _vKv Ae¯vq gv‡qi
   Mfe¯vq t eYbv _vK‡e|

3. cwZeÜxi eYbv t
   3
   GwU wkïi mgm¨v¸wji GKwU Zwwj Kv hv wkïi gv-evev A_ev Zvi †`Lv‡kvbv †h K‡i
   Zviv †hme mgm¨v ¸wj wPwýZ Ki‡Z †c‡i‡Qb|

4. cix¶v Kivi c×wZ Zwwj Kv t
   4
   wkï‡K W¨vm-2* w`‡q cix¶v Kivi mgq GB Zwwj Kv ¸wj ciY Ki‡Z n‡e|
   - cvK cix¶v
   - mvgwRK I gvbwmK
     5
   - fvlvÁvb
     6
   - ‡mÝwi †gvUi
     7
   - ‰`bw›`b KvR (ADL)
     9
   - cviw¤K wk¶v
     10

   - wewfb gvÎvq wkïi gvbwmK eqm
     12
   - Personal profile
     13

5. D‡Ïk¨ (goal) ^Zix t
   14
   G‡¶‡Î D‡Ïk¨ (goal) cix¶vi ZwiL, DwÏcbv, gj¨vqb wj‡L ivL‡Z n‡e|

1. Rxeb eËvš

bvg t	
R‡b¥i ZvwiL	
†Q‡j / †g‡q t	
IRb-	
D”PZv	
wcZvi bvg t	
†ckv t	
eZgvb wVKvbv t	
‡cvó Awdm	
BDwbqb	
_vbv t	
†Rjv t	
¯vqx wVKvbv t	
eZgvb wVKvbv t	
BDwbqb t	
_vbv t	
†Rjv t	
cwiev‡ii †jvKmsL¨v t	
cwiev‡i Ab¨ †Kvb gvbwmKfv‡e AbMmi †jvK msL¨v	
hvi mv‡_ cwZv`b Av‡m t	
c‡R± Gi bvg t	
wi‡mvm wUPv‡ii bvg t	
†_iwcó Gi bvg t	
m¨v‡UjvBU wKwb‡Ki bvg t	

2. R‡bwi c‡e BwZnvm

R‡bwi c‡ei †Kvb Am¯Zv ev †ivMxi j¶Y	Ae¯v	gše¨
R‡bwi mgq †Kvb Amweav		

3. gvbwmKfv‡e AbMmi‡`i cwiwPwZ

wcZv gvZv A_ev wkïi †`Lvïbv †h K‡i Zvi cwZ ck t

wkïi A¶gZv / mgm¨v	KLb †_‡K	KLb †_‡K	wcZv gvZvi mgm¨v

†m›Uv‡i †h †`Lvïbv Ki‡e Zvi cwZ ck t

wkïi A¶gZv / mgm¨v	KLb †_‡K	KLb †_‡K	wcZv gvZvi mgm¨v

4. chv‡jvPbv Ges j¶¨

bvg	t
eqm	t
cix¶vi ZwiL (1g evi/ --- evi)	t
¯v¶i (`wqZcvß g¨v‡bRvi)	t
cix¶vi ZwiL (2q evi / --- evi)	t
¯v¶i (`wqZ cvß g¨v‡bRvi	t

wPý (√) t - n¨v

wPý (×) t - bv

cvK chv‡jvPbv

`wó

	1	2	3	4	5	6
c_g						
wØZxq						

`wó‡Z mgm¨v / †`Lvi mgm¨v ? n¨v / bv

hw` n¨v nq| Z‡e wÎfR w`‡q wPwýZ cix¶wU j¶ Ki"Y, †`Lvi mgm¨v wkïi weKv‡k Mfxi cfve †d‡j| GKwU wÎfR nj †mB we‡kl cix¶vq Zvi mgm¨v _vK‡Z cv‡i Zvi †`Lvi mgm¨vi Rb¨ hw` GB cix¶wU wkï G‡K ev‡iB Ki‡Z bv cv‡i Zvi gv‡b GB bq †h Zvi Aek¨B †`Lvi mgm¨v Av‡Q|

keY

	1	2	3	4
c_g				
wØZxq				

†kvbvi mgm¨v ? n¨v / bv

hw` n¨v nq Z‡e eM‡¶Î (PZi †Kvb ) w`‡q wPwýZ cix¶wU j¶¨ Ki"Y| †kvbvi mgm¨v wkïi weKv‡k Mfxi cfve †d‡j| GKwU eM‡¶Î A_ nj †mB we‡kl cix¶vq wkïi mgm¨v _vK‡Z cv‡i Zvi Kg †kvbvi Rb¨ hw` GB cix¶wU wkï G‡Kev‡iB Ki‡Z bv cv‡i Zvi gv‡b GB bq †h Zvi Aek¨B †kvbvi mgm¨v Av‡Q|

bvg	t
eqm	t
cix¶vi ZwiL (1g evi/ --- evi)	t
¯v¶i (`vwqZcvß g¨v‡bRvi)	t
cix¶vi ZwiL (2q evi / --- evi)	t
¯v¶i (`vwqZ cvß g¨v‡bRvi	t

wPý (√) t - wkïwU e¨envi wU wb‡R wb‡R Ki‡Z cv‡i|

wPý (×) t - B e¨envi wU wb‡R wb‡R Ki‡Z cv‡i bv ev mvnvh¨ c‡qvRb nq|

mvgvwRK Av‡e‡Mi / AbfwZi ¯i

`vó

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
c_g																				
wØZxq																				

	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
c_g																				
wØZxq																				

	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
c_g																				
wØZxq																				

	61	62	63	64	65	66	67
c_g							
wØZxq							

bvg	t
eqm	t
cix¶vi ZwiL (1g evi/ --- evi)	t
¯v¶i (`vwqZcvß g¨v‡bRvi)	t
cix¶vi ZwiL (2q evi / --- evi)	t
¯v¶i (`vwqZ cvß g¨v‡bRvi	t

wPý (√) t - wkïwU e¨envi wU wb‡R wb‡R Ki‡Z cv‡i|

wPý (×) t - B e¨envi wU wb‡R wb‡R Ki‡Z cv‡i bv ev mvnvh¨ c‡qvRb nq|

fvlv

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
c_g																				
wØZxq																				

	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
c_g																				
wØZxq																				

	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
c_g																				
wØZxq																				

	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
c_g																				
wØZxq																				

	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
c_g																				
wØZxq																				

	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115
c_g															
wØZxq															

	116	117	118	119	120	121	122	123	124	125	126	127	128	129	130	131
c_g																
wØZxq																

bvg	t
eqm	t
cix¶vi ZwiL (1g evi/ --- evi)	t
¯v¶i (`vwqZcvß g¨v‡bRvi)	t
cix¶vi ZwiL (2q evi / --- evi)	t
¯v¶i (`vwqZ cvß g¨v‡bRvi	t

wPý (√) t - wkïwU e¨envivwU wb‡R wb‡R Ki‡Z cv‡i|

wPý (×) t - B e¨envivwU wb‡R wb‡R Ki‡Z cv‡i bv ev mvnvh¨ c‡qvRb nq|

†mbmix - gUi cwigvc

wi‡d·

	1	2	3	4	5	6	7	8	9	10
c_g										
wØZxq										

nv‡Zi `¶Zv

	1	2	3	4	5	6	7	8	9	10	11	12	12	14	15	16	17	18	19	20
c_g																				
wØZxq																				

	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36
c_g																
wØZxq																

†Mvm gUi

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
c_g																				
wØZxq																				

	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
c_g																				
wØZxq																				

	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
c_g																				
wØZxq																				

	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
c_g																				
wØZxq																				

	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
c_g																				
wØZxq																				

	101
c_g	
wØZxq	

bvg	t
eqm	t
cix¶vi ZwiL (1g evi/ --- evi)	t
¯v¶i (`wqZcvß g¨v‡bRvi)	t
cix¶vi ZwiL (2q evi / --- evi)	t
¯v¶i (`wqZ cvß g¨v‡bRvi	t

wPý (√) t - wkïwU e¨envwU wb‡R wb‡R Ki‡Z cv‡i|

wPý (×) t - B e¨envwU wb‡R wb‡R Ki‡Z cv‡i bv ev mvnvh¨ c‡qvRb nq|

^`bw›`b KvRKg

Lvevi LvIqv‡bv

	1	2	3	4	5	6	7	8	9	10	11	12	12	14	15	16	17	18	19	20
c_g																				
wØZxq																				

	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
c_g																				
wØZxq																				

	41	42	43	44	45	46	47	48	49	50	51	52	53
c_g													
wØZxq													

ev_i“g

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
c_g																				
wØZxq																				

N‡ii KvR

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
c_g																				
wØZxq																				

bvg	t
eqm	t
cix¶vi ZwiL (1g evi/ --- evi)	t
¯v¶i (`wqZcvß g¨v‡bRvi)	t
cix¶vi ZwiL (2q evi / --- evi)	t
¯v¶i (`wqZ cvß g¨v‡bRvi	t

wPý (√) t - wkïwU e¨envwU wb‡R wb‡R Ki‡Z cv‡i|

wPý (×) t - B e¨envwU wb‡R wb‡R Ki‡Z cv‡i bv ev mvnvh¨ c‡qvRb nq|

cv_wgK (wk¶v`vb)

Lvevi LvIqv‡bv

	1	2	3	4	5	6	7	8	9	10	11	12	12	14	15	16	17	18	19	20
c_g																				
wØZxq																				

	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
c_g																				
wØZxq																				

	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
c_g																				
wØZxq																				

	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
c_g																				
wØZxq																				

	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
c_g																				
wØZxq																				

	101	102	103	104	105	106	107	108	109	110	111	112	113	114	115
c_g															
wØZxq															

	116	117	118	119	120	121	122	123	124	125	126	127	128	129	130

c_g															
wØZxq															
	131	132	133	134	135	136	137	138	139	140	141	142	143	144	145
c_g															
wØZxq															

	146	147	148	149	150	151	152	153	154	155	156	157	158	159	160
c_g															
wØZxq															

	161	162	163	164	165	166
c_g						
wØZxq						

wewfb gvÎvq wkïi gvbwmK eqm t -

gvÎv	gvbwmK eqm
mvgvwRK gvbwmKËi	
fvlv	
†mÝwi †gvUi	
Mm †gvUi	
†mÝwi-†gvUi (n¨vÛ w¯‹j)	
cwZw`‡bi KvR (cvqLvbv hvIqv)	
cwZw`‡bi KvR (evoxi KvR)	
Basic academics : cv_vgK wk¶v	

mvaviY gše¨ t -

.....
.....
.....
.....
.....
.....
.....
.....
.....

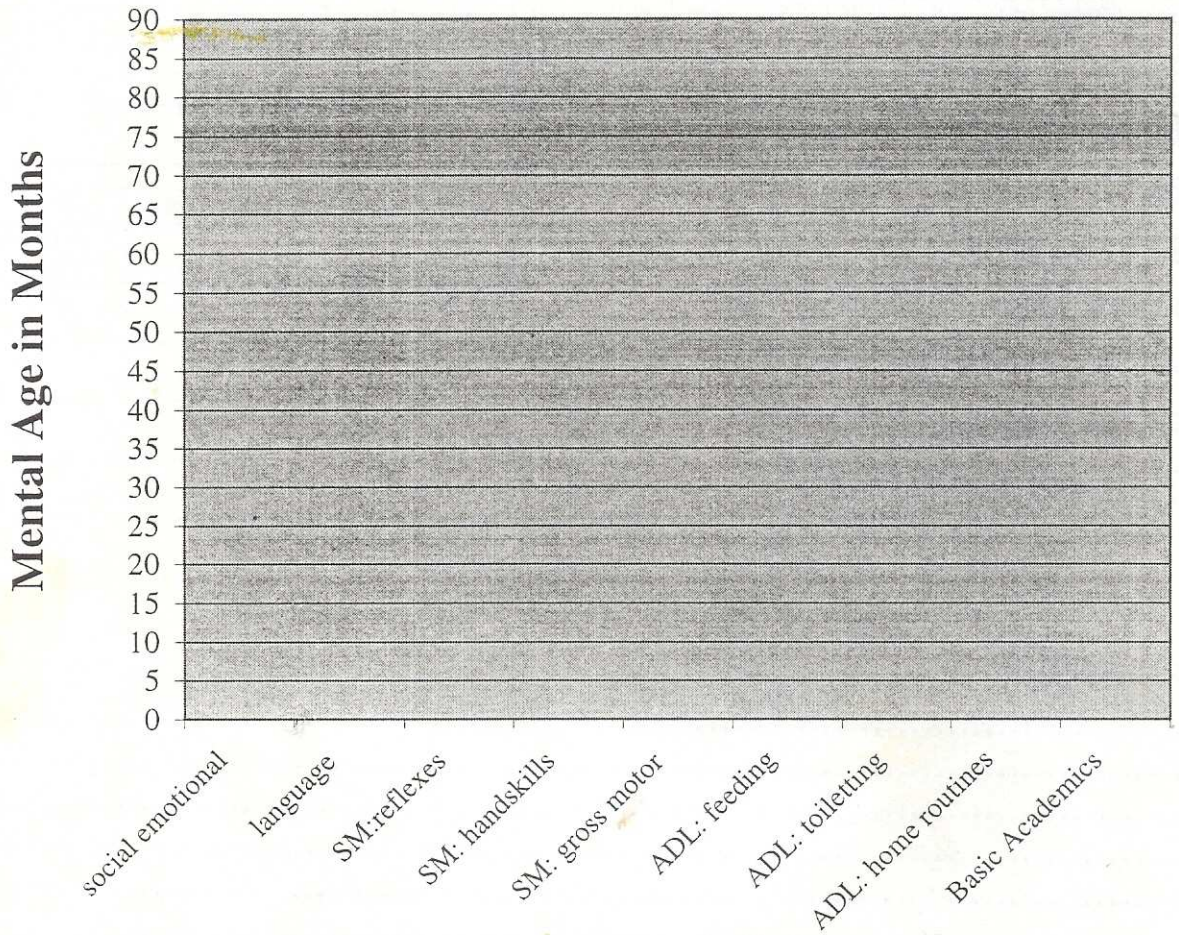
WvUv ciY Kiv nq t .....

¯v¶i (cix¶‡Ki) t .....

¯v¶i (`wqZ cvß g¨v‡bRvi) t .....

Personal Profile of.....

Date:.....



ডাটা পূরণ করা হয় :.....

স্বাক্ষর (পরীক্ষকের) :.....

স্বাক্ষর (দায়িত্ব প্রাপ্ত ম্যানেজার) :.....

†Mvj (Goal) ˆZix

wkïi bvg t

mvgwRK Av‡e‡Mi / AbfwZi ¯i j¶¨ 1 t-										gj¨vqb t ZvwiL t		
ZvwiL t										n¨v	mvnvh¨	bv
DÏxcbv t												

mvgwRK Av‡e‡Mi / AbfwZi ¯i j¶¨ 2 t-										gj¨vqb t ZvwiL t		
ZvwiL t										n¨v	mvnvh¨	bv
DÏxcbv t												

mvgwRK Av‡e‡Mi / AbfwZi ¯i j¶¨ 3 t-										gj¨vqb t ZvwiL t		
ZvwiL t										n¨v	mvnvh¨	bv
DÏxcbv t												

wkïi bvg t-

fvlvi j¶¨ 1 t-										gj¨vqb t ZvwiL t		
ZvwiL t										n¨v	mvnvh¨	bv
DÏxcb t												

fvlvi j¶¨ 2 t-										gj¨vqb t ZvwiL t		
ZvwiL t										n¨v	mvnvh¨	bv
DÏxcbv t												

fvlvi j¶¨ 3 t-										gj¨vqb t ZvwiL t		
ZvwiL t										n¨v	mvnvh¨	bv
DÏxcbv t												

wkïi bvg t-

†mÝwi †gvUi j¶¨ 1 t-	wi‡c·	cm‡gvUi	n¨vÛ w¯‹j							gj¨vqb t ZwiL t		
ZwiL t										n¨v	mvnvh¨	bv
DÏxcbv t												

†mÝwi †gvUi j¶¨ 2 t-	wi‡c·	cm‡gvUi	n¨vÛ w¯‹j							gj¨vqb t ZwiL t		
ZwiL t										n¨v	mvnvh¨	bv
DÏxcbv t												

†mÝwi †gvUi j¶¨ 3 t-	wi‡c·	cm‡gvUi	n¨vÛ w¯‹j							gj¨vqb t ZwiL t		
ZwiL t										n¨v	mvnvh¨	bv

DÏxcbv t												

wkïi bvg t-

^`bw›`b KvRKg j¶¨ 1 t-	wi‡c·		cm‡gvUi		n¨vÛ w¯‹j				gj¨vqb t Zvwi L t		
Zvwi L t									n¨v	mvnvh¨	bv
DÏxcbv t											

^`bw›`b KvRKg j¶¨ 2 t-	wi‡c·		cm‡gvUi		n¨vÛ w¯‹j				gj¨vqb t Zvwi L t		
Zvwi L t									n¨v	mvnvh¨	bv
DÏxcbv t											

^`bw›`b KvRKg j¶¨ 3 t-	wi‡c·		cm‡gvUi		n¨vÛ w¯‹j				gj¨vqb t Zvwi L t		
Zvwi L t									n¨v	mvnvh¨	bv

DÏxcbv t												

wkïi bvg t-

cv_wgK (wk¶v`vb) j¶¨ 1 t-										gj¨vqb t ZvwiL t		
ZvwiL t										n¨v	mvnvh¨	bv
DÏxcbv t												

cv_wgK wk¶v`vb j¶¨ 2 t-										gj¨vqb t ZvwiL t		
ZvwiL t										n¨v	mvnvh¨	bv
DÏxcbv t												

cv_wgK wk¶v`vb j¶¨ 3 t-										gj¨vqb t ZvwiL t		
ZvwiL t										n¨v	mvnvh¨	bv

DÏxcbv t												

L) †h †h DÏxcbv e¨envi Kiv n‡e Zv‡`i bgbv t-

- kvixwiKfv‡e t-

nvZ w`‡q a‡i ev ¯úk K‡i Ges kvixwiKfv‡e †hb wkï Zvi Kg m¤úv`b Ki‡Z cv‡i|

†hgb t- hLb wkïwU Kvc a‡i _vK‡e ZLb Zv‡K nvZw`‡q mvnvh¨ Ki‡Z n‡e|

- AbKiY K‡i t

wkï‡K †Kvb wKQ †`Lv‡bvi ci ej‡Z n‡e †mB KvRUv Ki‡Z Ges wkï Zv Ki‡e|

†hgb t hLb wkï nvZ w`‡q Kvc ai‡e ZLb Zv c_‡gB cix¶‡Ki nv‡Z _vK‡e| Zvici wkï‡K Kvc †`Iqv n‡e Ges Kvc a‡i ivL‡Z Zv‡K ejv n‡e|

- wKQ wKQ Awfbq Ki‡Z n‡e t-

wkï‡K DÏxc‡Ki mvnv‡h¨ wKQ Kv‡Ri bgbv †`Lv‡Z n‡e Ges Zv K‡i †`Lv‡Z n‡e|

†hgb t - wkïwU Kvc ai‡Z eva¨ n‡e hLb KvcwU bv Z‡j ïa ¯úk Ki‡e|

- Qvqvi mvnvh¨ DÏxcK mwó t -

DÏxc‡Ki mvnv‡h¨ wkï‡K GKB KvR Ki‡Z n‡e, hv Zv‡K ejv n‡e| wKš KL‡bvB wkï‡K ¯úk Kiv hv‡ebv|
†hgb t - Zwg, wkïwUi nv‡Zi Dci wb‡Ri nvZ ivL‡e Ges Kvc Zj‡Z †h KvR nvZ w`‡q Ki‡Z n‡e Zv †`Lv‡Z n‡e| Z‡e g‡b ivL‡Z n‡e, cix¶vi mgq wkï‡K ev Kvc †K ¯úkKiv hv‡ebv, ïa wkïwU GKv G- KvR Ki‡e|

- †`Lvi gva¨‡g t -

Qwei gva¨‡g wkï‡K DrmwnZ Ki‡Z n‡e|

†hgb t hLb wkïwU Kvc a‡i _vK‡e ZLb wR‡Ám Ki‡Z n‡e †h Kv‡ci Qwe †`LvI|

- K_vi gva¨‡g t -

K_vi gva¨‡g wkïwU †h KvR Ki‡Q Zvi mwVK eYbv w`‡Z n‡e|

†hgb t - hLb wkïwU Kvcwu nvZ w`‡q a‡i _vK‡e ZLb ej‡Z n‡e †h, Zwg Kvcwu nvZ w`‡q a‡i †i‡LQ|

- cix¶vi gva¨‡g t -

wKQ e¯ wkïwUi mvg‡b w`‡Z n‡e Ges ej‡Z n‡e, †mB e¯ w`‡q wKQ ^Zix Ki‡Z| wb‡R wb‡RB nqZ wkï †mB KvR Ki‡Z cvi‡e| wkï‡K wKQ fj wkL‡Z I m‡hvM w`‡Z n‡e|

†hgb t - wkïi mvg‡b Kvc ivL‡Z n‡e Ges †`L‡Z n‡e, †mB Kvc w`‡q †m wK K‡i|

M) W¨vm-2* Gi mvnvh¨ wb‡q cix¶vi Rb¨ e¨eüZ ev‡·i wK wK Av‡Q Zvi ZwjKv t -

GB ev·wU W¨vm-2 cix¶vi Rb¨ e¨eüZ| 3 wU ¯‡ji eB ev‡·i g‡a¨ Aš f³ Av‡Q| `BwU evsjvq Ges GKwU Bs‡iRx‡Z †jLv GQvov cix¶vi ev‡·i wbgwjwLZ wRwbm¸wj Av‡Q t -

1. 1 wU †Zvqv‡j
2. 1 wU Avqbv
3. 1 wU †Uwbm ej
4. 1 wU big ej
5. 1 wU †QvU _vjv
6. 1 wU †QvU PvgP
7. 1 wU Kvc
8. 1 wU cZj
9. 1 wU Mvox
10. 1 wU RZv
11. 1wU †Ljbv (e¨v‡Uj)
12. 1 wU †Ljbv
13. 1 wU wPi“bx
14. 1 wU Zvjv I 3 wU Pvwe
15. GK ev· iw½b Pvi‡Kvbv KvMR

16. 1 wU iw½b †cwÝj
17. 1 wU covi / Qwei eB|
18. Qwei KvW
19. b¤i h³ KvW
20. 1 wU cv‡Rj e·
21. dig ev·
22. 2 wU eo eK
23. 2 wU (jvj, bxj) eK (8×8 †mt wgt)
24. 2 wU eK (meR, nj`) (6×6 †mt wgt)
25. 2 wU eK (jvj, nj`) (4×4 †mt wgt)
26. 2 wU eK (mej, bxj) (2×2 †mt wgt)
27. 3 wU Pvi‡Kvbv (¯‹qvi) nj`, jvj, meR 4×4 †mt wgt)
28. 2 wU †Mvjv Kvi eK (nj`, jvj)
29. 2 wU wÎ‡KvYv (bxj, jvj) (4×4 †mt wgt)